

LAKE HELEN NEWSLETTER AUGUST 22, 2019

GENERAL BAND MEETING

SEPTEMBER 4, 2019 at 7 PM

Resource Centre

MOTION FROM AUG 6, 2019 GENERAL BAND MEETING

Motion #1: to move forward with the Senior Complex building in regards to the next steps to building this complex to completion.

Motion #2: that at the passing of this motion any and all band funded projects must be tendered out to the public over and above \$5000 as to get the best deal.

The above motions will be voted on at the next General Band meeting of September 4, 2019

INFORMATION SESSION ON LAKE NIPIGON FOREST MANAGEMENT PLAN

Lake Nipigon Forest Management Inc. will be coming to discuss:

- Herbicide spraying
- Cut to the shore
- Road Decommissioning
- Caribou Mosaic

August 28th at 7pm at the Chalet Lodge Coffee, tea and sweets provided.

Final Weigh In (Inch Away)

Wednesday, August 28th 6 pm

Service Providers Office

RIDE TICKETS

FOR THOSE WHO HAVE SIGNED UP FOR RIDE TICKETS

Ride tickets will be available for pick up starting next Tuesday, August 27, 2019 to Friday, August 30, 2019 at the band office

OW & ODSP

OW & ODSP cheques will be ready for pickup on Aug 30th. I will be on holidays from 9th to 13th of Sept and will return on the 16th of Sept. Please see Joanna Decicco while I'm away

Thank you, William Legarde, Ontario Works Administrator

LOW WATER DRAWDOWN - LAKE HELEN

Next week the Nipigon River flow is planned to be reduced from 320cms to 75cms to support the Department of Fisheries and Oceans application of lampricide to the Nipigon River. The planned flow reduction will start on the morning of August 22 just after midnight and return to 320 cms at the very end of the day Aug 24. The application of lampricide is planned for the period August 23 - 24. The weekly average Nipigon River flow is expected to be approximately 220cms.

Tom Borg.

ONTARIO GAS CARD

Marjorie Robert – Membership

In place of the Ontario Gas Card, the Ministry of Finance is proposing to accept the following as proof of entitlement for the tax exemption:

- First Nation individuals would use a Certificate of Indian Status, or Secure Certificate of Indian Status Cards, more commonly referred to as 'Status Cards.' This document is issued by Indigenous and Northern Affairs Canada (INAC) to a person registered as an Indian under the provisions of the Indian Act. A Temporary Confirmation of Registration Document could also be used, which is an official document issued by INAC while an individual awaits their Status Card.
- Certificate of Indian Status (CIS) the red/orange laminate card
- Secure Certificate of Indian Status (SCIS) the white holographic card
- Temporary Confirmation of Registration Document (TCRD) piece of paper from ISC

The Secure Certificate of Indian Status (SCIS) is not an all-in-one. All that is needed is either one of these documents which has your 10-digit registration number to purchase gas beginning January 1, 2020.

I hope this answers any questions about what card is needed next year for gas tax exemption.

LANDS AND RESOURCES DEPARTMENT CHALET HOUSE – PHONE NUMBER

Phone number 887-2198
Nicole Dupuis - Ext. 202
Tom Borg - Ext. 203
Terry Bouchard - Ext. 204
Mary O'Donnell - Ext. 205
Melissa McDonald - Ext. 206

I just want to thank the construction crew that done a great job on the stairs, deck and entrance way to the chalet house of Lands,
Environment, Resources dept.
GREAT JOB

Tom Borg

Environmental Monitor Red Rock Indian Band

VOLUNTEERS NEEDED!

We will be entering a RRIB float into the Nipigon Fall Fishing Festival Parade. Join us SUNDAY August 25 @ 2pm at the Band Office to build and decorate the float!

Any questions can be directed to Norma or Alyssa at the Band Office.

HAPPY BIRTHDAY

Happy 7th Birthday

Lilllan Bain

August 27



Mikeala will be in the band office (health department old lands and resources office) from 11am-4pm on Wed, Aug 28th and has **TWO** appointments available at 2pm and 3pm. Should you wish to make an appointment please contact Terri (ext. 227) or Caitlyn (ext. 290) at the band office 887-2510.

Building a Sweat Lodge & Teachings
 We will be building a temporary sweat lodge soon to be completed
 by the week of September 23rd. Everyone and anyone of all ages
 are welcome to help build one. Dates are yet to be determined but
 should you require more information you can contact the CHN
 Amanda Ruth at the band office 887-2510 ext. 237 or e-mail
 amandaruth@dilico.com. More info will be posted at a later date!

ADULT CARD SOCIAL

Poker * Rumoli * Card Bingo *

Bring your .10 cents and come out and enjoy an evening of playing some cards or Poker.

Snacks and Beverages provided Poker will be "Cash Buy In".

Friday August 23, 2019

8:00pm — Midnight
More Info contact Jolene or Tina

Everyone Welcome - 16 years or older



CANDIDATES RUNNING FOR CHIEF AND COUNCIL IN THE SEPTEMBER 7, 2019 ELECTION

JOLENE COTE

COREY FOWLER

MARCUS HARDY

SUSAN KWISSES

CONWAY LESPERANCE

NORMA LESPERANCE

SHANNON MICHELLE-RUTH

SEAN RUTH

HAROLD SAULT

BYRON WAWIA JR.

DARLENE WAWIA

GOOD LUCK EVERYONE!





RED ROCK INDIAN BAND

ELECTION 2019

To Elect Chief & Council

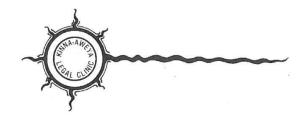
SEPTEMBER 7, 2019

9 AM TO 6 PM

Resource Centre

Electoral Officer
Ivy Wawia

Deputy Electoral Officer Sharon Lesperance



NOTICE

NIPIGON AREA COMMUNITY MEETING

DATE:

MONDAY, SEPTEMBER 16, 2019

TIME:

12 noon

PLACE:

Resource Centre Lake Helen Reserve

LUNCH WILL BE PROVIDED

An area community meeting is held every year in each of Armstrong, Geraldton, Marathon, Nipigon, and Thunder Bay, to provide members with an update of the legal clinic's activities over the past year.

This year, there will be an election for 1 member to serve on the clinic's Board of Directors representing the Nipigon and area for a 2-year term.

Four members are eligible to run as delegates to the legal clinic's

Annual General Meeting which will be held

Saturday, October 26, 2019

at the Prince Arthur Hotel.

Membership in the legal clinic is open to people 18 years of age and older who reside in the District of Thunder Bay and who are of Aboriginal ancestry. Membership application forms will be available at the meeting for new members.

For more information, please call Beth at 807-344-2478 or toll-free at 1-888-373-3309

EVERYONE WELCOME!

LAKE HELEN SERVICE PROVIDERS CALENDAR

Be a pineapple stand tall, wear a crown, and be sweet on the inside

August 2019

Saturday	m	10	17	24	E
Friday	7	6	Sock Hop 8pm	Adulf Card Social 8pm	30
Thursday	Travel Group Loonie Auction	Adult Cards 7pm	Full Moon Ceremony 6pm Chalet Lodge	Adult Meat Bingo	Back to school lunch bingo 7pm
Wednesday		Recovery Group 2pm (Hall) Band Meefing	Kids Movie Ipm Recovery Group 2pm (Hall)	Community Acupuncture Recovery Group 2pm (Hall)	Recovery Group 2pm (Hall) Final Weigh In Inch Away 6pm
Tuesday		6 Community Acupuncture	Living with Cancer Dinner Chalet Lodge 5pm	50	Science North Chalet Lodge
Monday		10	Cinema on Wheels Indigenous short films 8:30pm (ballfield) If raining at RC	Back to school BBQ 11am	26 Science North Chalet Lodge
Sunday		4	Ε	82	25

Elder's Summer Picnic



Please join us at
The Nipigon Marina
on
Friday August 23rd
from
12 to 2 pm

* Bring a lawn chair!

If you have any questions, please contact Terri-Lee at the Red Rock Indian Band Office (807) 887-3724 😂

Adult Meat Bingo

Thursday August 22, 2019

7 pm

Resource Centre

Everyone 16 yrs. or older Welcome





Kids Back to School Snacks Bingo

Family Bingo

Thursday August 29, 2019

7:00pm @ Resource Centre

Everyone Welcome





More Information please contact Jolene or Tina



SUMMER SCIENCE DAYS

Explore the wonders of our natural world through exciting experiments and activities.

Ages 7-12 yrs

10am - 3pm Snacks & Lunch Provided CHALET LODGE

August 26-27,2019







Canadian Tire Nipigon

BBQ BLITZ

We will offer 10% off any in-stock BBQ. I still have 30 BBQ's in stock, and am motivated to move some of the inventory before Winter sets in.

This will make it the cheapest time of the year to buy a BBQ!

This offer will expire August 31st, 2019.

All the customer must do, is bring in a copy of this ad!

Jason Yung
Dealer - Store 201 Nipigon
Canadian Tire
T 289.691.1481
Jason.yungct@gmail.com

WANT A CAREER IN CONSTRUCTION **OPERATING HEAVY EQUIPMENT?**

FIND OUT IF YOU HAVE WHAT IT TAKES!

This is introductory training on heavy equipment simulators. This is part of a process that will be used to select participants for a heavy equipment course.



WHEN: SEPTEMBER 11 - 13 WHERE: RED ROCK INDIAN BAND (LAKE HELEN) WHAT TO EXPECT

Personality Dimensions workshop followed by Interactive simulator screenings. New networks and information to advance your career.









PLEASE EMAIL JOANNA TO REGISTER joanna.decicco@rrib.ca









DILICO PRIMARY CARE TRAVELLING TEAM

We bring culturally appropriate health care to YOU!

Our Team Consists of:

- Nurse Practitioners
- Social Workers
- · Registered Practical Nurses
- Mental Health Nurses
- Pharmacist
- Psychologist
- Chiropodist



Schedule your appointment for:

When: September 16th & 17th 2019

Location: Red Rock Indian Band Office

To Make an Appointment:

Contact Dilico PCTT Administrative Assistant (Jaimie) at: (807) 626-5249

1-855-623-8511 (ext. 5249)



Services Available:

- Physical Assessments
- · Treatments and Referrals
- Chronic Disease Management
- Foot Care
- Programming to Support Healthy Lifestyles
- Advice and Counselling on Diet and Nutrition
- Medication Review and Adherence
- Individual, Family and Group Counselling
- Assessment, Diagnosis and Treatment of Psychological Problems