



LAKE HELEN NEWSLETTER

August 20th, 2026

NEXT GENERAL BAND MEETING

WEDNESDAY, September 2nd 2026

Resource Centre

7pm

Accept Agenda

Accept meeting minutes

C&C portfolio updates

Open Forum

MEMBERSHIP OFFICE HOURS

ON HOLIDAYS AUGUST 25th-28th BACK SEPT 1st

**9am-4pm – Tuesday, Wednesday & Thursday Please
make an appointment**

Non-Members must call 24 hrs prior

GARBAGE DAY CHANGED FROM 11AM TO

EVERY TUESDAY AT 10AM

NEXT RECYCLING DAY

August 27th 2026



Red Rock Indian Band: Strength Through Respect

**One community, one standard:
Safety, Respect, and Integrity for all.**

GROUNDING IN TRADITIONAL VALUES



We are guided by the Seven Grandfather Teachings: Wisdom, Love, Respect, Bravery, Honesty, Humility, and Truth.

APPLIES TO EVERYONE, EVERYWHERE



This Code applies to all members, staff, and leadership in all community interactions—both in person and online.

RESPECTFUL COMMUNICATION IS REQUIRED



- Listen with openness
- Avoid gossip, lateral violence, or social media harassment.

ZERO TOLERANCE FOR BULLYING



Harassment and intimidation will not be tolerated and may lead to corrective action.

REPORTING CONCERNS



Concerns can be reported to supervisors, managers, HR, or leadership.



Red Rock Indian Band

Election Notice

For Councillor and Honorary Councillor

Saturday August 22, 2026

Lake Helen Resource Centre

9:00 am to 6:00 pm

Electoral Officer – Christina Murphy

List of Candidates

in alphabetical order

Hardy, Rose

Mannila, Sasha

Thompson, Edward (aka Jason)

Thompson, Justin

Wawia, Byron Jr.

Land Claim/Annuity Payment Disbursements
FOR THOSE TURNING 18 OR HAS NOT PICKED UP THEIR
PAYMENT YET

Land Claim Disbursements will be processed Thursday's

The payment will be processed **once all information is verified.**

For those members who have not sent in their forms for 2nd payment we have some at the front desk for or request the forms from Marjorie.robert@rrib.ca

Marjorie Robert
Membership Clerk

New Intake for Housing Application will begin APRIL 1st.

Applications for Rentals, Elders Complex and Standard housing are available upon request.

Please Call the Housing Department at 807-887-2510 or email housing@rrib.ca to request a copy.

Thank you



**RED ROCK
INDIAN BAND**
Strength. Tradition. Empowerment.

Lake Helen Reserve # 53A
P.O. Box 1030
Nipigon, Ontario P0T 2X0
Tel. (807) 887-2510
Fax (807) 887-3446
Toll Free (877) 887-2510

Yard Clean-Up and Proper Waste Disposal

July 8, 2026

Dear Community Members,

We are asking all residents to take immediate steps to keep their yards and the areas around their homes clear of household garbage, yard waste, and other items that may attract wildlife. Garbage and waste materials should be properly bagged, secured, and disposed of in a timely manner. Please do not allow household garbage or yard waste to collect or sit in and around your home.

Bears and other animals have been entering our community, and improperly stored garbage or waste can draw wildlife closer to homes, yards, walkways, and shared spaces. For the safety of your neighbours, families, pets, and the broader community, it is imperative that yards remain clean, clear, and free of attractants.

All residents are reminded to:

- Remove household garbage from yards and outdoor areas as soon as possible.
- Store garbage in secure containers with tight-fitting lids until collection or disposal.
- Place waste out only at the appropriate collection time, where applicable.
- Clean up yard waste and dispose of it properly rather than allowing it to accumulate.
- Avoid leaving food scraps, pet food, or other scented items outdoors.

Keeping our properties clean is an important shared responsibility. By removing attractants and disposing of waste properly, we can help reduce wildlife activity in residential areas and protect the safety and well-being of everyone in the community.

Thank you for your cooperation and for doing your part to keep our community safe, clean, and respectful for all residents.

Sincerely,

Shannon Michelle-Ruth
Housing Manager

Septic Tank Pumping Sign-Up

For Members Living on Lake Helen Reserve

Limited spots available: September 4, 11, and 18, 2026

Lake Helen Reserve members are invited to sign up for septic tank pumping. If you are an elder living on reserve and your septic tank has not been pumped in the last two years, your name can be added to the pumping list.

Available slots: There are only 4 slots open on each scheduled date, more dates to follow.

- Friday, September 4, 2026
- Friday, September 11, 2026
- Friday, September 18, 2026

When signing up, please state which date you are requesting.

Payment notice: If you are not an elder, a payment of **\$300** must be paid before your scheduled pumping date.

Lids must be dug out and accessible before your scheduled pumping, and driveway is cleared for the pumper truck access to your backyard.

Sign up as soon as possible to reserve your spot.

Hello,

My name is Sasha Mannila, and I am a proud member of Red Rock Indian Band residing on Lake Helen Reserve.

I am the daughter of the late Amy (Mannila) Roy, granddaughter of Lila (Hardy) Mannila, and a descendant of Joseph "Joe" Hardy.

I am honoured to put my name forward as a candidate for Red Rock Indian Band Council. Red Rock Indian Band is more than where we come from — it is our families, our Elders, our youth, our culture, our history, and the generations who will come after us.

I believe being a Councillor means listening to our members, asking the difficult questions, being accountable for the decisions we make, and making sure all voices are heard. I also believe we need to create opportunities for displaced Red Rock Indian Band members to come home and reconnect with their community, their land, and their culture in a safe and welcoming environment.

To me, repatriation is about more than physically returning a member to their home community. It is about creating a pathway home — physically, culturally, socially, and spiritually. It means rebuilding connections to family, community, land, language, traditions, and identity that may have been interrupted or lost through displacement. I want to advocate for meaningful opportunities for our displaced members to reconnect, rebuild their sense of belonging, and know that there is a place for them here at home.

If elected, I will advocate for:

- Open and respectful communication between Council and membership
 - Accountability and transparency
 - Strong supports for our children, youth, and families
 - Respect, care, and inclusion for our Elders
- Culture, language, and connection to community for future generations
 - Working together, even when we don't always agree

I won't promise that I will have every answer. What I can promise is that I will listen, I will do my homework, I will speak up, and I will always remember who I am there to represent — all members of Red Rock Indian Band.

Leadership isn't about one person having all the answers. It is about bringing people together, listening to different perspectives, and making decisions with the best interests of our Nation at heart.

I care deeply about our community and its future, and I would be honoured to earn your trust and your vote.

Miigwech.

Sasha Mannila

Candidate for Red Rock Indian Band Council



Boozhoo / Hello

ROSE HARDY

FOR BAND COUNCILLOR

*Strong Voice. Strong Community.
Stronger Together.*

My name is Rose Hardy and I am honored to be nominated and running for Band Councillor. I am a proud member of the Red Rock Indian Band. I am the daughter of the late Charles and Josephine Hardy.

We do not have enough female leadership in our community and I think it's important to have a strong female voice.

We need strong ideas like finding more jobs for our community members, more programming, and to find more money to get more land.

IF I AM ELECTED, I WILL:

- Be open to other opinions and respectful of people
- Have open communication with our Chief and other Councillors and all upper management.
- I will listen to our community members and always be honest.
- Support for our children, youth, adults, and elders.
- Initiate more cultural programming
- Fund raising for programs such as Red Cross for our community and others.
- Obtain more funding for our food bank.
- Work together as a team for a better future.
- More mental health and wellness support.
- Funding for education.
- Policing is a very important part of community safety.

"Women belong in all places where decisions are being made. It shouldn't be that women are the exception."

- Ruth Bader

Chi Miigwech / Thank you

♦♦ **ROSE HARDY** ♦♦
CANDIDATE FOR RED ROCK INDIAN BAND COUNCILLOR

Amazing Rubber Ducky Race

\$20.00
per duck

**DUCKS ON SALE NOW THROUGH
TO SEPTEMBER 7TH, 2026**

The Amazing Rubber Ducky Race will be on LIVE Friday September 11, 2026

AFTER SALES OF THE RUBBER DUCKS CLOSE, WE WILL THEN DO A NUMBER GENERATOR TO ASSIGN RANDOM NUMBERS TO EVERYONE THAT BOUGHT A DUCK AND WILL BE POSTED ON OUR RRIB SALMON DERBY DUCKY RACE FACEBOOK PAGE AND RRIB APP

Payment can be made in person here at the band office or by EFT, and credit card.

EFT payments can be sent to EFT@rrib.ca with a message added to state RUBBER DUCK

In person payment and Credit Card payments can be made Monday-Friday between 9am - 4pm at the band office (closed from 12-1 for lunch)

Keep an eye on the facebook page and RRIB App for the RRIB AMAZING DUCKY RACE for updates

For more information please contact Jolene Coft 407-987-2510



**RED ROCK
INDIAN BAND**
Wagah, Traditional Engagement



The Canada Ontario Resource Development Agreement (CORDA) Office is now accepting funding applications for 2027-2028

The Canada Ontario Resource Development Agreement (CORDA) is an agreement between Canada, Ontario and First Nations' members in Ontario.

The Agreement promotes resource and economic development opportunities.

First Nations, their members and organizations, and Territorial Organizations in Ontario are eligible to apply for funding.

Do you, your First Nation, or your territorial organization have a natural resource use or conservation project in mind? The enclosed application and guidebook can help you move your idea forward

Eligible project categories include:

- Fishing
- Trapping
- Forestry
- Commercial Recreation/Tourism
- Traditional Harvesting/Non-timber forest products
- Processing and marketing of natural resources
- Renewable natural resources development/planning
- And more!!

Eligible projects may support training, employment, stewardship, traditional learning, and the purchase of equipment and supplies

The maximum funding level per project is \$35,000.00

Please submit your application to the CORDA Office by 11:59 p.m. EST on Monday, October 5, 2026

For details on project eligibility or to request an application package, reach out to Kristina Burton, Secretariat, CORDA Office, or visit:

<http://www.hiawathafirstnation.com/services-departments/corda/>

CORDA Office:

431 Hiawatha Line
Hiawatha, ON K9J 0E5
Tel: (705) 295-4421
Fax: (705) 996-4501
corda@hiawathafn.ca

AUGUST 2026 MENTAL WELLNESS SERVICES NEWSLETTER



QUESTIONS, CONCERNS,
REGISTER/SIGN-UP FOR ANY
OF THE PROGRAMS, PLEASE
CONTACT CANDACE
BY TEXT: 807-889-1212
PHONE: 807-887-2510 EXT 279
BY EMAIL: MWSM@RRIB.CA

BUILDING A TRADITIONAL TEACHING LODGE

**MEET OUTSIDE THE GARDEN 10AM
TUES, AUG 11TH & WED, AUG 12TH
FEAST THURS, AUG 13TH AT NOON**
WE WELCOME MEMBERS OF ALL AGES TO
COME AND LEARN AND HELP OUT. CHECK
POSTER FOR MORE DETAILS.

WEEKLY SCRABBLE WALKING GROUP CONTINUES

MEET OUTSIDE THE BAND OFFICE KITCHEN
ENTRANCE. OPEN TO EVERYONE- ALL AGES.
WEEKLY \$100 GIFT CARD ATTENDANCE DRAW
**WED, AUG 5TH 6PM
WED, AUG 12TH 6PM
WED, AUG 19TH 6PM
WED, AUG 26TH 6PM**

INTERNATIONAL OVERDOSE AWARENESS DAY (IOAD) EVENTS

MON, AUG 24TH 6PM POKERWALK
BAND OFFICE. OPEN TO ALL AGES. PRIZES!

TUES, AUG 25TH LUNCH N' LEARN 12PM
RESOURCE CENTRE. OPEN TO ALL.
IMMUNIZATIONS INFO WITH CHN AND
OVERDOSE PREVENTION WITH
PHARMACIST JONAH. DOOR PRIZE!

**WED, AUG 26TH VISITING THE IOAD EVENT
IN THUNDER BAY 11AM-2PM**
TRANSPORTATION & LUNCH WILL BE
PROVIDED. OUR GROUP WILL VISIT THE
EVENT HAPPENING OUTSIDE THE MALL.
LEAVING LAKE HELEN 9:30AM. SIGN-UP IF
YOU PLAN TO ATTEND AND/OR NEED
TRANSPORTATION.

OPEN MINDS OPEN HEARTS WALK-IN COUNSELLING

WED, AUG 19TH 1PM-3PM BAND OFFICE HEALTH
A SPACE FOR NONJUDGMENTAL SUPPORTIVE
CONVERSATIONS. DROP-IN ANYTIME. FIRST-
COME, FIRST-SERVED BASIS. COMFORTING
BEVERAGES AND SNACKS PROVIDED. OPEN TO
12 + LAKE HELEN & COMMUNITY MEMBERS.
WAYS WE CAN OFFER SUPPORT: GOAL SETTING,
CARE PACKAGE KITS, MEDICINES, REFERRALS,
SELF-GUIDED MEDITATIONS, AND MORE.

NEXT BOOK CLUB

NEXT BOOK CLUB MEETING IS MON, SEP 14TH
FOR SEPTEMBER'S DISCUSSION, WE WILL BE
SHARING OUR SHORT STORIES WE CREATED
INSPIRED BY THE LEGENDS OF OJIBWE STORIES
BY NORVAL MORRISSEAU. CHECK POSTER FOR
MORE DETAILS.

**9-8-8 AVAILABLE 24/7 - A SAFE SPACE TO TALK - SUICIDE CRISIS HELPLINE
TEXT OR CALL 988 OR VISIT THEIR WEBSITE TO FIND RESOURCES AT 988.CA**



RRIB Lands & Resources Monthly Update

AUGUST 2026

The Red Rock Indian Band Lands & Resources Department is pleased to share several recent updates and ongoing initiatives.

Field Work Highlights

Recent field activities have focused on a range of environmental monitoring, research, and community-based initiatives throughout RRIB's traditional territory. Staff have continued to support fisheries and aquatic monitoring, including ongoing sturgeon work, crayfish trapping, invasive cattail removal at Hurkett Cove and a community fishing day with Namaygoosisagun.

RRIB's wildlife monitoring program continues to expand, with the trail camera network being further developed to support species-at-risk monitoring and improve baseline information on wildlife use across RRIB lands. Staff have also continued to track and report on wildfire activity and its potential implications for RRIB lands and resources.

Environmental assessment and development-related work has remained a key focus, with staff reviewing activities and timelines associated with the Greenstone and Northern Breeze projects. RRIB staff have also completed Species at Risk and archaeological assessments in support of the proposed Wellness Centre, helping ensure environmental and cultural considerations are incorporated into project planning and development.



RRIB Completes First In-House Species at Risk Assessment

RRIB Lands & Resources has completed its first-ever in-house Species at Risk (SAR) assessment for the proposed Wellness Centre on reserve. This marks an important step in building RRIB's internal capacity to assess and protect sensitive ecological features within the territory. The assessment evaluated potential impacts to local wildlife, vegetation, and aquatic habitat, including groundwater inputs that support cold-water habitat and Brook Trout spawning in the Nipigon River. The assessment found that the proposed development footprint is largely located within a previously disturbed area and has low potential for impacts to Species at Risk. Completing this assessment in-house demonstrates RRIB's growing capacity to lead environmental stewardship and ensure that community development is balanced with the protection of lands, waters, and culturally important resources.

Archaeological Assessment

Last year, the lands and resources department conducted a stage 2 archaeological assessment over the footprint of the currently developing Wellness Centre. This assessment was performed via the excavation of 120 test pits spaced at 10-meter intervals across the survey area. Material excavated from test pits were screened through 5-millimeter mesh, and any residual fragments were analyzed for anthropogenic influence. The results of the survey indicated that no cultural artifacts were present in the site, but the assessment provided an excellent opportunity for RRIB summer students to gain hands-on experience in the realm of archaeology and cultural protection.

Supporting Our Neighbours During the Wildfires

The Lands and Resources spent some time supporting members of Namaygoosisagigun First Nation who have been displaced and staying in the city as a result of the ongoing wildfires.

The Lands & Resources Department took a group out for a day on the lands and waters of RRIB, giving them an opportunity to get away from the city and enjoy some time outdoors. While poor weather prevented us from spending the day fishing from the boat as originally planned, we travelled to the Black Sturgeon River, where everyone had an opportunity to fish and enjoy the outdoors.

The group was also taken on a tour of the pictographs near Red Rock, providing an opportunity to spend time on the land, visit an important cultural site, and share some of the history and stories connected to our territory.

RRIB was also happy to provide Whitesand First Nation with whitefish for a community feast while their members are evacuated from their community. We hope that being able to share a traditional meal together provides some comfort and a small connection to home during what is an incredibly difficult time.

Migwech to everyone who joined us, and we continue to keep Namaygoosisagigun, Whitesand, and all communities affected by the wildfires in our thoughts and prayers.



Trail Camera Network

Working with Species at Risk research and stewardship initiatives, the Lands and Resources Department has recently established a network of trail cameras across our traditional territory for the purpose of wildlife monitoring. These cameras provide the opportunity to observe and catalog occurrences of species at risk within our region, while also offering insight on when and where movement is happening. Aside from species at risk, any data captured allows for better management going forward for all wildlife within our domain. Beaver carcass baits will be set up at camera sites over the winter to further increase chances of observing species at risk such as wolverine.

Restoring Wild Rice at Hurkett Cove

For the second summer in a row, the Red Rock Indian Band (RRIB) joined the Lakehead Region Conservation Authority (LRCA) and Parks Canada at Hurkett Cove to remove invasive narrow-leaved cattails and help restore native wetland habitat. This year, roughly 1,000 lbs of cattails were removed from the site.

The results from last year's work are already encouraging. In areas where cattails were removed in 2025, wild rice has begun returning naturally, taking the place of the invasive vegetation and demonstrating the potential for native wetland species to recover when given the opportunity.

Building on this success, RRIB is planning future wild rice harvesting and seeding efforts in the areas where cattail removal has occurred. These efforts will help accelerate the restoration of wild rice beds, improve wetland habitat, and support the long-term health and

productivity of Hurkett Cove.

RRB is proud to continue working alongside LRCA and Parks Canada on this important restoration initiative and to support the recovery of culturally and ecologically significant wetland habitat.



The Greenstone Transmission Project (Waaskoneh Yaabik)

The Greenstone Transmission Project (Waaskoneh Yaabik) continues to move forward, with the Nations involved working collaboratively to advance the project. The Nations involved and the appointed Board Members from each community have been meeting regularly to discuss important project matters, including routing, preliminary environmental work, and the evaluation of proposals received for the Implementation Officer, Environmental Consultant, and Financial Advisor positions.

We are also continuing our bi-weekly meetings with Hydro One to discuss the project, upcoming activities, and the steps required to keep the communities moving forward together. These meetings provide an opportunity for the Nations to ask questions, receive updates, and better understand what to expect as the project progresses.

Environmental Work Continues

The Greenstone Transmission Project remains in the early stages of environmental assessment and field work. WSP continues to conduct preliminary environmental inspections throughout the project area. Due to the current fire situation throughout the region, WSP made the decision to delay portions of the field studies to ensure the safety of all personnel involved. The safety of workers and community members participating in field activities remains a priority.

The next round of environmental assessments is scheduled to begin **August 12, 2026**, and will include:

- **Aquatics – Geraldton:** August 12-17
- **Bat Hibernacula – Beardmore:** August 15-19
- **Aquatics – Nipigon:** August 19-24
- **Ecological Land Classification (ELC), Vegetation and General Wildlife Surveys – Beardmore/Nipigon:** September 23-29

Routing and Community Input

One of the key areas of focus continues to be the final stages of route development. An upcoming community open house will provide an opportunity to discuss the proposed routing and ensure that areas of cultural significance and importance to each community have been properly identified and considered. Stay tuned for information regarding the date, time, and location of the upcoming open house. Community participation is critical to the success of this process. We encourage all community members to participate, provide information, and identify areas of cultural, historical, environmental, or other significance that should be considered as the project moves forward. Your knowledge and involvement are important in helping identify the best possible route while protecting the lands, waters, and areas that are important to our communities.

As the project progresses, we will continue to work closely with industry partners, Hydro One, and the other participating communities to ensure the project continues to move forward in a coordinated and responsible manner. Building strong relationships and maintaining open communication between the Nations and project partners will be essential as we move through the environmental, technical, financial, and implementation stages of the project. Our goal is to ensure that the participating Nations remain actively involved and that decisions are made with the long-term interests of our communities in mind.

Keeping Our Community Informed

We recognize the importance of keeping our community informed as the Greenstone Transmission Project progresses. We will continue to provide regular updates on significant project developments, upcoming field work, community engagement opportunities, and other important milestones. We encourage community members to stay engaged and participate in upcoming opportunities to provide input. The knowledge, experience, and participation of our community members are an important part of ensuring the project moves forward in a way that respects our lands, our culture, and the interests of future generations.

More information will be shared as dates and details for upcoming meetings and the community open house are confirmed.

Wildlife Spotlight



Did you Know?

Cape May Warblers have a unique, brush-tipped tongue that allows them to drink nectar! While they spend the summer breeding in Northern Ontario's boreal forests, they fuel up on nectar during migration—making them one of the most specialized little travelers in our forests. Photo: D. Swainson

A moose's ears can rotate almost **180° independently**, allowing it to pinpoint sounds from different directions without moving its head. In the dense forests of Northern Ontario, this is a pretty handy superpower!

Photo: D. Swainson

Lake Trout are deep water specialists that can live to be older than 50 in both Lake Superior and Lake Nipigon. The latin name for Lake trout comes directly from its Ojibwe name: *Solvelinus Noymaykush*.

Photo: D. Swainson

Join us in the Field

The Lands & Resources Department encourages RRIB members who are interested in learning more about the work being undertaken across our traditional territory to join us for a day in the field. This is an excellent opportunity to gain firsthand experience with environmental monitoring, wildlife research, fisheries projects, habitat restoration initiatives, and other stewardship activities while spending time on the land with our professional staff.

If you would like to participate or make arrangements to join our team for a day in the field, please contact Lands & Resources Director Adam Christensen at landsandresourcesdirector@rrib.ca.

Our Commitment

The Lands & Resources Department is committed to ensuring that development within RRIB's traditional territory is undertaken responsibly and in a manner that respects the lands, waters, wildlife, and natural systems that sustain our community. Through environmental monitoring, research, stewardship initiatives, and active involvement in development planning and reviews, the department works to ensure decisions are informed by sound science, local knowledge, and the best available information.

By supporting responsible economic development while protecting the ecological and cultural values of our territory, we are helping to ensure that future generations can continue to benefit from healthy ecosystems, abundant natural resources, and a strong connection to the land.

Miigwech,

Adam Christensen

Lands and Resources Director





— INTERNATIONAL —
**OVERDOSE
AWARENESS**
— Day — ♥

★ **POKER WALK** ★

HONOR. REMEMBER. SUPPORT. PREVENT.
♥ TOGETHER, WE CAN SAVE LIVES. ♥



LOCATED AT THE
BAND OFFICE !

AUGUST 24TH
2026

6:00 PM

ALL AGES ♥

REMEMBERING LOVED ONES. SUPPORTING COMMUNITIES. CREATING HOPE.
♥ *You are not alone.* ♥



International Overdose Awareness Day
A day to raise awareness of overdose and its prevention



These vaccines are free for eligible individuals as part of Ontario's publicly funded immunization program.
Learn more at ontario.ca/immunization



**LUNCH N LEARN FOLLOWED
BY BLUEBERRY JAM MAKING
TUESDAY, AUG 25TH 12PM
RESOURCE CENTRE**

OPEN TO EVERYONE

**DOOR PRIZE \$25
GROCERY + \$100
PHARMACY GIFT CARD**

**OVERDOSE AWARENESS
AND PREVENTION WITH
PHARMACIST JONAH**

**IMMUNIZATION
EDUCATION WITH CHN
MACKENZIE**

**JAM MAKING FOR UP TO
10 PEOPLE. FIRST COME
FIRST SERVED.**

NO SIGN-UP REQUIRED

INFO OR QUESTIONS ON
LUNCH N LEARN EMAIL

CHR AT
MELISSA.ROBERT@RRIB.CA

QUESTIONS ON JAM MAKING

EMAIL MERCEDES AT
BFC@RRIB.CA

OR CALL 887-2510

THUNDER BAY IOAD WORKSHOP

WE WILL BE GOING TO
THUNDER BAY TO ATTEND
THE COLLECTIVE ART
WORKSHOP FOLLOWED BY
DINE-IN LUNCH. LEAVING
LAKE HELEN 9:30AM AND
BACK AROUND BY 4PM.

SIGN-UP REQUIRED.
TRANSPORTATION AND
LUNCH WILL BE PROVIDED.
WHEN YOU REGISTER,
PLEASE NOTIFY IF YOU WILL
BE REQUIRING A RIDE. ANY
CHILDREN/YOUTH REQUIRE
A GUARDIAN TO ATTEND.



 International Overdose
Awareness Day
© 2015 International Overdose Awareness Day

COLLECTIVE ART WORKSHOP



INTERNATIONAL OVERDOSE AWARENESS DAY

THUNDER BAY

AUGUST 26, 2026, 11 AM - 2 PM

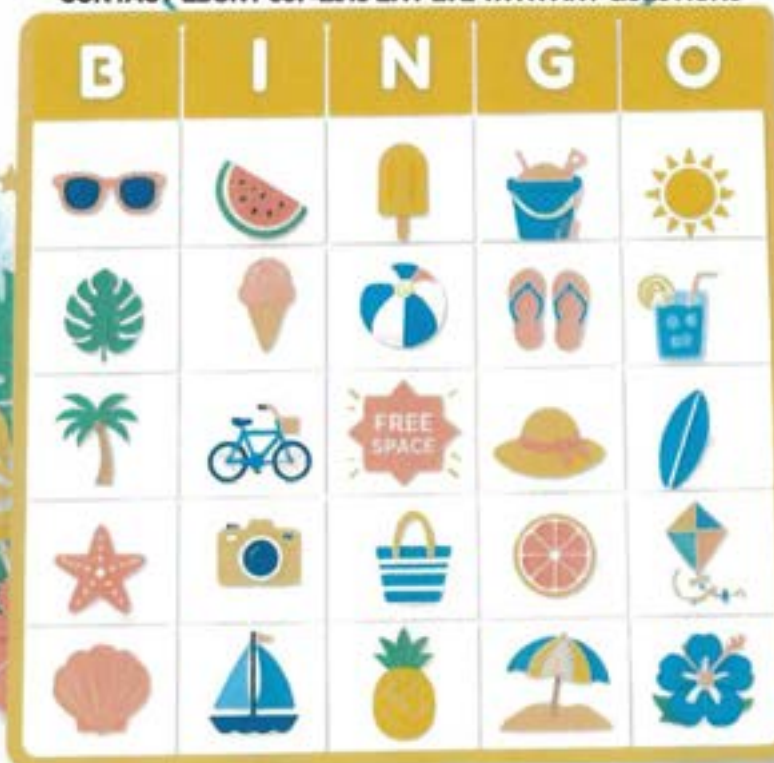
INTERCITY SHOPPING CENTER, NORTH PARKING LOT



Come create a butterfly from upcycled materials in honor
of someone lost to drug poisoning.
Together, we can create something beautiful that honors lives, inspires hope, and
reminds us that healing happens in community. Everyone welcome



RRIB Homemakers
INVITE YOU TO
Summer Chip Bingo
FRIDAY AUGUST 28, 2026
CONTACT EBONY 887-2510 EXT 272 WITH ANY QUESTIONS



**\$5.00 ENTRY
FEE**

**6:00 PM
RESOURCE CENTER**

**.25 CENTS A
CARD**

COME PLAY. CONNECT. CELEBRATE SUMMER!

HEALTH EDUCATION
LUNCH'N'LEARN WITH
YOUR COMMUNITY
HEALTH NURSE

RESOURCE CENTRE

NEW RESCHEDULED DATE:
TUESDAY, SEPTEMBER 01, 2026

12PM - 2PM

DOOR PRIZE

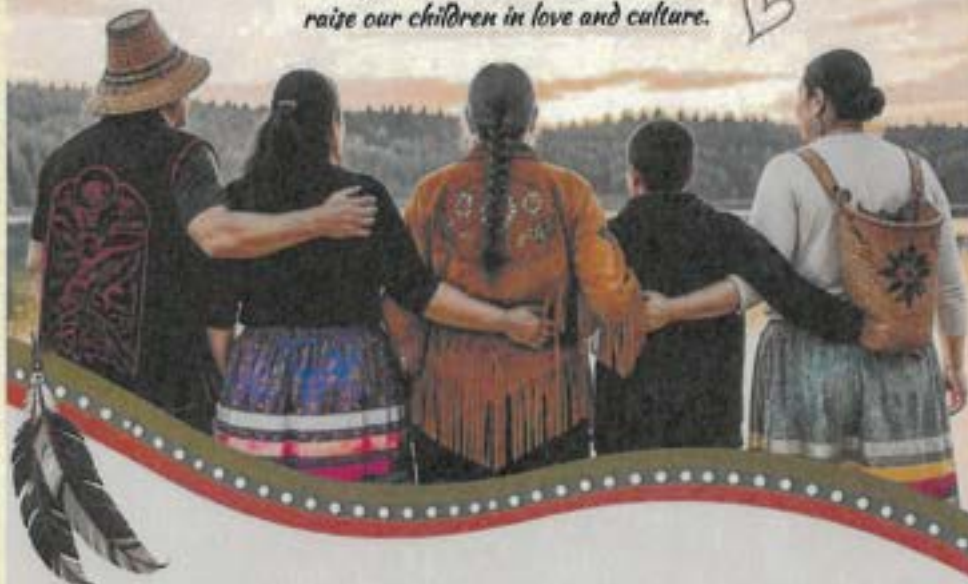
WORLD HEPATITIS DAY



IT TAKES A VILLAGE

PARENTING GROUP

*Together we support, guide, and
raise our children in love and culture.*



REGISTRATION REQUIRED - LIMITED SPACE - PARENTS OF
CHILDREN 0-12 - BI-WEEKLY - CERTIFICATE OF COMPLETION -
EXPECTED START DATE IN SEPTEMBER

Contact Michelle Blair

Family Preservation Worker

fpw@rib.ca

807-887-2510 ext 235



A SAFE SPACE TO SHARE,
LEARN, AND GROW TOGETHER
AS PARENTS AND CAREGIVERS



Your Family. Your Wishes. Your Future.



Free Will & Estate Planning for RRIB Members

Planning today brings peace of mind for you and the people you love. Make your wishes known and protect what matters most.



A Will or Estate Plan Can Help You:



Protect Your Family — Ensure your loved ones are cared for and your wishes are honored.



Make Your Wishes Clear — Decide who will make decisions and manage your affairs.



Avoid Stress and Costs — Reduce confusion, delays, and unnecessary expenses.



Leave a Lasting Legacy — Support the people and causes that matter most.



**Free. Confidential.
For Community Members.**



*No cost. No obligation.
Just peace of mind.*



We Can Help You With:

- ✓ Wills
- ✓ Powers of Attorney
- ✓ Estate Settlement
- ✓ Estate Planning Basics
- ✓ And more



Space is limited — reserve your spot today!



Julie Nash will be at the RRIB Office on **Wednesday, September 9th, 2026**
for one on one appointments.

Contact us at julie@northstarlegacy.ca or 807-699-7729.



RRIB SALMON DERBY

CORNHOLE TOURNAMENT

Think you've
got the toss
to take home
the title?

SEPTEMBER 12TH
AT THE OLD POWWOW GROUNDS
1PM 16+

Prizes for Top Teams
Food & Drinks Available
Music, Fun, and Great Vibes

REGISTER NOW AND
SECURE YOUR SPOT!
30 TEAMS

Whether you're a
seasoned player or just
tossing for fun, this is the
tournament for you!

EMAIL MARLENA AT
FWB@RRIB.CA



Creative Storytelling and Writing

This month's book club, we will be sharing our short stories we created inspired by the tales and legends from Norval Morrisseau's book *Legends of my People, the Great Ojibway*. I will provide some creative tips on writing a short story. You're welcome to join without writing your own story. Come for the snacks, to socialize, to listen, share a story, legend, myth, or tale that may have been passed down- It's up to you! Next month's book club novel will be *The Moth Dreamer* and hard copies will be available at this time.



All storytellers are welcome!

Creative storytelling uses imagination to shape narratives with a clear flow, helping audiences feel connected and engaged. It goes beyond simply sharing facts by creating an experience that draws people in.

Creative writing uses imagination to tell stories, express emotions, and explore ideas in meaningful ways. It can take many forms, including fiction, poetry, scripts, and creative nonfiction.



September Book Club



MON, SEP 14TH 3PM
TEACHING LODGE
OUTSIDE BAND OFFICE

This book is available on the internet archive. Please contact Candace for assistance.

Email: mwsmerib.ca

Text: 807-889-1212

Call: 887-2510 ext 279



Kinna-aweya Legal Clinic Annual Area Community Meeting

Friday, September 25, 2026

12:00 PM

Lake Helen Reserve
Resource Centre

- Find out about the legal clinic's services and activities.
- Meet our Board and Staff Members.
- Sign up as a member.
- Become a delegate for our AGM in Thunder Bay in October.



Please **register**
your attendance

via phone or email by
September 11, 2026 to
let us know if you are
planning to attend, and
advise of any dietary
restrictions.

Lunch & gift card provided to
those who attend meeting.

HOPE TO SEE YOU THERE!



pam.leblanc@kinna.clcj.ca



807-854-1278



RED ROCK

— INDIAN BAND —

ONTARIO WORKS DEPARTMENT

ARE YOU CARING FOR A CHILD

— UNDER A — KINSHIP OR TEMPORARY CARE AGREEMENT?

Monthly financial assistance available to eligible caregivers raising a child under the age of 18 within the Lake Helen community under a Kinship or Temporary Care agreement.



WE CAN HELP YOU:



Learn about monthly financial assistance and other supports that may be available to you.



Determine if you are eligible for monthly financial assistance.



Connect you with additional community resources and supports.



CONTACT YOUR ONTARIO WORKS ADMINISTRATOR



Joanna DeCicco
Ontario Works Administrator



807-887-2510 ext 280



joanna.decicco@rrib.ca



LOCATION:
Lake Helen
Serving members within the
Lake Helen community.



OFFICE HOURS:
9:00 a.m. – 12:00 p.m.
1:00 p.m. – 4:00 p.m.

Ganawend' Zoyang
(Taking care of our own)



RED ROCK INDIAN BAND HOMEMAKER Program

*Helping Our Members Live Safely and
Independently in Their Homes*

DO YOU OR SOMEONE YOU KNOW
**NEED A HELPING HAND
AROUND THE HOME?**

Our Homemaker Program provides support with household tasks so you can focus on what matters most – your health, your family and your well-being.



SERVICES MAY INCLUDE:



Light
Housekeeping



Laundry and
Linen Care



Meal Planning
and Preparation



Grocery Shopping
and Errands



Garbage and
Recycling



Changing
Bed Linens

♥ *Small help can make a big difference.* ♥

YOU MAY BE ELIGIBLE IF YOU:

- ✓ Are a Red Rock Indian Band member
- ✓ Have difficulty completing household tasks due to illness, disability or age
- ✓ Want to remain safely in your own home
- ✓ Require some extra support to maintain a clean and healthy home



WE ARE HERE TO HELP!

If you think you could benefit from Homemaker Services or would like more information, please contact:



Ebony Blanchette

Social Services Programmer



(807) 887-2510 ext 272



ssprogramming@rrnb.ca



GANAWEND'ZO'YANG
(Taking Care of Our Own)



**STRONG COMMUNITY.
STRONG FAMILIES.
STRONGER TOGETHER.**

Dilico Anishinabek Family Care is seeking indigenous youth



WE WANT YOU!



We are looking for any Youth Members that are interested in representing their communities by joining the Dilico Youth Council.

The youth council provides support, guidance and advice to the agency, ensuring their knowledge, experiences and values are incorporated into our day-to-day activities.

The expected criteria and requirements are as follows:

- to be between the ages of 13-25,
- reside on /in their community (reserve),
- bring back any teachings or learned ideologies to share with community,
- be available to attend and adhere to the required 3-4 meetings annually.
- be an active participant and diligent in their attendance of meetings
- respond to and maintain correspondence with Dilico representatives

Incentives

Accommodations, meals, travel and honorarium will be supplied by Dilico to your selected Youth whenever they are required to attend a council meeting.

This is a fantastic opportunity to gather with other youth from neighboring communities, meet & collaborate with Elders, participate in new exciting experiences and affect positive change.



If Interested please contact Babette Rose at babetterose@dilico.com



**RED ROCK
INDIAN BAND**

Strength. Tradition. Empowerment.

Lake Helen Reserve
P.O. Box 1030
Nipigon, Ontario P0T
Tel. (807) 887-2510
Fax (807) 887-3446

Request for Proposal

2026-HOUSING-01

Housing Department

Issue Date: **Friday August 14, 2026**

Closing Date and Time: **3:00 pm EST on Friday September 4, 2026**

Proposals received after the closing date may be rejected.

Proponents are requested to deliver and ensure that proposals are received,
and time/date stamped.

Mail: Red Rock Indian Band
PO Box 1030
Nipigon, Ontario
P0T 2J0
Attention: Shannon Michelle-Ruth

Electronic (Preferred): Electronic copies of the RFP may be submitted to:
housing@rrib.ca
The subject line must contain the following:
"Response to RFP 2026-Housing-01"

The Red Rock Indian Band is issuing a Request for Proposal (RFP) inviting companies and individuals to bid on the complete renovation of 21 Main St. Lake Helen Reserve and bring up to Ontario Building Code (OBC) 2026 standards.

All viewings must be schedule through the housing department – Please contact housing@rrib.ca or call 807-887-2510 to setup a viewing.



RED ROCK INDIAN BAND

Strength. Tradition. Empowerment.

Lake Helen Reserve # 53A
P.O. Box 1030
Nipigon, Ontario P0T 2J0
Tel. (807) 887-2510
Fax (807) 887-3446

Employment Opportunity

Governance Engagement Coordinator

Part-time Term contract | 12 to 18 months | Variable hours, estimated 8 to 25 hours per week |
Compensation commensurate with qualifications and experience

About the Opportunity

Red Rock Indian Band is preparing to carry out the First Nation Approval Process (FNAP), the community-led process that determines whether RRIB becomes a Party to the Anishinabek Nation Governance Agreement. RRIB is seeking a neutral, organized and community-minded Governance Engagement Coordinator to plan, coordinate and document the FNAP process on behalf of the Band.

This role brings together project coordination, community engagement, records management, plain-language communications and report writing. The Coordinator will work closely with the Senior Administrator, Chief and Council, a FNAP working group if established, B'Maakonigan staff, and legal, financial or technical advisors as required. This is a neutral role and does not advocate for a particular outcome.

What You Would Do

- Develop and maintain the FNAP timeline and work plan, adjusting for seasonal availability, community events and Council direction.
- Track milestones, deadlines and deliverables across all phases of the process.
- Coordinate communication among leadership, departments, staff and advisors, including serving as the main point of contact between RRIB and B'Maakonigan on FNAP matters.
- Prepare and carry out a community engagement plan that reaches members on and off reserve.
- Organize information sessions, workshops and open houses in person, virtually and in hybrid formats.
- Draft notices, presentations, plain-language explainers, mailouts and social media content.
- Identify and address barriers that could exclude eligible members, including distance, accessibility, language and access to technology.
- Maintain complete, secure and organized FNAP records, including decisions, resolutions, meeting minutes, engagement activities, attendance, questions, themes and follow-up items.
- Coordinate completion of legal, financial and governance capacity assessment tools and flag risks, gaps and unanswered questions.
- Support leadership in choosing the approval method and document eligibility criteria, approval thresholds, appeal grounds and appeal procedures.
-



- Prepare Form A, the First Nation Approval Process Description and supporting materials for IOC review, and coordinate revisions where requested.
- Coordinate logistics for the approval process, manage the appeal process in line with documented procedures, compile the FNAP Final Report and support a community validation session.
- Prepare briefing notes, updates, agendas, minutes and follow-up items for the Senior Administrator, Chief and Council and any FNAP working group or committee.

What We Are Looking For

- Post-secondary education in public administration, Indigenous governance, community development, communications, political science or a related field. Equivalent combinations of education, training and experience will be considered.
- Three or more years of experience coordinating projects, community engagement processes or governance initiatives.
- Experience working with or within a First Nation government or Indigenous organization.
- Strong plain-language writing and facilitation skills, including with groups holding differing views.
- Strong records management, organization, confidentiality and attention to detail.
- Ability to work independently, manage a variable schedule and meet deadlines with limited supervision.
- Comfortable working with Chief and Council, administration, advisors, Elders, youth, off-reserve members and community members.

Assets

- Familiarity with the Anishinabek Nation Governance Agreement and the First Nation Approval Process.
- Knowledge of Indigenous governance, self-government and jurisdictional matters.
- Experience supporting elections, referenda, ratification votes or community decision-making processes.
- Experience with virtual meeting platforms, survey tools and social media outreach.
- Ability to speak or understand Anishinaabemowin.
- Membership in, or an existing relationship with, Red Rock Indian Band.

Details

- Classification: part-time contract.
- Term: 12 to 18 months with option to extend if required.
- Hours of work: variable by phase of the process, estimated 8 to 25 hours per week.
- Reports to: Band Administrator.
- Location: Red Rock Indian Band, 2 Gas Road, Lake Helen Reserve. Some remote work may be arranged.



- Compensation will be commensurate with qualifications, experience and the approved terms of the contract.
- Valid Ontario driver's licence and reliable transportation are required.
- Willingness to travel to reach off-reserve members is required.
- Availability for evening and weekend sessions is required.
- A satisfactory criminal record check is required.
- The successful contractor must adhere to RRIB policies and procedures.

How to Apply

Please submit a cover letter and resume in confidence Attention: Annick Michalak, Band Administrator, Red Rock Indian Band, by email to jobs@rrib.ca or by mail to PO Box 1030, Nipigon, ON P0T 2J0.

Closing date: September 3, 2026 at 3:00 pm

We thank all applicants for their interest. Only those selected for an interview will be contacted. RRIB is committed to equity, diversity, and inclusion in the workplace. Preference will be given to qualified applicants of Red Rock Indian Band descent in accordance with section 24(1)(a) of the Ontario Human Rights Code.



UNION OF ONTARIO INDIANS

*"To give a voice to the vision of the Anishinabek Nation and to preserve
Anishinaabe Bimaaadziwin while advancing our goal of Nationhood."*

EMPLOYMENT OPPORTUNITY Communications Officer

WORKSITE LOCATION: Onsite at the Union of Ontario Indians Head Office (Nipissing First Nation), or Sudbury Satellite Office

Full-time Position with Benefits, including a defined contribution pension plan starting day one and employer-paid group insurance following three months of employment, in accordance with plan terms.

Vacancy Type: New Vacancy

Salary Range: \$61,001 to \$69,142

The Communications Officer is responsible for media relations, public education, and overall communications support for the Union of Ontario Indians secretariat, and for working within policy parameters and administrative guidelines. This position reports to the Communications Manager and plays a key role in overall external communications for the Union of Ontario Indians.

QUALIFICATIONS:

- Minimum two years' experience with media relations, communications, or public relations;
- Degree or Diploma in communications or journalism;
- Working knowledge of editing, writing, media and public relations, graphic design, marketing, and social media;
- Demonstrated proficiency in Microsoft Office (Outlook, Word, Excel, PowerPoint, Teams) and Canva with the ability to learn new technologies and tools; and
- Must possess a valid Ontario Driver's License, be insurable under the organization's vehicle insurance policy, and be willing and able to travel regularly for work-related events, meetings, and other duties as required.

REQUIRED SKILLS:

- Excellent written, verbal, and interpersonal communication skills;
- Strong customer service and front-line engagement abilities;
- Comfortable engaging with the public and presenting information to groups;
- Ability to maintain professionalism and confidentiality in all situations;
- Strong organizational skills with the ability to multitask, manage competing priorities, and meet deadlines;
- Attention to detail and accuracy in all work;
- Strong leadership and problem-solving abilities;
- Willingness to adapt to changing priorities or work environments;
- Ability to plan, coordinate, and support events and outreach activities;
- Proficiency in using social media platforms for communication and outreach;
- Ability to navigate office environments and use standard office equipment; and;
- Ability to understand and speak Anishinaabemowin, or willingness to learn.

RESPONSIBILITIES:

- Supporting communications planning and development, and delivery of organization messages to intended target audiences;
- Supporting media relations, including editing news releases, media advisories, and statements; and responding to media inquiries;
- Public Relations activities that create an awareness of the organization (i.e., representation at community events);
- Supporting programs and directors in all aspects of communications (writing, editing, research, planning, and information dissemination);
- Supporting the Political Office and Anishinabek Nation leadership, internally and on behalf of Anishinabek Nation member First Nations;
- Designing and producing graphics, materials, and content for digital, print, and interactive media promoting the organization;
- Supporting the *Anishinabek News* with editing assistance and writing as required;
- Supporting the Communications Department; and
- Performing other duties as assigned.

APPLICATIONS MUST INCLUDE THE FOLLOWING:

- Cover Letter;
- Resume;
- Three employment references (preferably current or previous managers/supervisors);
- An indication of whether the applicant has previously been employed by the Union of Ontario Indians (please note: if applicable, a reference check will be conducted with the applicant's former immediate supervisor); and
- An indication of whether the applicant is a member of one of the 39 Anishinabek First Nations.

The Union of Ontario Indians welcomes and encourages applications from people with disabilities. Accommodations are available upon request for candidates participating in all aspects of the hiring process.

Applications must be received no later than 4:30pm EST on Friday, August 21, 2026.

Applications are to be submitted to:

Human Resources Department

Fax: (705) 497-9135 | Email: human.resources@anishinabek.ca

For inquiries regarding this position, please contact:

Laura Barrios, Communications Manager

Email: marci.becking@anishinabek.ca

Miligwech to all applicants for their interest; however, only those who qualify for an interview will be contacted.

August

2026

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
						1
2	3	GARBAGE 4	5 Walk-in Counseling 80 1-2pm Scrabble Walk BO 6pm BAND MEETING RC 7pm	6 Beach Day 11am	7	8
9	10 Kids Poker Walk BO 6pm	11 GARBAGE 11 Teaching Lodge build BO 11am	12 Referral Screening BO 10am Teaching Lodge build BO 11am Scrabble Walk BO 6pm Community Dinner RC 5pm	13 RECYCLING 13 Men's Social RC 530pm	14	15
16	17	18 GARBAGE 18	19 Scrabble Walk BO 6pm	20 Beach Day 11am Family Health Team BO	21	22
23	24 Poker Walk BO 6pm	25 GARBAGE 25 Lunch 1st Learn 12pm BO Elder's BBQ RC 5pm	26 Scrabble Walk BO 6pm Chp Bingo RC 6pm	27 RECYCLING 27 Men's Social RC 530pm	28	29
30	31 Snack Bingo RC 1-3pm			THH - Tele Health Room NA - Nipigon Arena NL - Nipigon Legion	BR - Boardroom RC - Resource Centre BO - Band Office	EC - Elder's Complex EH - Education House ASP - After School Program