

# LAKE HELEN NEWSLETTER OCTOBER 17, 2019

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### **GENERAL BAND MEETING**

Wednesday, November 6th at 7PM - Resource Centre

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### **GOOD FOOD BOX**

will be ready for pick up on Thursday, October 24<sup>th</sup> at 11am – 12pm **Resource Centre** 

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### TO ALL HAUNTED FORT NIGHTERS THAT SIGNED UP

Please meet at the Band Office on Sunday by 4:30PM

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### NATIVE LANGUAGE CLASSES

**EVERY TUESDAY at 6:05PM** 

SERVICE PROVIDERS ROOM (Band Office)

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### **ELECTIONS CANADA - ELECTION DAY**

LAKE HELEN - BAND OFFICE - OCTOBER 21st, 2019 9:30 AM - 9:30 PM

### MEDICAL VAN UPDATE

Please note that ALL Medical Van appointments are to be booked through the medical secretary Florence Thompson, 887-2510 Ext.238

Monday to Friday 9am –4pm.

All other Health related bookings can be booked through Lucille Lesperance, 887-2510 Ext.225

Monday to Friday 9am – 4pm.

Health Portfolio - Jolene Cote

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### TRAPPER'S COURSE

## TO BE HELD NOVEMBER 1-3 & NOVEMBER 8 - 10 AT THE RESOURCE CENTRE.

PLEASE SIGN UP WITH LAUREN MICHELLE, BRIGHTER FUTURES COODINATOR

### FROM THE INDIAN REGISTRATION OFFICE.....

There have been reports of retailers not accepting status cards at point of sale for the 8% tax exemption. They are being non compliant and need to be reported to the Ministry of Finance. If this should happen to you note the date, retailers name, address if possible, phone number of store. Ask to speak with the manager and get his/her name and get the reason they are not honouring the status card.

You can let them know you will be filing a complaint to the Ministry of Finance.

The General Inquiry line is an automated system, so when directed say file a complaint and the system will direct you to a Service Representative.

The number is 1-866-668-8297.

Sincerely, Marjorie Robert

**Indian Registration Administrator** 

### FIRST NATION CONSERVATION PARTICIPANTS

Participants who have signed up for the First Nations Conservation Program (Energy Saving Program) we will begin the Energy Assessments on Tuesday, October 15th, 2019 and will go through the weekend. Please email, text or leave a message at the band office if there is a specific date and time that is convenient for you.

Also, now that the cooler weather is quickly approaching, should you need a ride for Groceries, Pay Bills etc. give me a call, I'll be happy to take you into town.

Thank you, Christine

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# SPAY AND NEUTER CLINIC IS COMING BACK TO LAKE HELEN!

OCTOBER 25, 26, 27, 2019

IF YOU HAVE A PET WHO NEEDS TO BE SPAYED OR NEUTERED PLEASE CALL THE BAND OFFICE AND LEAVE YOUR NAME, NUMBER, MALE/FEMALE, AGE.

807-887-2510. SHOTS, MICROCHIPPING AND NAIL CLIPPING ARE ALSO AVAILABLE.

YOU WILL BE PUT ON A LIST. COST WILL BE DETERMINED BY NUMBER OF PETS ENROLLED.

PLEASE NOTE: Your pet will not qualify if they have seen a vet in the last two years!!

**DEADLINE IS OCTOBER 18, 2019** 



### LAKE HELEN RESIDENTS-SUPERIOR PROPANE CUSTOMERS

Lake Helen Residents who are customers of Superior Propane, call in your account number, address and any other billing information so that you can get our new pricing.

### Please Call

Meaghan Brinkman
Sales Support Specialist

ales Support Specialist Prairie Region

T: 866-412-5639 ext 7415544

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Mikeala will be back on
Wednesday, October 23<sup>rd</sup>, 2019

If you wish to make an appointment, please contact her via phone, e-mail or you may contact Terri-Lee, Caitlyn, or Candace at the Band Office 887-2510

### STAFF ON HOLIDAYS...

Our Brighter Futures Coordinator will be on Holidays from Tuesday, October 15<sup>th</sup> - Monday, October 21<sup>st</sup>
Return to office on Tuesday, October 22<sup>nd</sup>

Thank you, Lauren Michelle

Marjorie Robert will be away for Training the week of October 21<sup>st</sup> – 25<sup>th</sup> and will return October 28<sup>th</sup>.

Status Cards will be available on the following MORNINGS ONLY TUES, OCT 22<sup>nd</sup> - WED, OCT 23<sup>rd</sup> & THURS, OCT 24<sup>th</sup>



### Family Pumpkin Carving Night

Where: Resource Centre

Time: 6pm

When: October 29th, 2019

Hope to see everyone out, Chips & Drinks Provided

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The training scheduled for October 16 and 17 has been Re-scheduled to November 13 and 14 and will be held in the band office boardroom. The prerequisite of IMS 100 must be completed prior to this training. We need a minimum of 8 participants.

We are looking for participants who would like to receive training designed to teach you the basic functions, concepts, and principles of the Incident Management System. IMS 200 is a 1.5 day training that can be applied to your everyday life. Lunch will be provided. You will need to take the online IMS 100 course before taking IMS 200.

The training is beneficial for everyone, especially occupations that are more likely to face emergency situations such as:

- fire fighters
- police officers
- event organizers
- leadership
- service providers
- nurses; PSW's; paramedics
- crisis coordinators
- and more!

This training is open to all RRIB member and Lake Helen Community Members.

The link to the training portal is provided below:

https://training.emergencymanagementontario.ca/.../T.../EMO Home

If you have any problems creating a login and password let me know.

The Incident Management System (IMS) is a standardized approach to emergency management encompassing personnel, facilities, equipment, procedures, and communications operating within a common organizational structure. The IMS is predicated on the understanding that in any and every incident, there are certain management functions that must be carried out regardless of the number of persons who are available or involved in the emergency response.

Marjorie Robert – Emergency Preparedness Coordinator



### Director of Lands and Resources

### Reports To

Chief and Council

### **Job Summary**

The Red Rock Indian Band is seeking a highly motivated individual to fill the position of Director of Lands and Resources. Reporting to the Chief and Council, the Director, Lands and Resources ensures that any government or business venture operating within the Red Rock Indian Band Traditional Area meets their duty consult. The Director of Lands and Resources will be responsible for the overall protection, management and reporting related to the Red Rock Indian Band's natural environment, including the protection of water quality, land resources, fisheries and wildlife habitat, cultural and heritage resources relevant legislation, regulations, directives, policies and procedures.

### **Job Duties**

- Manage the preparation, negotiation, interpretation and implementation of agreements and contracts as they relate to the Red Rock Indian Band, Government, and other First Nations and Trans-boundary agreements
- Liaising between the People of the Red Rock Indian Band, Chief and Council, Government, and Industry on Lands and Resources Related Matters.
- Facilitating the permitting process while leading consultations & overseeing all issues as they relate to Land, Resources and Environment
- Oversee and assist with environmental audits ensuring they are continuously completed in order to minimize undesirable environmental effects of new or expanded operations within the Red Rock Indian Band's Traditional Territory.
- Planning, measuring, reviewing, implementing, and managing all Land, Resources and Environmental activities
- Ensure employees have clear goals and are aware of expectations
- Coordinate activities by scheduling work assignments, setting priorities, and delegating work accordingly
- Ensure that safe work practices are being followed
- Ensure that employees adhere to all health and safety regulations
- Provide leadership for employee relations through effective communications, coaching, training, and development
- Analyse departmental operations and identify areas requiring improvement
- Plan the department's workload and flow
- Evaluate employee performance and provide feedback, coaching, and formal evaluations

### **Job Requirements**

- Degree or a combination of education and on the job experience in a field relating to the energy and natural resources industry considered an asset
- Certifications or licences appropriate to the energy and natural resources industry are preferred
- Ability to plan, organize, develop, implement, and interpret goals, objectives, and policies
- Strong formal and informal leadership skills
- Ability to identify issues and implement creative and strategic solutions to overcome problems
- Ability to remain calm and poised in urgent situations
- Ability to supervise and motivate a team to achieve and exceed their goals
- Effective leadership skills, with a strong focus on mentoring and motivation of employees
- Demonstrated project management skills

### **Work Conditions**

- Flexible hours, including nights, weekends, and holidays
- Interaction with employees, management, and the public at large
- Operation of desktop computer and peripherals

Since this position is engaged primarily in serving the interests of Aboriginal people, The Red Rock Indian Band shall give preference to Aboriginal people who possess the requisite skill sets and experience.

Interested Applicants should submit their resume and cover letter to jobs@rrib.ca no later than 12:00 PM 18 October 2019. Resumes may also be submitted in person at the RRIB Administration Offices.

**FEDERAL** 2019 **ELECTION** 

### Have your ID ready to vote

Three options to prove your identity and address

Option



### Show one of these pieces of ID

- your driver's licence
- any other card issued by a Canadian government (federal, provincial/territorial or local) with your photo, name and current address





### If you don't have ID

You can still vote if you declare your identity and address in writing and have someone who knows you and who is assigned to your polling station

The voucher must be able to prove their identity and address. A person can vouch for only one person (except in long-term care institutions).





### Show two pieces of ID

Both must have your name and at least one must have your current address

### **Examples:**

- voter information card and bank statement
- utility bill and student ID card

Don't have these? No problem! See the list of accepted ID for option 2 below



### From a government or government agency

- band membership card
- birth certificate
- · Canadian citizenship card or certificate
- · Canadian Forces identity card
- Canadian passport
- · card issued by an Inuit local authority
- · firearms licence

- · government cheque or cheque stub
- government statement of benefits
- · health card
- income tax assessment
- Indian status card or temporary confirmation of registration
- library card
- licence or card issued for fishing, trapping or hunting
- liquor identity card
- Métis card
- old age security card
- · parolee card

- property tax assessment or evaluation
- public transportation card
- social insurance number card
- vehicle ownership
- Veterans Affairs health care identification card

### From Elections Canada

- · targeted revision form to residents of long-term care institutions
- · voter information card

### From an educational institution

- correspondence issued by a school, college or university
- student identity card

### blood donor card

From a health care facility or organization

- CNIB card
- hospital card
- label on a prescription container
- identity bracelet issued by a hospital or long-term care institution
- medical clinic card

### From a financial institution From a private organization

- bank statement
- · credit card
- · credit card statement
- credit union statement
- · debit card
- insurance certificate, policy or statement
- mortgage contract or statement
- pension plan statement
- · personal cheque
- employee card · residential lease or sub-lease
- utility bill (e.g.: electricity; water; telecommunications services including telephone, cable or satellite)

### **Letters of confirmation**

- letter from a public curator, public guardian or public trustee
- · letter of confirmation of residence from a First Nations band or reserve or an Inuit local authority
- letter of confirmation of residence, letter of stay, admission form, or statement of benefits from one of the
- following designated establishments:
- student residence
- seniors' residence
- long-term care institution
- shelter
- soup kitchen
- a community-based residential facility

Additional pieces of ID may be added. We accept e-statements and e-invoices. Print them or show them on a mobile device.

Lake Helen

The complete list of accepted ID is available in multiple languages at elections.ca. For other formats, such as braille and audio, call 1-800-463-6868.



# **OUTDOOR WINTER CLOTHING EXCHANGE**

Many families have a difficult time making ends meet and simply don't have the means to purchase the clothing needed to stay warm.



Red Rock Indian Band is looking for donations for clean and gently used OUTDOOR WINTER CLOTHING to support our families.

### **ITEMS NEEDED:**

\* WINTER COATS

\* HATS

\* SNOW/SKI PANTS \* MITTENS/GLOVES

Please drop off donations at the Band Office

Thank you! ©







Cash Flow Planning? Lines of Credit?

Join Normaxx Financial Group

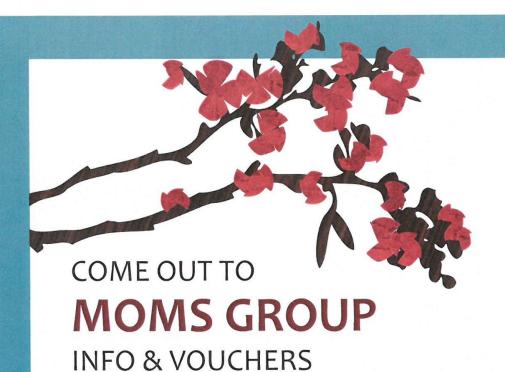
When: October 22 2019

**Time: 1-2 pm** 

Where: Lake Helen Resource Centre Everyone Welcome!



**Lunch and Refreshments Provided** 



OCTOBER 24<sup>TH</sup>
4:30P.M. COMMUNITY HALL

WOMEN'S HEALTH AND MENTAL HEALTH INFORMATION

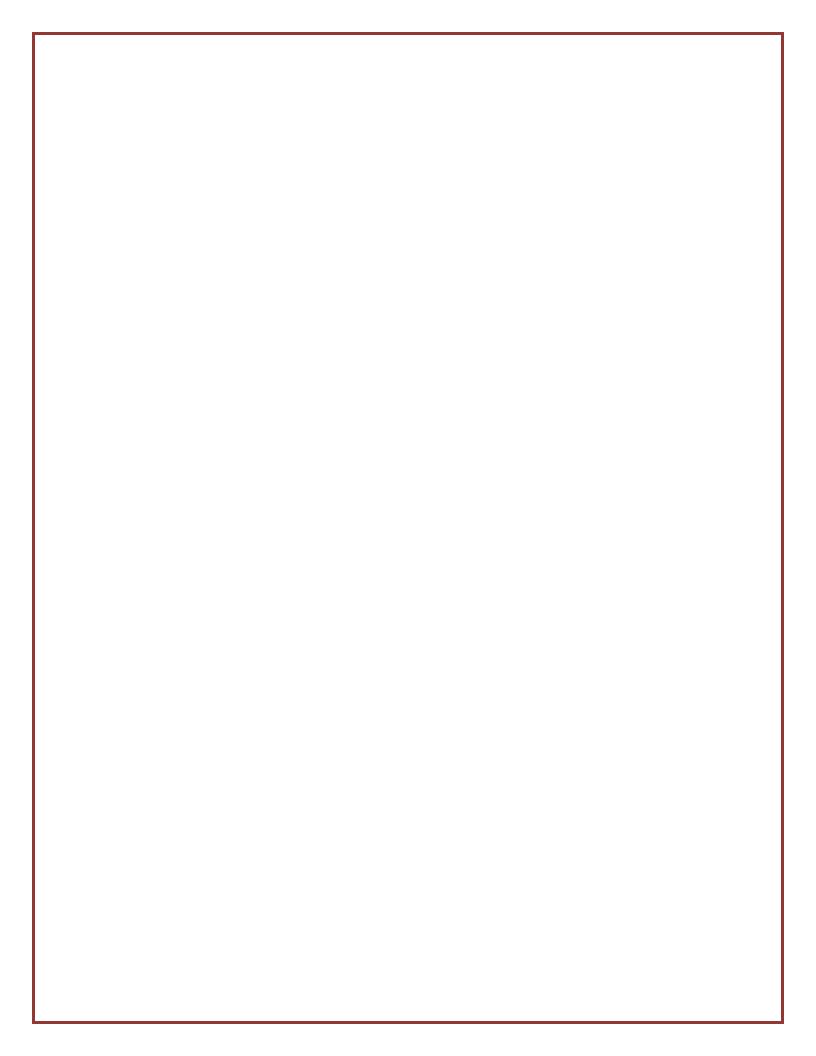
Learn about topics, share your stories, ask questions!

This event was made with all mothers in mind to come out and support one another, share stories/experiences, have adult conversations and to learn about specific topics. Milk vouchers will also be given out at this time.

Chance to win \$100 Gift Card!

FOR MORE INFORMATION CONTACT:

MICHELLE BLAIR @ 887-2354 MICHELLE.BLAIR @RRIB.CA OR COMMUNITY HEALTH
NURSE AMANDA RUTH @ 887-2510 AMANDARUTH @DILICO.COM



Dilico Recreation presents...

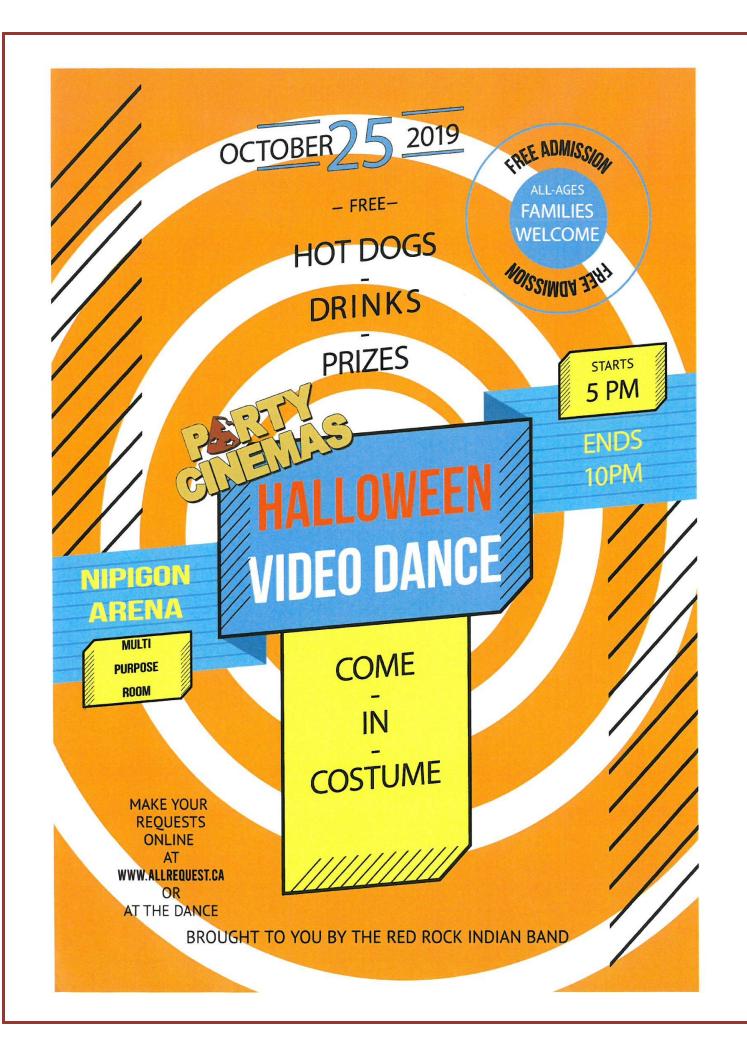
# Youth Halloween Movie Night

Snacks • Drinks Monday, October 28 2019 • 4-6 PM @ the Resource Centre

If you have any questions, please contact: Kelsey or Kyla @ 887-2514 OR

Caitlyn @ 887-2510





# October 2019 Hallo

Sunday         Monday         Tuesday         Wednesday         Thursday         Friday         Saturday           5         30         1         2         3         4         5         5           6         7         Families in Motion         Play Group @         Prenafal@ 10am         Play Group @         Prenafal@ 10am         Play Group @         Prenafal@ 10am         Play Group @         Play Group B         Play Group B <th></th> <th></th> <th></th> <th></th> <th></th> <th></th> <th></th>							
Parents and Babes Calendar!   Parents and Babes Calendar   Parents and Bababa   Parents and Babes Calendar   Parents and Babes Calendar	Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Parents and Babes Calendar!   Parents in Motion   Parents   Pare	29	30		2	8	4	5
Tamilies in Motion         Play Group @ Prenatal @ 10am         Prenatal @ 10am         11         11         11         11         11         11         11         11         11         11         11         11         11         11         11         11         11         12         12         12         12         12         130         12			Parents c	and Babes Ca	alendar!		A CO
Happy Thanksgiving Adpm Thanksgiving  21  22  23  23  24  Prematal © 10am Play Group © Prematal © 130- Adpm  22  23  24  25  25  26  Prematal © 10am Play Group © Prematal © Play Group © Prematal © Play Group © Town-12pm & Group © 1:30-3:30pm Group 1:30 Moms 1:30-3:30pm Group 1:30 Moms 1:30-3:30pm 1:30-3:30pm 1:30-3:30pm Group 0:30 Moms 1:30-3:30pm 1:30-3:30pm Group 0:30 Moms 1:30-3:30pm Group 0:30pm Grou	. 9	7	8 Families in Motion @10am		10 Prenatal @ 10am Play Group 1:30- 3:30pm	Ξ	12
Families in Motion Play Group @ Prenatal @ Play Group @ 10:30am Play   1:30-3:30pm   1:30-3:30pm   1:30-3:30pm   1:30-3:30pm   1:30-3:30pm   1:30-3:30pm   10:30am.  4 Notes  A Notes  RENATAL CLASSES switched to Thursdays at 10:30a.m motion is great program for exploring and learning new things! Milestones for each age 0 through and supporting parents! Come out and join us in some sensory fun!!	13	givin	15 Prenatal @ 10am Families in Motion @4pm	16 Play Group @ 11am-1pm	17 Play Group 1:30- 3:30pm	18	19 GAMMONDALE FARM!
Prenatal © 10:30a.m.  4 Notes PRENATAL CLASSES switched to Thursdays at 10:30a.m motion is great program for exploring and learning new things! Milestones for each age 0 through and supporting parents! Come out and join us in some sensory fun!!	20	21	22 Families in Motion @ 10am	23 Play Group @ 11am-1pm	> 0	25 Play Group @ 10am-12pm & 1:30-3:30pm	26
A Notes PRENATAL CLASSES switched to Thursdays at 10:30a.m motion is great program for exploring and learning new things! Milestones for each age 0 and supporting parents! Come out and join us in some <b>sensory</b> fun!!	27	28	29	30			7
	m	4	Notes PRENATAL CLASSES motion is great pro	switched to Thursda gram for exploring ar ents! Come out and	ys at 10:30a.m nd learning new thing join us in some <b>senso</b>	js! Milestones for eac ry fun!!	Families in h age 0 through 6



Do you have a natural resource use or conservation project in mind for your community, organization, or small business?

Do you know of community members or youth planning to undertake work in this area?

The Canada Ontario Resource Development Agreement (CORDA) Office is now accepting funding applications for 2020-2021.

### Eligible project categories include:

- √ Forestry
- ✓ Trapping
- ✓ Fishing
- ✓ Other\*

Projects may include training such as a youth trapper courses, employment, stewardship, traditional learning, equipment (such as humane traps), and supplies (such as trees for planting).



To obtain more information about project eligibility or to request an application package, please contact Jill Stevens, Secretariat, CORDA Office. The Canada Ontario
Resource Development
Agreement (CORDA) is an
agreement between
Canada, Ontario and First
Nations' members in
Ontario.

The Agreement promotes resource and economic development initiatives of First Nations' members by providing financial assistance to develop and utilize sustainable natural resources.

First Nations, their members and organizations, and Treaty organizations in Ontario are eligible to apply for funding.

The maximum funding level for projects is \$35,000 per year.

CORDA is funded by Indigenous Services Canada and the Ontario Ministry of Natural Resources and Forestry.

CORDA OFFICE 123 Paudash Street Hiawatha, ON K9J oE6 Tel: 705-295-7116 corda@nexicom.net

Applications must be submitted to the CORDA Office by Monday, November 18, 2019.

<sup>\*</sup> Examples include rice harvesting, eco-tourism, and maple syrup production.