



LAKE HELEN NEWSLETTER

JUNE 6, 2019

GENERAL BAND MEETING

Next General Band meeting – July 3, 2019

7 pm at the Resource Centre

NARCOTICS/ALCOHOLICS ANONYMOUS

**Every Wednesday at the Dilico Boardroom at Band office
3:30 pm to 5:30 pm**

For more information call Rodnie at the band office.

NATIVE LANGUAGE – TUESDAYS

**6:05 PM
Service Provider's Office**

CATERER NEEDED

For 2019 Graduation Ceremonies

Please respond by June 14th at 3 pm

To Judy Wawia at the band office for more information

GOOD FOOD BOX

Money is due on Thursday June 13 at NOON

SUMMER FUN RAFFLE TICKETS

The RRIB Youth Travel Group is selling Summer Fun Raffle Tickets

1st Prize: **\$1500**

2nd Prize: **\$750**

3rd Prize: **\$250**

Draw Date: June 27th @ 4pm

Tickets can be purchased at Lake Helen Gas & Variety or contact Marjorie Robert @ margetheparge@live.com or by phone at (807) 887-2510 ext. 234. You can also contact Candace Tuck, Tiffany Wawia, Emily Thompson, and Kimberly Oja for tickets.

Thank you everyone for your continued support and good luck!

Lottery License #: RRB-R-0085-19

BABY SITTING COURSE

If you are interested in participating in a Baby-Sitting Course, please contact Lauren at the band office. 887-2510 ext 229

CHIEF & COUNCIL POLICY CHANGE

June 19, 2019

7pm at the Resource Centre

VETERANS CEREMONY – ABORIGINAL DAY

Anyone wanting to put a wreath in for the Veterans Ceremony on Aboriginal Day can you please contact Tina Wawia with the name and what war they served.

TRAPPERS COUNCIL MEETING

June 12th, 2019 at the Chalet Lodge

6:00 Dinner

6:30 Meeting

MOTIONS FROM JUNE 5, 2019 GENERAL BAND MEETING

Motion #1

Motion to change our election to: if a person wants to run for Chief, you run for Chief, if you want to run for Council, you run for Council.

MOTIONS WILL BE VOTED ON AT THE NEXT GENERAL BAND MEETING OF JULY 3, 2019.

FUNTIME LANES BOWLING HOURS

Tuesday – Saturday

9:30 – 11:30 am

1:00 – 3:00 pm

4:30 – 6:30 pm (Except Saturday)

7:00 – 9:00 pm (Except Saturday)

Closed Sunday and Monday

Game Cost Per person = \$5.00

Shoes = \$1.00

Special Pricing

**After School (4:30 – 6:30) = \$5.00 FOR 2 Games per person
(INCLUDES SHOES)**

Friday Evenings (7:00 – 9:00 pm) = \$5.00 for 3 games + shoe rental

For more details or to book call or email Pam 807-708-3875

plbehun@lakeheadu.ca

UP FOR BID

OLDER MAC DESKTOP COMPUTER, MONITOR AND KEYBOARD.

MINIMUM BID IS \$200

ACCEPTING BIDS UNTIL FRIDAY, JUNE 7, 2019 AT NOON

This computer has been wiped out and needs to be set up with new owner.
Computer is approximately 7 years old.

CATERER NEEDED

Trappers Council Meeting
Wednesday, June 12, 2019
6pm @ Chalet Lodge

Supper, Beverages, Dessert for approximately 15 people

Napkins, Utensils, Set up and Clean

Please submit bids to Nicole Dupuis at the Band Office by 12:00 PM Noon on June 7th,
2019

TIPI TEACHINGS

Tipis are being set up at the Chalet Lodge June 14th at 10AM

Come help and learn teachings of the significance of the tipi.

ATTENTION SUMMER STUDENTS!

The Red Rock Indian Band have made changes to the summer student program. Changes include an orientation week that will include topics such as cover letter & resume writing, WHMIS training, money management, etc.

This 1-week paid orientation session will be held in both Lake Helen and Thunder Bay. This is a **mandatory** requirement for all students to attend in order to continue with their placement for the summer.

If you are a student who attended school full-time this year, are returning in the fall, and are interested in a summer job, please submit an **Expression of Interest** to Joanna.Decicco@rrib.ca. No resume/cover letter will be needed to apply as this will be covered during the orientation week. If you have any questions, please contact Stephen Price, or Joanna Decicco by email or phone at (807) 887-2510.

Eligibility Criteria

Must be 15 years of age

Must have been enrolled full-time throughout the year

Good attendance record

Requirements

Social Insurance Number

Attendance records (obtain from school)

Final report card



Attention

Red Rock Band Members

Gordon Waindubence

Will be coming to the community on July 19th, 2019 to come talk about Clan Naming & Teachings which will be held at the Lodge.

- The Creator placed Anishinabe on the Mother Earth.
- The Four Elements: Fire, Water, Earth, Wind. They were given to the Anishinabek to take care of.
- The 7-pointed star: represents the sacred gifts—the Seven Grandfather Teachings— which are the foundations that were given to us by the Creator. These are our laws.
- Sovereignty: the Creator gave us sovereignty to man, woman and child to look after ourselves and Mother Earth.
 - The Anishinabek also respect and honour the Past, Present, and the Future.
- The Big Circle: we are one family—this is our family; every one of us is in this circle. We all belong to a clan and we all have a responsibility. This is what our house looks like.

If any Band Member would like to sign up and take part, please call Lauren Michelle at the Band Office 807-887-2510

RESTORATIVE JUSTICE OFFICE

APPLICATIONS FOR THE FOLLOWING

- Criminal Record Check Applications
- Police Vulnerable Criminal Record Check
- Legal Aid Applications – Criminal
- Legal Aid Applications – Family Matters

INFORMATION PRINTOUTS

- What is Restorative Justice?
- What you should do when upon being Charged with a Criminal Offence
- What is a Gladue Report?

There is many Pamphlets and Information in my Office that is available to the Public.

If you require any other information you would like to access through my office, please do not hesitate to contact me at (807) 887-2510 or email @ Darlene.Wawia@rrib.ca

Miigwetch,

**Darlene P. Wawia
Restorative Justice Coordinator
Red Rock Indian Band**

APPLICATIONS/FORMS AVAILABLE IN THE RESTORATIVE JUSTICE OFFICE

RESTORATIVE JUSTICE

Looking for Volunteers who are willing to be on the Restorative Justice Committee for the Red Rock Indian Band to fill Potential Vacancies in the future.

- This is a Volunteer Position
- Must be 18 years of age or older
- Must pass a Criminal Record Check
- Must be willing to take a 3 Day Restorative Justice Facilitator Training Program
- Must be willing to attend Bi-Monthly Meetings with the Restorative Justice Committee

If interested, please contact Darlene P. Wawia at the Band Office (807) 887-2510



**RED ROCK
INDIAN BAND**

Strength. Tradition. Empowerment.

Community Engagement Sessions

Constitution Review: Preparing for Ratification

AND

"New Gas Station Build"

Date	Topic	Location
April 29 th , 2019 	"New Gas Station Build" Community Engagement	Chalet Lodge Lake Helen Reserve 5:00 p.m.
May 28 th , 2019 	Constitution Review: Preparing for Ratification Community Engagement	Resource Centre Lake Helen Reserve 6:00 p.m.
June 6 th , 2019 	"New Gas Station Build" AND Constitution Review: Preparing for Ratification	Thunder Bay Indian Friendship Centre 6:00 p.m.
June 12 th , 2019	"New Gas Station Build" AND Constitution Review: Preparing for Ratification	Resource Centre, Lake Helen Reserve 6:00 p.m.
June 15 th , 2019	"New Gas Station Build" AND Constitution Review: Preparing for Ratification	Thunder Bay Indian Friendship Centre 12:00 p.m.

****Soup and Bannock will be served at all sessions**

Live Streaming will be available. Please contact Alyssa Ray by email

alyssa.ray@rrib.ca for the link.

Your input is vitally important!!!

Thank you, Chief & Council



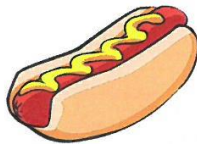


Children's Mental Health Day



****If raining will be postponed****

EVERYONE WELCOME!!



Community Hall

FRIDAY JUNE 7th

Time: 11:00-2:00

Roasted hotdogs, bouncy castle,

S'mores,

Face-painting &

Traditional games



Contact: Sonya Belisle
887-2514 ext 226

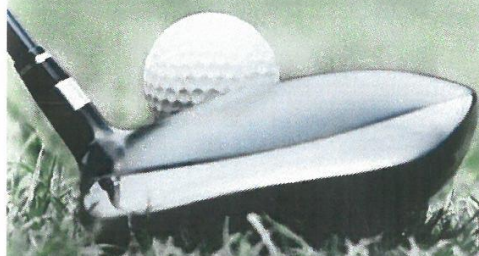
Candace Tuck
887-2510 ext 279

FSWs: Terri-Lee & Caitlyn
Rec: Kelsey & Kyla

Father's Day Golf and Supper At the North Shore Golf Course June 16th 2019

Golfing starts at
1pm with supper
to follow

**Don't want to golf?
Just sign up for
supper !**

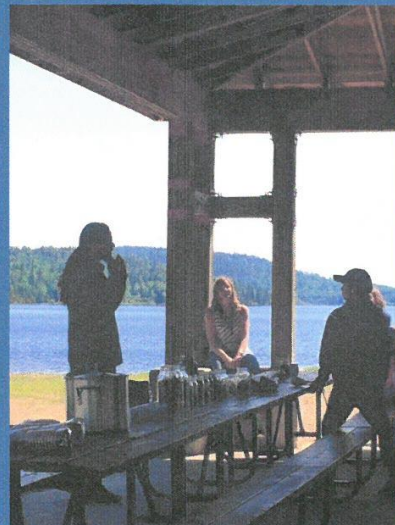


**Must Sign up by June 9 2019
Call Rodnie @ the Band office 7-2309**

Plant Based Medicines with Joe
Pitawanakwat

CREATORS GARDEN

The 3 day focus will include traditional teachings
about plant based medicines, plant
identification, harvesting and of course sampling
some teas!



JUNE 12- NIPIGON MARINA 10 AM - 3 PM

JUNE 13 - CHALET LODGE RRIB 10 AM- 3 PM

JUNE 14 - CHALET LODGE RRIB 10 AM - 3 PM

Please dress for hiking.

Contact nodonnell@sgdsb.on.ca

tina.wawia@rrib.ca



Hiking Group Schedule

June 3, 2019, Monday

Red Rock Mountain: Red Rock 4.6 km round trip, out and back. Moderate hike. Beautiful Lake Superior view. Switch back trail, lots of up-hill, but great for kids. Safe trail, safe lookout. 20 km drive from Resource Centre to trail head.

June 10, 2019, Monday

Kama Falls: Camp 81 Road, highway 17. Out and back 1.3 km OR Loop trail 3.2 km. An epic river hike and view of a classic waterfall in the Nipigon area. Good for kids. There are two sections that require a rope assisted climb. It is a steep 500 m climb to the falls. 20km drive from the Resource Centre.

June 17, 2019, Monday

Ruby Lake Lookout: Ruby Lake Provincial Park Highway 17. Approx 5 km round trip. Moderate hike. Amazing cliff edge lookout view of Lake Superior. 8 km drive from Resource Centre to trail head. This whole hike is great for kids. The only danger is the lookout itself. IT IS BARE CLIFF EDGE and dangerous!

June 24, 2019, Monday

Deer Lake Mountain John Ahl Lookout Nipigon Ontario. Approx 5 km round trip. Moderate Hike. It is a bit challenging, kids to have a good level of fitness. Safe trail. The lookout has cliff edge and is not gated.

Meet at the Resource Centre for 5:50pm and pull out at 6pm

Everyone welcomed to join in.

For any questions call Jolene – 887-2510 Work Or 889-1242 Cell



Babysitting Course

Ages 11 and Up

Saturday, June 8th, 2019

9:00am-4:00pm

lunch break from 12:00pm-12:30pm

\$100

Nipigon Community Centre

Multi-Purpose Room

SPACE IS LIMITED.

For more information or to register, please
contact **Kristin Dutil** ([807-887-3586](tel:807-887-3586)),
or via email @ kristindutil@nipigon.net

Community Volunteer Income Tax Program (CVITP)

The CVITP is a collaboration between community organizations and the Canada Revenue Agency (CRA).

Community organizations host FREE tax preparation clinics and arrange for volunteers to prepare returns for individuals with a modest income and a simple tax situation. The CRA provides coordinators to guide the organizations as they deliver the program and offers training and tax software for the volunteers.

The CVITP helps people meet their tax obligations and receive any benefits to which they are entitled. Benefits are calculated based on the information a taxpayer provides on their return. Even if the taxpayer has no income to report, they should file a return to continue receiving payments, such as;

- GST/HST credit
- Guaranteed income supplement (GIS)
- Working income tax benefit (WITB)
- Canada child tax benefit (CCTB) (if the taxpayer has a spouse or common-law partner, they also have to file a return every year)
- Provincial or territorial credits and benefits

The CVITP volunteers **cannot** prepare returns for individuals who:

- have self-employment income
- have business or rental income and expenses
- have capital gains or losses
- have employment expenses
- file for bankruptcy
- are deceased in the year

The Red Rock Indian Band will be hosting a CVITP clinic **beginning April 3, 2017.**

The Free CVITP clinic hours are:

12 noon to 1pm and 4 – 6 pm, Monday to Friday

Tax Returns can be sent by EFile to Canada Revenue Agency

Please call the band office for an appointment at 887-2510

The clinic is open to Red Rock Indian Band members and Lake Helen community members.

LIVING LIFE TO THE FULL

BROUGHT TO YOU BY:



Canadian Mental
Health Association

Mental health for all

12 HOURS THAT CAN CHANGE YOUR LIFE

Want to feel happier, have more energy, gain confidence, enjoy better relationships, feel less stressed and develop skills to deal with life's challenges?

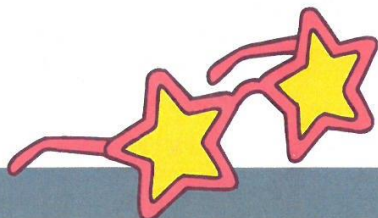
TIME/DATE: Every Tues, May 14th- June 25th/19 @1:30pm

COST: FREE! This is open to anyone wishing to sign-up!

LOCATION: RRIB BAND OFFICE BOARDROOM

CONTACT:

CANDACE TUCK, MENTAL HEALTH CRISIS COORDINATOR
TO SIGN-UP PLEASE LEAVE A MESSAGE AT 807-887-2510 EXT. 279
OR E-MAIL candace.tuck@rrib.ca
FOR AGES 17+
MINIMUM OF 8 PARTICIPANTS TO RUN CLASS AND MAXIMUM OF 12
CLASSES ARE APPROX. 1 to 1.5 HRS
ANYONE IS WELCOME TO PARTICIPATE
THE LAST CLASS WILL BE 2 SESSIONS BACK TO BACK

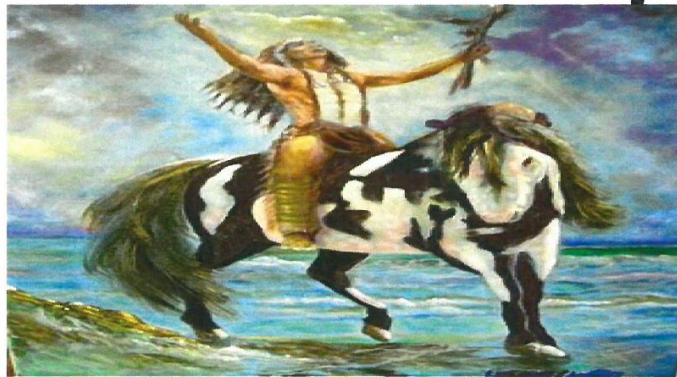


visit www.LivingLifeToTheFull.ca to find out more!



Anishinabek Family Care

Recovery group Awaken the warrior in you!



Date(s): June 12, 2019 to August 7, 2019

Time: 2:30 pm till 4:00 pm

Location: Lake Helen Hall

Lorna Hardy, Terri Lee Lanigan

Requirements: to believe in yourself, help one another, build a support team.

EDUCATION ► TRAINING ► EMPLOYMENT

LINE Training Program CUTTER

Anishinabek Employment and Training Services through Employment and Social Development Canada, Skills and Partnership Fund is pleased to offer the Line Cutter specialized training program. Entry level opportunities for graduates of this program is work with energy, mining and construction projects across northern Ontario or advancement into related post-secondary training.

► **Admission Requirements:**

- 18 years of age
 - High School Grade 10 (or equivalent)
- OSSD equivalents include the: Mature Student Assessment, General Education Development Test (GED), ACE Credits.

Application Deadline: June 18, 2019



► **Program Includes:**

- Life skills component begins **July 2, 2019.**
- Formal Classes begin **July 22, 2019.**
- Theory and fieldworld experience:
 - WHMIS, Basic Rescuer First Aid and Chain Saw Certification, Line Cutting, Staking.
 - Safety and Navigation, Basic Field Orientation, Compass and GPS techniques, Establishing a Grid.
 - Establishing a baseline, and Survey Techniques.
- Confederation College "Recognition of Completion" and related certifications upon completion.
- Elder and cultural supports.
- Tuition, training and allowance supports.



AETS
Anishinabek Employment
and Training Services

Your path. Our ways.

Tel: (807) 346-0307

Toll Free: 1-866-870-AETS

www.aets.org

Red Rock Indian Band

Dilico Health Services—June 2019

Sun	Mon	Tue	Wed	Thu	Fri	Sat
Community Health Nurse = CHN Primary Care Travelling Team = PCITT Mental Health Community Health Nurse = MHCHN Aboriginal Healthy Babies Healthy Children Nurse = AHBHC Diabetes Educator = DE Care Manager = CM Community and Personal Support Worker = C&PSW						
2	3 C&PSW Amanda-CHN	4 Aimee-CHN	5 All Health Staff Training	6 All Health Staff Training	7 All Health Staff Training	8
9	10 C&PSW Amanda-CHN	11 Aimee-CHN	12	13	14	15
16	17 C&PSW PCITT Amanda-CHN	18	19	20 Aimee-CHN	21 Indigenous Day Office Closed	22
23	24 C&PSW Amanda-CHN	25	26	27 DE	28 Amanda-CHN	29
30						

COMMUNITY WILL BE NOTIFIED OF ANY DATE CHANGES.