



LAKE HELEN NEWSLETTER

FEBRUARY 13, 2020

ALL PROGRAMMING HAS BEEN CANCELLED FOR THE WEEK
PROGRAMMING WILL COMMENCE AS USUAL STARTING ON
TUESDAY, FEB 18, 2020.

BAND OFFICE CLOSED ON MONDAY, FEB 17, 2020.

GENERAL BAND MEETING

MARCH 4, 2020

7 PM – RESOURCE CENTRE

NATIVE LANGUAGE CLASSES

EVERY TUESDAY at 6:05PM

SERVICE PROVIDERS ROOM (Band Office)

FREE SKATE

EVERY SATURDAY
6 PM TO 7 PM

SPONSORED BY RED ROCK INDIAN BAND

GOOD FOOD BOX

Money is due by February 13th, 2020

Pick Up is on FEBRUARY 20th, 2020

11 AM AT RESOURCE CENTRE

FULL MOON CEREMONY

**Monday, March 9, 2020
Resource Centre
6 pm**

COMMUNITY WELLNESS WORKER

**Tina will be away from her office on the following dates:
February 6th – 17th – Holidays**

February 24th – 28th – Training in Toronto

ENVIRONMENTAL MONITOR INFORMATION SESSION

**Thursday, Feb 20, 2020
7 pm
Band Office Boardroom**

****DATE CHANGE** - INFORMATION SESSION**

**Lands and Resources Information Session
Lake Nipigon Forestry Annual Work Schedule
Open to anyone.**

**Thursday, MARCH 3RD, 2020
6:30 p.m. RESOURCE CENTRE
Supper provided**

TRAPPER'S COUNCIL MEETING

**Thursday, February 27, 2020
6:30 pm
Resource Centre**



Gas Bar Co-Manager – Job Description

Title:

Assistant Manager

Reports to:

Chief and Council

Summary

The Gas Bar Co-Manager will directly assist in the matters of overseeing the staff of Lake Helen Gas and Variety. The Gas Bar Co-Manager will provide managerial support duties such as scheduling and inventory at all times. He/she will be responsible for the smooth operation of Lake Helen Gas and Variety and ensure that all members of the LHGV team are upholding a customer service based attitude.

Job Duties

- Ensure staff are accomplishing assigned duties at all times
- Ensure that shelves are fully stocked at all times
- Order New Stock as Necessary
- Ensure that Perishable items are being properly rotated using the First In First Out Method of Inventory.
- Create a Schedule for LHGV Staff
- Perform the Managerial Duties at Opening and Closing as Necessary.
- Provide Guidance and Oversight to LHGV Staff.
- Ensure that staff issues are being addressed in a timely manner.
- Provide support in covering shifts as necessary.

Requirements

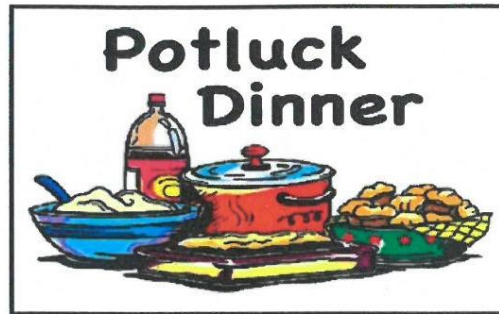
- Previous Experience in Retail Management considered an asset.
- Produce written documents with clearly organized thoughts using proper sentence construction, punctuation and grammar.
- Enter data or information into a terminal, PC, or other keyboard devices.
- Experience working with a variety of standard office equipment requiring continuous or repetitive arm-hand movements.
- Work cooperatively with other employees.
- Strong Leadership and Management Skills Required
- Able to quickly analyze issues and determine the best course of action using available resources.
- Excellent written, oral, and telephone communication skills.
- Knowledge of computer workstation setup.
- Exceptional multi-tasking abilities and prioritization skills.

Work Conditions

- Manual dexterity required to use desktop computer and peripherals.
- Ability to physically inspect equipment.
- Able to lift at least 50 lbs
- Able to sit or stand for long intervals.
- Ability to Work Flexible Hours
- Overtime may be required to meet deadlines.

This job posting will close on **21 February at 12:00 PM**

For More Information or to Submit a Resume: jobs@rrib.ca



**Community Potluck
Wednesday Feb 26, 2020
4:30 pm
Resource Centre**

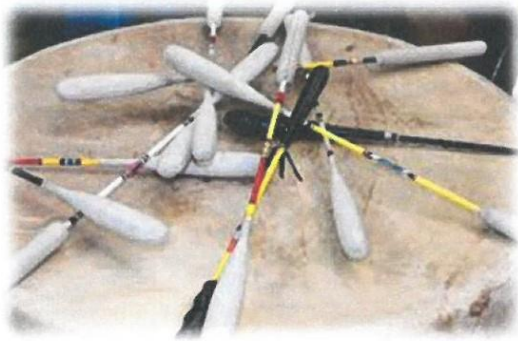


Adult Poker Night

**Friday February 21, 2020
7pm Resource Centre
Try your luck at cards or nickel & dime bingo**



**School Snacks Bingo
Wednesday February 26, 2020
7pm Resource Centre**



DRUMMING

FEBRUARY 19, 2020 – RC

MARCH 4, 2020 – RC

MARCH 18, 2020 – RC

6:00 PM to 8:00 PM

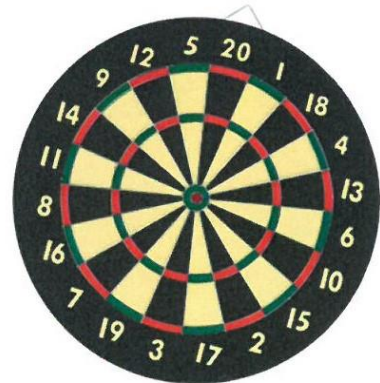
DARTS

FEBRUARY 20, 2020 – RC

MARCH 5, 2020 – RC

MARCH 19, 2020 – RC

STARTS AT 7:00 PM



RED ROCK INDIAN BAND LABOUR POOL

Red Rock Indian Band is updating our labour pool. The labour pool is utilized to fill short term contracts and/or casual work on an “as-needed” basis. If you want to be added to the list, submit your resume to jobs@rrib.ca with “Labour Pool” as the subject line.

If you are already in the labour pool and have any new certificates/qualifications, new contact information, etc., please submit these as well. Thank You.



HAPPY BIRTHDAY IN HEAVEN



Happy Birthday Mom



We're sending a Dove to heaven with a parcel on its wings,
be careful when you open it, it's full of beautiful things.

Inside are a million kisses, wrapped up in a million hugs
to say how much, we miss you and to send you all our love.

We hold you close within our hearts and there you will remain
to walk with us throughout our lives until we see you again

Love Always Jerry, LeeAnn, Shakira, Tyrah, Jonah, Turell, Derek and Darius



Mikeala will be available for appointments on Wed, Feb 19th, 2020 in the band office boardroom.

If you wish to make an appointment, please contact her via phone or e-mail; or you may call Candace 887-2510 ext. 279 or e-mail candace.tuck@rrib.ca.

Please sign-in at the front desk.



FAMILY VALENTINE'S DANCE

Fri, February 14th, 2020

6pm-9pm

*Nipigon Community Centre
Multi-purpose room*

Snacks and refreshments

All ages! Everyone welcome!

CANCELLED

Prizes! Karaoke! Fun!





Your voice, ideas and hopes matter!

Superior Strategies is pleased to have been chosen to assist in the development of an Economic Strategic Plan for the Red Rock Indian Band.

A strong and vibrant local economy happens through sound planning. An economic development plan provides a comprehensive overview of the economy, helps set policy direction for economic growth, and identifies strategies, programs, and actions to improve the economy.

In order to ensure all members, have an opportunity to give their opinion towards creating a great plan, we are asking you to take time to provide your input.

There will be a 3-part survey process. Which means 3 surveys will be required to be completed. These surveys do not take long to complete.

1. Values Survey for Value Driven Organizations and Individuals
2. Strength Weakness Opportunities Threat, SWOT Survey
3. RRIB Workforce Capacity and Availability Assessment Survey



This will be done through an online process as well; surveys will be available in hardcopy and can be brought to your door.

The data collected will be shared at community sessions in both Red Rock Indian Band and Thunder Bay in the future. Keep an eye on your newsletters, facebook and website for the upcoming community sessions.

Two of the three surveys will be launched Thursday Jan 23, 2020 with a competition **Deadline of Feb 07, 2020**. For those who would like to participate via online, please copy and paste this link in your browser.

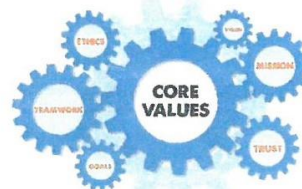
VALUES SURVEY LINK - http://bit.ly/RRIB_ECO_DEV

SWOT SURVEY LINK - http://bit.ly/RRIB_SWOT

For assistance completing the survey, contact Christine at (807) 708-0539 or leave a message at the band office.

Miigwech in advance for providing your input.

RRIB Chief & Council and Administration
Kirstine Baccar and Team at Superior Strategies.



Your name will be entered into a draw that will take place on Feb. 10th, 2020 for \$100 cash for completing 2 of the 3 surveys. These are the values survey and the SWOT survey. Please leave your contact information with and hand in your surveys to Christine White at the band office by **February 21st**. There are links included in the letter above to complete the surveys online.

Please note: deadline extended to Feb 21st.

HEARTSTEPS – GRIEF CAMP 2020
“With feeling hearts, healing starts”
May 1st - 3rd, 2020
Dorion Bible camp (Dorion, ON)
Now Accepting Camper Applications!

For youth between the ages of 9-15 yrs old who have experienced a death-related loss

Up to thirty campers

“Throughout the weekend, campers are reminded that:


- they are not alone;
- whatever their feelings, they are perfectly normal;
- grief is expressed in ways that are unique to the individual, and that grief is not something to "*get through*" or "*get over*"; and,
- children grieve differently from adults, and that that is okay.”

Check out their website and FAQs at:

<https://www.hospicenorthwest.ca/heartsteps-grief-camp/>

For more information and/or an application package, please email: keri-lyn@hospicenorthwest.ca

Any questions please contact Rodnie, Terri or Candace at the band office.



My Records, My Choice

If you made an IAP or ADR claim for compensation for residential school abuse, there are records of your claim. You now have the opportunity to choose what happens to those records after your claim is finished.

The choice is yours

- Your records from the Independent Assessment Process (IAP) or the Alternative Dispute Resolution process (ADR) are confidential.
- To keep them confidential, you don't need to do anything.
- If you do nothing, your records will be automatically destroyed on September 19, 2027.
- Until September 19, 2027 you can get a copy of your records for yourself or to share with anyone you choose.
- If you choose, you can preserve your records for history, education, and research at the National Centre for Truth and Reconciliation (NCTR).

Which records are being kept?

- Your application form
- The voice recording of your testimony
- The printed record (transcript) of your testimony
- The decision on your claim

Can I get a copy of my own records?

Yes. To get a copy of your application form, the transcript of your testimony, and your decision, call IAP Information toll free at **1-877-635-2648**. Or email **IAPRecords_DocumentsSAPI@irsad-sapi.gc.ca**.

Information that identifies other people will be blocked out, to protect their privacy.

It can take several months to receive a copy of your records.

Preserving the history of residential schools

The National Centre for Truth and Reconciliation (NCTR) has been created to preserve the history of Canada's residential school system. It is hosted at the University of Manitoba. It is the permanent home for the records of the Truth and Reconciliation Commission (TRC).

The NCTR invites those who made a claim in the IAP or ADR to add their records to its collection. These records will be available forever, to researchers and others who want to learn about the history and impact of Canada's Indian residential schools.

Information that identifies other people will be

blocked out, to respect everyone's privacy.

If you choose to preserve your records with the NCTR, send your completed consent form to the IAP Secretariat and your records will be securely sent to the NCTR.

To get a consent form, call IAP Information toll free at **1-877-635-2648** or download the form from **www.MyRecordsMyChoice.ca**.

How would my records be used at the NCTR?

If you choose to preserve your records at the NCTR you may choose either restricted access or open access. "Restricted" means that your name and other information that identifies you is kept confidential. "Open" means that you could be publicly identified.

Can I get help?

Yes. Resolution Health Support Workers (RHSWs) can answer your questions and help you with forms. To find an RHSW in your area, call one of the toll-free information lines below, or ask at your band office.

To learn more

- **IAP Information**
toll free: 1-877-635-2648
email: MyRecordsMyChoice@irsad-sapi.gc.ca
online: <http://www.MyRecordsMyChoice.ca>
- **Assembly of First Nations**
toll free: 1-833-212-2688
email: iapdesk@afn.ca
online: www.afn.ca
- **Inuit Representatives:**
Contact for the Inuvialuit:
phone: 1-867-777-7018
email: ggruben@inuvialuit.com
online: <http://www.irc.inuvialuit.com/>

Contact for Makivik:
toll free: 1-800-369-7052
electronic communications can be submitted at:
<http://www.makivik.org/contact/>
online: <http://www.makivik.org>
- **National Centre for Truth and Reconciliation (NCTR)**
toll free: 1-855-415-4534
email: NCTRrecords@umanitoba.ca
online: www.NCTR.ca

If you are feeling pain or distress because of your residential school experiences please call the free 24-hour **Residential Schools Crisis line: 1-866-925-4419**

MINI STICKS LEAGUE



Dates:



February 19th 2020,
March 4th 2020, March 11th 2020

Time: 7-830pm @ Arena(multipurpose room)

Ages: 4-13yrs Boys & Girls Everyone Welcome!

LAKE HELEN SERVICE
PROVIDERS CALENDAR

Winter February 2020

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
						1
2	3	4	5	6	7	8
Lunch n Learn Healthy Hearts 12pm	Parents & Babes 6pm Native Language 6:05pm	Drumming 6pm	Blidaaban Workshop Darts 7pm	Blidaaban Workshop Full Moon Ceremony 6pm		
9	10	11	12	13	14	15
Parents & Babes 12:30 pm	Community Acupuncture Native Language	Moms Group Band Meeting	Living with Cancer Dinner 5pm			
16	17	18	19	20	21	22
	Lunch n Learn 12pm Parents & Babes 6pm Native Language	Drumming 6pm	Prenatal - Boardroom Darts 7pm	Adult Poker Night 7pm		
23	24	25	26	27	28	29
Craft night 6pm	Craft night 6pm Native Language	Community Potluck School Snacks Bingo	Prenatal - Boardroom			



Supercom Industries in partnership with the Ministry of labour, training and skills development are pleased to offer

HEAVY EQUIPMENT OPERATOR TRAINING

The course is a full 4-week course *including* weekends starting

March 31st and ending **April 25th**

Twelve (12) training positions are available

Two (2) training positions are available for each Supercom Community

The following will be provided

One time return travel to Thunder Bay

Shared hotel accommodations during training if required

Meal Allowance

Training Allowance

Child Care allowance if required

Valid Driver's license is mandatory in order to apply

If you are interested in this training opportunity, please indicate which Supercom community you are from and send your resume to

sam.sobush@supercomindustries.com

Deadline to apply is **Wednesday Feb 19th at 12:00 pm**



Supercom Industries in partnership with the Ministry of labour, training and skills development are pleased to offer

CONSTRUCTION CRAFT WORKER TRAINING

This course will run from Monday to Friday

Starting **March 16th** and ending **May 1st**

Eighteen **(18)** Positions available

Three **(3)** training positions available for each Supercom community

The following will be provided

One time return travel to Thunder Bay

Shared Hotel Accommodation during training if required

Meal Allowance

Training Allowance

Child Care allowance if required

If you are interested in this training opportunity, please indicate which Supercom community you are from and send your resume to sam.sobush@supercomindustries.com

Deadline to apply is **Wednesday Feb 19th at 12:00 pm**



March Break



Please begin to think about and begin to create your entries for the following contests that will be judged during March Break Activities:

Paper Mache Creations

St. Patrick's Day Theme

Snow Sculpture

St. Patrick's Day Theme

Cardboard Box Races

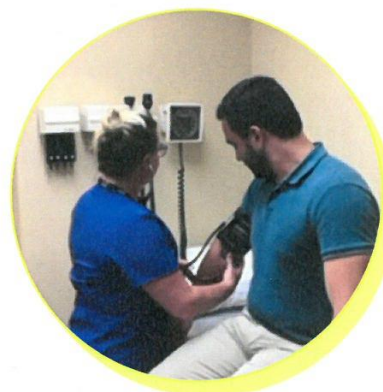
If you have any questions, please contact
Terri-Lee at 887-2510 #227

DILICO PRIMARY CARE TRAVELLING TEAM

We bring culturally appropriate health care **to YOU!**

Our Team Consists of:

- Nurse Practitioners
- Social Workers
- Registered Practical Nurses
- Mental Health Nurses
- Pharmacist
- Psychologist
- Chiroprapist

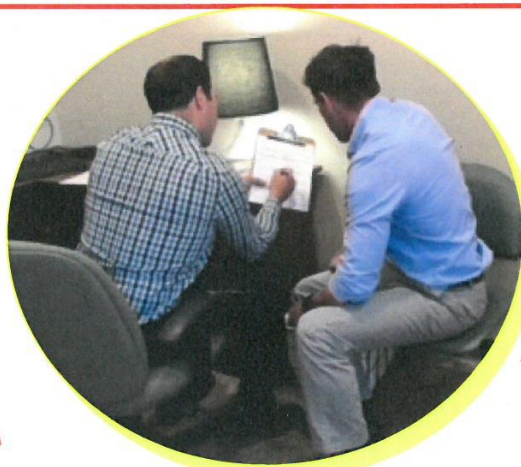
**Schedule your appointment for:**

When: February 18th, 2020

Location: Red Rock Indian Band Office

To Make an Appointment:

Contact Dilico CHN at 807-887-2510 or the PCTT Administrative Assistant (Jaimie) at: 1-807-626-5249

**Services Available:**

- Physical Assessments
- Treatments and Referrals
- Chronic Disease Management
- Foot Care
- Programming to Support Healthy Lifestyles
- Advice and Counselling on Diet and Nutrition
- Medication Review and Adherence
- Individual, Family and Group Counselling
- Assessment, Diagnosis and Treatment of Psychological Problems

SUMMER STUDENT POSITIONS

The job posting for Park Ranger positions is currently on the gojobs website.

Interested students can go to <https://www.gojobs.gov.on.ca/Search.aspx> and search by selecting Parks in the Job category and Student in the Career level category. Positions for Ontario Parks Maintenance/gate/discovery and NHE is listed as Student – Park Rangers. **Students must apply on-line in order to be eligible for hire.**

All students must be enrolled in a secondary or post-secondary institution (currently or for the fall semester) or graduated in the last 6 months. A minimum age of 15 years old up to 24 years of age (or up to 29 for a person with a disability) and must be a resident of Ontario during the term of employment.

As they work through the on-line application they will be asked about the above eligibility and they can choose specific Parks and positions they are interested in. Available parks: Rainbow Falls, Neys and White Lake.

PRE-APPRENTICESHIP TRAINING PROGRAM

General Carpenter (403A)

Anishinabek Employment and Training Services in partnership with the Ministry of Labour, Training and Skills Development and the Carpenters Local 16698 Training Centre, is pleased to offer a Pre-Apprenticeship Training Program in the General Carpenter (403A) trade. It is our intention that upon completion of this program, all participants will have the opportunity to become registered apprentices, gain employment in the sector and/or enter related post-secondary training.

Program Includes:

- Health & Safety/Continuous Learning – March 16 – April 3
- Welding – April 6 – 17
- Level One Carpentry – April 20 – June 12

APPLICATION DEADLINE IS FEBRUARY 28, 2020

For more information about AETS contact:

Tracey Willoughby or Matt Gladu, 807 346-0307

Tracey.willoughby@aets.org

Matt.gladu@aets.org

POTAN, Marcel James



It is with great sorrow and sadness that the family of Marcel James Potan, 61 years, announce his passing on Monday, February 10, 2020, after a lengthy illness, in the Nipigon District Memorial Hospital, with his family by his side. Predeceased by his parents Irvin and Jeanette (nee Odawa) Potan, by brothers Irvin Jr. and Stuart, sister Linda, son Marshall John and in-laws Benedict and Agnes Wawia. He is survived by his wife of 42 years Darlene (nee Wawia), his daughters - Marcia Potan, Melina Potan (Duane Favel), his sons Douglas John, Justice McKenzie, his boys - Easton and Weston,

granddaughters - Gracie, Camilla, Samantha Atkinson (Claire), grandsons - Robin Atkinson, Dalton John, his great granddaughter Lilly, his Godchildren - Alex Michelle (Taylor), Destiny Michelle (Russ), his hunting and fishing partners - Sharon Lesperance (Kyle), Giselle Blair (Cecil), Lauren Michelle, Muzzy Odawa (Ashley). Marcel is also survived by his brother Alan Odawa Sr. (Patricia), sisters - Eileen Wawia (Edward), Frances Hicknell (Larry), Marilyn, Inez (Leo), Laurie (Jim), Anita (Andy) and in-laws - Sylvia, Byron (Ivy), Marvin, Elvin (Cate), Karen, Colleen, Ben Jr., Milton (Nora). Marcel was born on January 10, 1959 on Lake Helen Reserve, Ontario. Marcel was Chief of the Red Rock Indian Band for four years. He also held position as councillor for the Red Rock Band and was a band employee for many years. He was also a snow plow operator for Carillion for many years. Marcel was a jack of all trades. He was very generous when and wherever he was needed before his illness took over. Visitation will be held at the Lake Helen Resource Centre where friends may call [after 6 P.M. on Friday, February 14, 2020, Saturday, February 15 and Sunday, February 16.](#) The funeral mass will be held [on Monday, February 17, 2020 at 11 A.M.](#) at the church of the Annunciation of the Blessed Virgin Mary with Father H. Augustynowicz officiating. Luncheon will follow at the Nipigon Legion. Cremation will take place with burial at a later date. Friends so wishing may make donations to the Trust Fund set up for Easton and Weston. Thank you to Dr. Dhaliwal, Dr. Commisso, and the nursing staff of the Nipigon District Memorial Hospital and to Dr. Jackson-Hughes before his retirement. Arrangements are in the care of Elliott Funeral Home Ltd., Nipigon. .

"Marcel's Words"

"It's Never Goodbye"

"It's I'll See You Later"

Deepest Sympathy & Heartfelt Condolences



Marcel Potan

*God looked down upon his body
So tired from hanging on
From a life so overwhelming
And he wanted back his son.
So, he took away the air he breathed
And gave him what was best
A place where he could be at peace
A final place to rest.*

*Chief & Council, Staff and Red Rock Indian Band
Members would like to extend their heartfelt
condolences to the families of the late Marcel Potan.*

Deepest Sympathy

Sending deepest sympathy to the families of the
Late Marcel Potan.

Sending love and hugs to our dear sister Darlene
and children, Marcia, Melina, Douglas, Easton and
Weston during this terrible time. Thinking of you!

Shnabbers will be missed by all.

Lots of Love, Byron, Ivy and Breanna

Heartfelt Condolences

To our family - Lots of love.

R.I.P. Uncle Marcel

Love Jerry, LeeAnn and children

HAVE A SAFE WEEKEND



**COME JOIN THE TOWNSHIP OF NIPIGON
AND RED ROCK INDIAN BAND FOR A DAY
FILLED WITH OUTDOOR ACTIVITIES...**



**WHERE: Polly Lake
WHEN: February 17th, 2020
TIME: 11:00am-3:00pm**

**SOMETHING FOR ALL TO DO, EVERYONE
WELCOME!!!**

HOPE TO SEE YOU THERE