# LAKE HELEN NEWSLETTER
# AUGUST 8, 2019

**********

## GENERAL BAND MEETING

**SEPTEMBER 4, 2019 at 7 PM**

**Resource Centre**

**********

## MOTION FROM AUG 6, 2019 GENERAL BAND MEETING

**Motion to move forward with the Senior Complex building in regards to the next steps to building this complex to completion.**

**Motion that at the passing of this motion any and all band funded projects must be tendered out to the public over and above $5000 as to get the best deal.**

**The above motions will be voted on at the next General Band meeting of September 4, 2019**

**********

## ONTARIO WORKS

**William Legarde will be on holidays starting Aug 2nd**

**and returning Aug 13th. See Joanna Decicco**

**********

## Final Weigh In (Inch Away)

**Wednesday, August 28th**
**6 pm**
**Service Providers Office**

## Full Moon Ceremony

**Thursday August 15th**
**6pm**

**Chalet Lodge**

# STATUS CARDS

**Status cards are now available**
**from 9am to 12 noon**
**and 1pm to 4pm, Monday to Friday.**

**The new Secure Certificate of Indian Status cards can now be processed at the membership office.**

**Please bring one piece of identification - it CANNOT be your laminate status card. It must have your name, date of birth, picture and signature.**

**I will be taking your picture in the office, no need to get passport pictures done. Paperwork must still be sent in, the processing time for a SCIS could be 2 to 3 months. The SCIS card will be sent to you by mail.**

**If you have any questions call Marjorie at the band office.**

**********

## Next Community Visit: Wednesday, August 14th

Mikeala will be available for walk-in and scheduled appointments during 1pm-4pm

If you have any questions you can contact her directly by phone or email.

**You can also contact Rodnie (ext. 233) Terri (ext. 227) Caitlyn (ext. 290) Candace (ext. 279)**

# TRAPPERS COUNCIL MEETING

## August 14th, 2019 Resource Centre
## Dinner at 6, Meeting starts at 6:30

**********

## CATERER NEEDED

**Trappers Council Meeting**
**Wednesday, August 14th, 2019**
**6pm @ Resource Centre**

**Supper, Beverages, Dessert for approximately 15 people**

**Napkins, Utensils, Set up and Clean**

**Please submit bids to Nicole Dupuis at the Band Office by 12:00 PM Noon on August 9th, 2019**

**********

## GYM WITH BRYN

**Tuesday Evenings**

| | |
|---|---|
| **Ages 4 – 6** | **Ages 7 – 8** |
| **6:00 – 6:30** | **6:45 – 7:30** |

**July 30, August 6, 20, 27**

**Contact Tara at 889-0914 to register!**

# RED ROCK INDIAN BAND

# NOMINATION MEETING

## WEDNESDAY, AUGUST 21, 2019
## 7 PM
## Resource Centre

## To Nominate Candidates

## For the upcoming Election of SEPTEMBER 7, 2019

**Electoral Officer**
**Ivy Wawia**

**Deputy Electoral Officer**
**Sharon Lesperance**

# RED ROCK INDIAN BAND

# E L E C T I O N  2 0 1 9

## To Elect Chief & Council

## SEPTEMBER 7, 2019

## 9 AM TO 6 PM

## Resource Centre

**Electoral Officer**
**Ivy Wawia**

**Deputy Electoral Officer**
**Sharon Lesperance**

# YOUTH TRAVEL GROUP HOME BINGO

## Week #28 Winner

## Tina Wawia
## 59 Numbers
## Winning $133.00

## Congratulations!

**Week #29 starts today and will be our last week of home bingo.**
**Thank you for supporting the RRIB Youth Travel Group**

## Thank you for your continuing support.

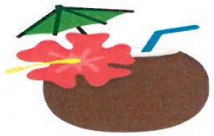
**********

***On Monday May 13, 2019 Toby Braithwaite, Management Biologist from MNRF, Nipigon Region and Environmental Monitor and Elder Tom Borg from the Red Rock Indian Band presented a Fish Conservation presentation to the Grade 7/8 Native Language and Culture students at St Edward School. From a Scientific perspective and a Traditional Ecological Knowledge perspective (TEK) the students learned various ways of recording and collecting fish population data for the purpose of the conservation of our fish species in many of our local lakes and rivers.***

LAKE HELEN
SERVICE PROVIDERS
CALENDAR

*Be a pineapple stand tall, wear a crown, and be sweet on the inside*

# August 2019

| Sunday | Monday | Tuesday | Wednesday | Thursday | Friday | Saturday |
|---|---|---|---|---|---|---|
| | | | | 1<br>Travel Group<br>Loonie Auction | 2 | 3<br> |
| 4 | 5 | 6<br>Community Acupuncture | 7<br>Recovery Group<br>2pm (Hall)<br>Band Meeting | 8<br>Adult Cards<br>7pm | 9 | 10 |
| 11 | 12<br>Cinema on Wheels<br>Indigenous short films<br>8:30pm (ballfield)<br>If raining at RC | 13<br>Living with Cancer Dinner<br>Chalet Lodge<br>5pm | 14<br>Kids Movie<br>1pm<br>Recovery Group<br>2pm (Hall) | 15<br>Full Moon Ceremony<br>6pm<br>Chalet Lodge | 16<br>Sock Hop<br>8pm | 17 |
| 18 | 19<br>Back to school BBQ<br>11am | 20 | 21<br>Community Acupuncture<br>Recovery Group<br>2pm (Hall) | 22<br>Adult Meat Bingo<br>7pm | 23<br>Adult Card Social<br>8pm | 24 |
| 25<br>  | 26<br>Science North<br>Chalet Lodge | 27<br>Science North<br>Chalet Lodge | 28<br>Recovery Group<br>2pm (Hall)<br>Final Weigh In<br>Inch Away 6pm | 29<br>Back to school lunch bingo<br>7pm | 30 | 31<br> |

# *Living with Cancer Support Group*

*Join us for an evening of delicious food, inspiration and support as we embrace the stories and herald the courage of members of our Community and surrounding area who are surviving, fighting, and thriving while living with Cancer. This special program is designed to help build the support circles for members of who are currently battling or living with Cancer by allowing them to share their stories in a welcoming atmosphere surrounded by the positive energy by family and a community who love them.*

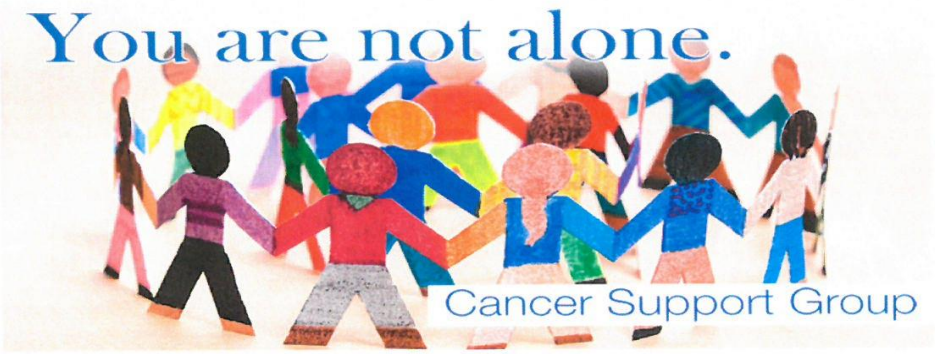
***When: Tuesday August 13, 2019***

***Where: Chalet Lodge***

***Time: 5pm***

- *Please call and sign up for the dinner with Tina Wawia @ 887-2510 or 889-0357 by August 12, 2019 signing up just gives me an idea how much food I will be needing Thanks*

***** This is open for everyone to attend you do not need to have Cancer to attend you may be somebody's support system that can help them out*****



RRIB members & Community members

# SIGN UP FOR TICKETS

# For Canuck Amusement Rides at the

## NIPIGON FALL FISHING FESTIVAL

**Aug 30th | Aug 31st | Sept 1st | Sept 2nd**

**For Ages 0-16**

**Call or e-mail Lauren at 887-2510 or lauren.michelle@rrib.ca by Monday August 19th to sign up for your tickets!!!!**

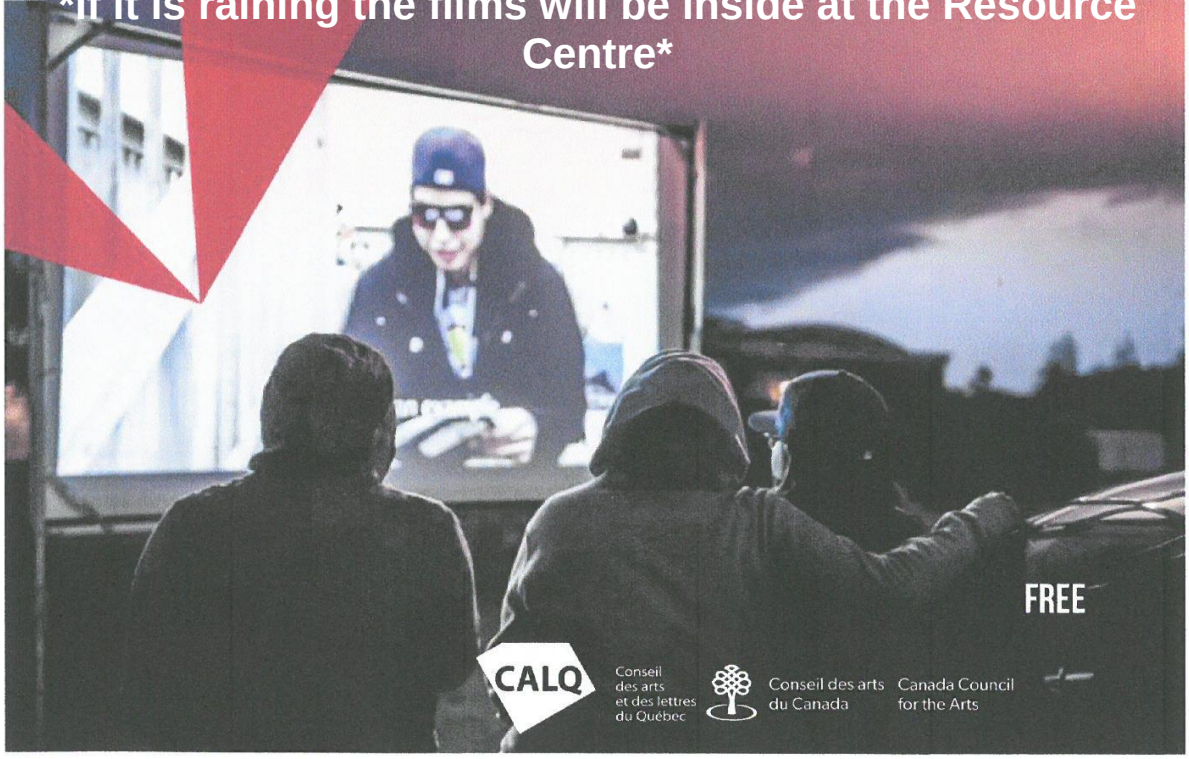
# August 12 at 8:30 pm

wapikoni

## CINEMA ON WHEELS

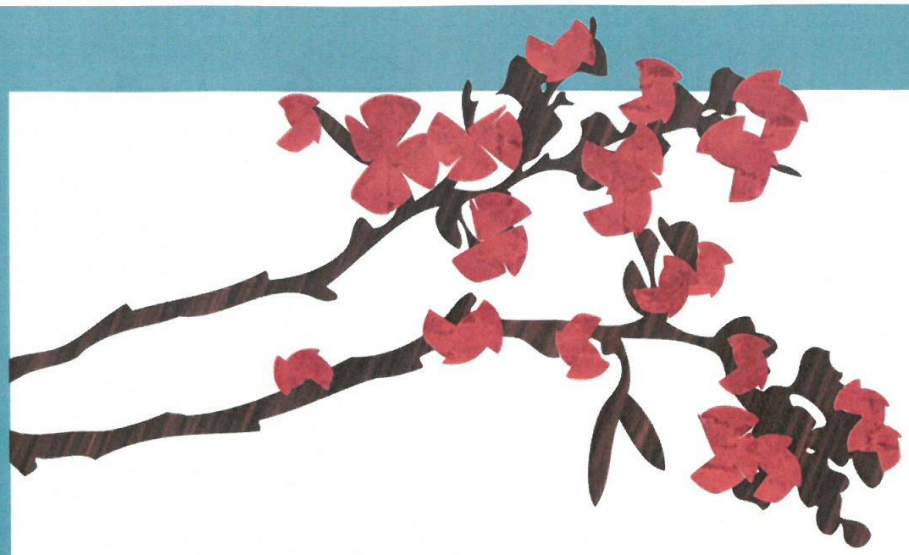
FREE SCREENINGS
OF SELECTED SHORT FILMS BY INDIGENOUS FILMMAKERS

**CINEMA ON WHEELS**
**Will be showing some films by Indigenous film makers**
**So, come on out bring your lawn chairs and blankets to the baseball field to enjoy some films.**
***If it is raining the films will be inside at the Resource Centre***



FREE

CALQ Conseil des arts et des lettres du Québec
Conseil des arts du Canada Canada Council for the Arts



# COME OUT TO
# **MOMS GROUP**
# INFO & VOUCHERS

**MONDAY, AUGUST 12TH**

**4:30PM COMMUNITY HALL**

FOR AUGUST' S TOPIC WE WILL BE TALKING ABOUT **PREPARING YOUR CHILD(REN) FOR SCHOOL AND MORE** WITH THE COMMUNITY HEALTH NURSE

Learn about topics, share your stories, ask questions and activities!!

This event was made with ALL mothers in mind to come out and support one another, share stories/experiences, have adult conversations and to learn about specific topics. Milk vouchers will be given out at this time.

Dinner & a Door Prize!

FOR MORE INFORMATION CONTACT:
CANDACE TUCK 887-2510 EXT. 279 CANDACE.TUCK@RRIB.CA
AMANDA RUTH, CHN 887-2510 EXT. 237 AMANDARUTH@DILICO.COM

# BACK TO SCHOOL

# BBQ & Outdoor Fun

We will be having a Back to school BBQ and Outdoor fun for students returning to school in the fall.

Students will be receiving money in lieu of the backpack and supplies like previous years.

**This event is open to all RED ROCK INDIAN BAND MEMBERS on/off RESERVE and COMMUNITY MEMBERS living ON RESERVE in Grades JK to Grade 12, returning to school in the fall.**

Students must be present to collect their money, NO THIRD-PARTY PICK-UPS!

*Education Director Judy Wawia will also be handing out Students start-up allowance for **ON RESERVE** students, students must bring health cards and Status cards*

We have someone coming down from Thunder bay bringing Giant Bubble Soccer, Giant Hamster Ball, and Archery Tag for the kids to enjoy.

****Sign up deadline is August 9th at 4:00pm no exceptions***

Please call **Jolene, Tina or Lauren** with students' first/last name and grade of student. *Please no Facebook Messages, PHONE / VOICE MAIL ONLY*

**BBQ – Monday August 19, 2019**

**Lake Helen Community Hall**

**11am – 3pm Outdoor Fun**

**BBQ starts at 12:30 pm**

# Adult Cards

Come on out and paly some crib, maybe win a prize and socialize with other card players.

Thursday Aug 8, 2019

7:00pm @ Resource Centre

**Everyone Welcome**

---

# ADULT CARD SOCIAL

Poker * Rumoli * Card Bingo *

Bring your .10 cents and come out and enjoy an evening of playing some cards or Poker.

Snacks and Beverages provided

**Poker will be "Cash Buy In".**

Friday August 23, 2019

8:00pm – Midnight

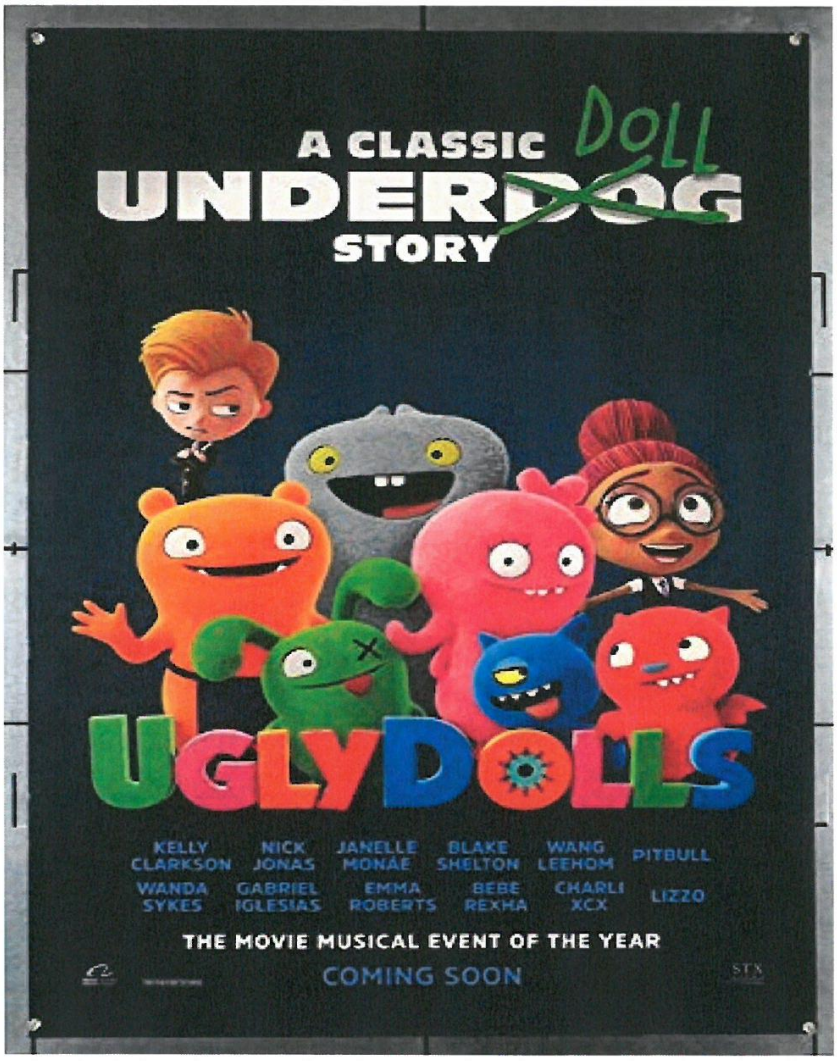
More Info contact Jolene or Tina

Everyone Welcomed 16 years or older

# KIDS MOVIE AND SNACKS

Wednesday August 14, 2019

1pm – 3pm Resource Centre



## Adult Meat Bingo

Thursday August 22, 2019

7 pm

Resource Centre

Everyone 16 yrs. or older Welcome

---

## Kids Back to School Snacks Bingo

**Family Bingo**

Thursday August 29, 2019

7:00pm @ Resource Centre

Everyone Welcome

SchoolSafe
Kids' snacks done right!

More Information please contact Jolene or Tina