



# LAKE HELEN NEWSLETTER

## FEBRUARY 14, 2019

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### GENERAL BAND MEETING

**Next General Band meeting - March 6, 2019**

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### HOME BINGO WINNER

Week #20 RRIB Youth Travel Group home bingo winner is:  
Bart Metansinine in 61 #'s winning \$225.00

Thank you for your continuing support.

We will be selling bannock burgers as well as other  
Canteen items at the Pow Wow bingo this Sunday, February 17.

Doors open at 1:30, early birds start at 2:30 and regular games start at 3.

Come out for an afternoon of fun.

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### NATIVE LANGUAGE – TUESDAYS

**Band Office Boardroom 6:05pm**

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### NARCOTICS ANONYMOUS

**Every Wednesday at the Community Hall**

**2 pm to 4 pm**

For more information call Rodnie at the band office.

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### ATTENTION ICE FISHERMAN

WE HAVE BEEN INVOLVED IN FISH MOINITORING IN LAKE HELEN AND  
TRIBUTARIES.

If you come across tags on the fish could you please record or bring TAG to  
the Lands/Environment office.

Thank you, Tom Borg, Environmental Monitor

## **ANNUITY UPDATE INFORMATION SESSIONS**

**Missed the meetings? Would you like a copy of the presentation? Please call Ivy and make arrangements to get your copy.**

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## **DILICO PRIMARY CARE TRAVELLING TEAM**

The Primary Care Travelling Team provides culturally appropriate primary care through an interdisciplinary team of Nurse Practitioners and allied healthcare professionals who coordinate quality care for First Nations Members.

Red Rock Indian Band Primary Care Clinic Day:

**WEDNESDAY, FEBRUARY 20, 2019**

## **RRIB BAND OFFICE**

To make an appointment contact Aimee Richardson, 807-887-2510  
Or the PCTT Administrative Assistant (Jaimie) at 855-623-8511 ext: 5249

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**GOOD FOOD BOX**  
**PAYMENT DUE BEFORE NOON TOMORROW**

**PICK UP IS ON THURSDAY, FEBRUARY 21<sup>ST</sup>**  
**FROM 11 AM TO NOON AT RESOURCE CENTRE**

## **FUEL LEVELS AND VENTS**

With the significant amount of snow and cold temperatures we are experiencing this winter, this is a REMINDER from CHIEF AND COUNCIL to ALL COMMUNITY MEMBERS to check:

- That fuel levels are adequate – don't wait until your tank is empty to fill up
- Propane is recommended to call in an order when your tank is at 30%
  - That outside vents are cleared of snow and ice build up

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## **MOTION**

### **Motion from February 7<sup>th</sup> General Band Meeting**

Motion by Melinda Sault Coates that the Housing List be a permanent list that carries over year-end, that is based on a first come first served bases, and that this list not be influenced by Chief and Council or Staff and be public knowledge by being posted. Seconded by Debbie Sault.

This motion will be voted on at the next  
General Band Meeting of March 6, 2019

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## **MINI STICK LEAGUE**

Wednesday Feb 20 @ 4pm

**\*\*FINAL TOURNEY – MARCH 17 @ 10am\*\***  
Nipigon Multi-Purpose Room @ Nipigon Arena

# ATTENTION LAKE HELEN COMMUNITY

Be advise that snow removal has started in the Community.  
Please drive with extra caution when machinery is working.

## SIGNS ARE DISPLAYED

We will begin with intersections, high corners and community buildings, then proceed with end of driveways and homes.

We thank you for your continuous patience.

**Please note:** for any request for snow removal, do not contact the operators, please contact Councilor Sean Ruth at the Band Office or by cellphone 889-1066 or by email [sean.ruth@rrib.ca](mailto:sean.ruth@rrib.ca).

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## RED ROCK INDIAN BAND RENTAL UNIT AVAILABLE

“3 Bedroom Rental unit will be available March 15<sup>th</sup>.  
Band Members interested in this unit are asked to submit an application.

Please have applications in by March 1<sup>st</sup>. Even if you’ve submitted rental housing application previously, you will need to submit a new application.  
Applications are available at the band office.”

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**FOR SALE**  
**2 ONLY – Older Laptops**  
**Please contact Ivy if you are interested.**

# CULTURAL DRUMMING/ACTIVITY GROUP

**This group is open to ANYONE that wants to learn and for ALL AGES.**

All hand drums are welcome to come also, ladies please wear your skirts.

Host drums will be Little Feather and All Roads Lead to the Centre.

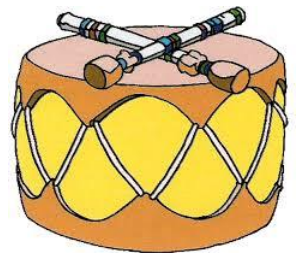
**\*\*SPECIAL GUEST\*\***  
**Pic River – Donald Michano**

Snacks and Beverages will be provided.

**Date: Thursday, February 21, 2019**

**Time: 6:00pm – 8:00pm**

**Place: Resource Centre**



For more information you can contact Jolene Cote – FWB  
807.887.2510 / ext 281

# ***COMMUNITY KITCHEN***

**Socialize with friends!**



**Learn about affordable meal and snack ideas!**

**Learn about nutrition!**

**Try new foods!**

**A fun activity with your family!**

**Learn food preparation skills!**



**Come to the Resource Centre on**

**Saturday, February 23<sup>rd</sup>**

**1 - 4 PM**

**Families and Individuals Welcome!**

## **What is the NIHB Traditional Healing Services Program?**

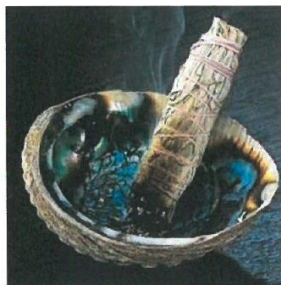
Funding is provided by the Indigenous Services Canada (ISC) for the Traditional Healer Program as part the transitioning of the Non-Insured Health Benefits (NIHB).

Objectives of the program include:

- Provide access to services to NIHB eligible clients for their mental health counselling needs by providers using traditional approaches
- Ensure client safe access to such services by determining providers capacity and eligibility to provide such services (recognized and accepted by the community or communities served)
- To provide access to mental health counselling/healing needs by healers/elders using traditional approaches
- Traditional approaches can include dialogue, prayer, ceremonies, traditional teachings, medicine picking and more
- All NIHB eligible members living on and off reserve can access these services (from any band)
- Traditional healing services are available for individuals, families and groups of community members
- Anyone receiving these services will require to provide the information for NIHB's record keeping requirements: full name, DOB, address including postal code, identification # (status)
- All information will be kept confidential
- Will be provided an opportunity to provide feedback on services received

When visiting an elder/healer it is encouraged to offer a small packaging of tobacco (will have some available at a group event and/or band office)

If you would like to learn more about this program, please don't hesitate to contact Candace Tuck at the band office 807-887-2510 ext. 279 or e-mail [candace.tuck@rrib.ca](mailto:candace.tuck@rrib.ca)





## Grief Presentation with Dilico Mental Health

Please join us for a dinner and information on the journey to healing and new insights on coping with grief with Nancy McGuire, Adult Mental Health Case Manager

Losing a loved one is painful and grieving their loss is a challenge like no other. Grieving is a process and is unique to everyone, but it doesn't mean we have to go through the journey alone.

When: Tues, Feb 26th/19

Time: 5pm dinner and presentation will begin shortly after

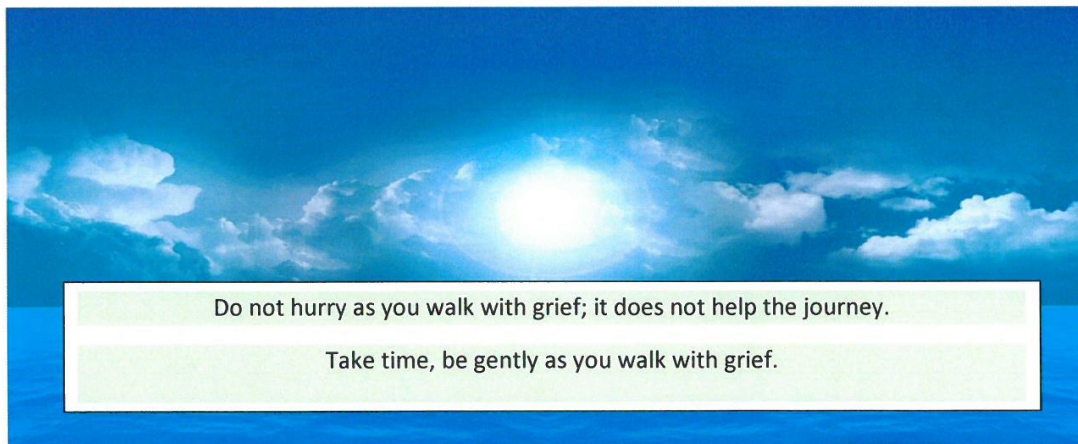
Where: Lake Helen Resource Centre

This is open for everyone to attend!

**\*This presentation is for individuals 16 years and older**

Any questions please contact Candace Tuck at the band office 887-2510 ext. 279

[candace.tuck@rrib.ca](mailto:candace.tuck@rrib.ca)



**RED ROCK  
INDIAN BAND**  
Strength. Tradition. Empowerment.



Anishinabek Family Care





EVERYONE WELCOME!

# **SPIRIT NAMING CEREMONIES**

TRADITIONAL TEACHINGS WITH  
HEALER/ELDER TONY DEPERRY

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**THURS, FEB. 21<sup>ST</sup>/19**

**4PM**

RESOURCE CENTRE

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**This program is part of the NIHB Traditional Healing Services.** For further information or to register please contact: Candace Tuck Mental Health Crisis Coordinator 887-2510 ext. 279 [candace.tuck@rrib.ca](mailto:candace.tuck@rrib.ca)  
Register by calling or upon arrival.

SNACKS AND REFRESHMENTS WILL BE AVAILABLE



## Story sharing and Traditional Medicines with Susan Kwisses

Fri, Feb. 15th  
Doors open 6pm  
Resource Centre

Medicine making begins 6:30pm

Everyone is welcome to join us and learn more about our traditional medicines and share stories.

Ladies please wear your skirts. There will also be extra skirts to wear if you don't have one. Snacks will be available. May call the band office to register beforehand or upon arrival.

This program is part of the NIHB Traditional Healing Services.

For further information or to register please contact:

Candace Tuck

Mental Health Crisis

Coordinator 887-2510 ext. 279 [candace.tuck@rrib.ca](mailto:candace.tuck@rrib.ca)





## POW WOW BINGO

3 x \$500.00 to go

\$25.00 for a 12 to view must purchase

Other cards available

12 to view \$13.00

9 to view \$10.00

6 to view \$7.00

Canteen will be open

When: Sunday February 17, 2019

Where: Lake Helen Resource Centre

Time: Doors 1:30 pm

Early Birds @ 2:30pm

Regular Games @ 3:00pm

Hope to see you and all of your friends there





# **FAMILY DAY**

# **ICE FISHING**



## **FEBRUARY 18<sup>TH</sup>**

## **11 - 3 PM**

Please join us for Family Day at Loftquist Lake for a day of ice fishing! Contact Terri-Lee or Rodney at Red Rock Indian Band if you need a ride to the lake. Families can meet at the Lake at 11 am and fish until 3 pm. **EVERYONE IS WELCOME!** 😊

**PRIZES!**

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**ICE HUTS!**

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**LUNCH!**

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**CAMPFIRE!**

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**HOT CHOCOLATE!**

*\*REMEMBER to  
dress warm for  
the weather.*



**RED ROCK  
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Strength. Tradition. Empowerment.



Come out for some fresh air, exercised and for a fun and fit time

Prizes to be won

**February 28<sup>th</sup>, 2019 @ 5pm RC**

PRIZES!  PRIZES!  PRIZES!





## Sign Up for Tubing By February 28<sup>th</sup>, 2019.



Also, if you need transportation a bus will be provided.  
So, when you sign up make sure you say if your taking  
the bus up to Thunder Bay.

**Any children under the age of 12 should be  
accompanied by an adult!**

**\*\*During the March Break\*\***

\*Sign Up with Lauren Michelle at the Band Office at 807-887-  
2510 ext 229 or leave a voicemail with details\*



## EMPLOYMENT OPPORTUNITY

### Job Posting

The Red Rock Indian Band is now accepting applications for the position of Family Support Worker, who under the direction of Chief and Council, will primarily be responsible for creating, managing, and executing a wide range of both Client and Community-Based Services to both the Community and Members of the Red Rock Indian Band at large such as the Aboriginal Diabetes Initiative. This position will also deal with numerous issues that prevent the cohesion of stable family units such as Lateral Violence, Addiction, and Mental Health Issues.

The Family Support Worker must possess the following:

- Ability to manage and facilitate programming considered an asset.
- Ability to work after normal business hours.
- Must possess strong communication skills
- Must Possess College Diploma in Native Child or Social Work
- Relevant Experience in a related field may substitute for education.

Qualified applicants should apply by submitting a Resume and Cover letter to the Red Rock Indian Band Office No Later than 12:00 PM Friday 22 February 2019. For more information or to submit a resume online contact: [jobs@rrib.ca](mailto:jobs@rrib.ca)

The Red Rock Indian Band seeks to fully integrate the principles of Employment Equity and will ensure the full participation and advancement of members of historically disadvantaged groups (i.e., members of visible minorities, persons with disabilities, women, and aboriginal peoples). The Red Rock Indian Band will achieve this by ensuring that its hiring process is fair and equitable for all persons.

The Red Rock Indian Band strives to ensure that its employment practices are free from direct and indirect discrimination and is committed to upholding the human rights of those participating in the hiring process. In pursuit of this commitment,

The Red Rock Indian Band will not condone or tolerate any acts of discrimination or harassment under any of the grounds protected under human rights legislation. This commitment extends to the hiring process and throughout the course of employment.

Since this position is engaged primarily in serving the interests of Aboriginal people, The Red Rock Indian Band shall give preference to Aboriginal people who possess the requisite skill sets and experience.

## Interested in Traditional Healing Services?

### Upcoming Cultural programs for February 2019:

- Fri, Feb. 1st:** Cedar tea teachings with Susan Kwisses. 6-7:30pm Resource Centre. All ages. Everyone welcome!
- Tues, Feb. 12th:** **Parents n' Babes Program-** Traditional teachings/medicine with Marilyn Netemegesic. 10am-12pm Community Hall
- Wed, Feb. 13th:** **Parents n' Babes Program-** Pow-wow teachings with Ron Kanutski. 4pm-6pm Resource Centre
- Thurs, Feb. 14th:** **Parents n' Babes Program-** \*Strawberry ceremony to honour MMIW with Marilyn Netemegesic \*Allergy alert  
1pm-3pm Community Hall
- Fri, Feb. 15th:** Traditional teachings/tea with Susan Kwisses. 6pm-7:30pm Resource Centre. All ages. Everyone Welcome!
- Thurs, Feb. 21st:** Traditional teachings -Spirit Naming with Tony DePerry.  
4pm-6pm Resource Centre. All ages. Everyone Welcomed!
- Fri, Feb 22nd:** **Parents n' Babes Program-** Traditional teachings with Tony DePerry.  
10am-12pm Community Hall
- Tues, Feb. 26<sup>th</sup>:** **Parents n' Babes Program-** Traditional teachings with Ron Kanutski.  
11am-1pm Resource Centre

Traditional healing/counselling program involves a variety of approaches to one's healing path which can include spiritual ceremonies, naming ceremonies, sweat lodge teachings, traditional medicine teachings, prayers, dialogue and more.

Contact Candace Tuck, Mental Health Crisis Coordinator at the Band office 807-887-2510 ext. 279 to connect you and your family with culturally appropriate approaches to meet your mental health counselling needs. Registration is required; may call before event or register upon arrival. Traditional healing programs are covered by Non-Insured Health Benefits (NIHB). The following information is required: full name, DOB, address, and identification # (status).

Come join us on Mon, Jan 28th for lunch (12pm) and/or dinner (5pm) to meet the traditional healers providing this service, to learn more about the program and to provide your thoughts and feedback!

\*Program is subject to change. Check out the weekly newsletter for more information.



# Regional Forestry Employment Study and Human Resources Strategy Project



***Are you interested in working in Forestry?***  
***Need training or support to overcome personal barriers?***

**We need your input!**

**Our partners are looking for more employees - come and learn about the variety of job opportunities in forestry and share your input with us!**

White Lake Limited Partnership and Anishinaabek Employment & Training Services (AETS) are developing a **Forestry Sector Human Resources/Training Strategy** to help match our workforce needs with job opportunities in the forest industry.

**Two ways you can provide your input to this project:**

## **Community Input Session**

**Where:** Lake Helen Rec Centre  
**When:** Thursday, February 28th  
**Time:** 4:00 PM – 7:00 PM

*Open House Event, Drop-In any time between 4-7 PM  
Free meal served at 5:00 PM  
Enter to Win the Door Prize!*

## **Survey:**

<https://www.surveymonkey.com/r/AETSforestrywork>

**You can link to the survey via our community website!**

*Complete the survey and enter to win a \$100 VISA gift card!  
The survey closes at midnight on March 8th, 2019.  
All responses will be kept anonymous.*

For more information, contact the Band Office or email: Jocelyn McWatch (olmp@whitelakep.ca) or Lisa Haessler (lhaessler@gckconsulting.ca)



## **SUPERCOM INDUSTRIES**

### **NOTICE OF CAREER OPPORTUNITY**

#### **President & Chief Executive Officer**

Supercom Industries (GP) Corp. is the general partner for Supercom Industries LP, a partnership of Michipicoten First Nation, Pic Mobert First Nation (Netmizaagamig Nishnaabeg), Biigtigong Nishnaabeg (Pic River First Nation), Pays Plat First Nation, Red Rock Indian Band and Fort William First Nation. Supercom was formed by our First Nations to deliver employment, training and business opportunities related to the \$700+ million East West Tie transmission development ("the Project") that will commence construction later in 2019 across our collective traditional territories and reserve lands.

Supercom is currently seeking a President & Chief Executive Officer (CEO) to provide overall strategic leadership and management of our organization including oversight and support of a diverse team of approximately 20+ staff delivering programs and services in employment & training, business/contracting and environmental monitoring services, among others.

The President/CEO is results driven, accomplished business professional and leader who possesses a high level of broad business and management skills and is effective at generating outcomes and results for the organization. The President/CEO is the steward of the Supercom brand and understands his/her role in growing and protecting the reputation of the company and in particularly, positive relationships and communications with our partner communities and other stakeholders.

#### **PRIMARY RESPONSIBILITIES**

Working closely with the Board of Directors to deliver leadership and support to the company including:

1. Lead the development and implementation of a strategic implementation plan to support the company's mandate with respect to the Project in a manner that maximizes revenue and profitability within the social context and objectives of our partner communities.
2. Develop and maintain consistent and regular reporting on company key performance indicators.

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PAYS PLAT FIRST NATION\*PIC MOBERT FIRST NATION\*RED ROCK INDIAN BAND**





3. Maintains accountability for the operational and fiscal integrity of the organization within policies set by the Board of Directors.
4. Works closely with the Chief Financial Officer/Manager of Finance to plan and manage organizational spending, monitor budget compliance, provide timely financial reporting and mitigate financial risks.
5. Plan, develop, and implement strategies for generating supplemental resources and/or revenues for the company.
6. Oversee and support company operations and personnel to ensure production, efficiency, quality service, and cost-effective management of resources within a positive and safe working environment.
7. Directly supervises senior leadership positions and establishes individual goals.
8. Evaluate performance of staff for compliance with established policies and objectives of the company and contributions in attaining objectives.
9. Develop and ensure thorough implementation and ongoing monitoring of company operational procedures, policies, and standards.
10. Develop and deliver monthly board packages that include activity reports and financial statements to determine progress and status in attaining objectives and revise objectives and plans in accordance with current conditions.
11. Build and maintain positive and productive relationships and communications with our partner communities and their citizens and other stakeholders.

Applicants must have the following qualifications:

**Qualifications and Experience:**

- Post-secondary education in business, management, public administration or finance/accounting and/or an equivalent of education and experience, optimally in a construction-related environment;
- At least 5 years of related senior management experience;
- Ability to multi-task and handle a variety of constantly changing demands and pressures while continuing to advance on the strategic direction of the organization and our communities;
- Excellent computer skills including working knowledge of accounting and MS Office programs;
- Superior communication skills, both written and oral;
- Effective and proven project and program planning and management capabilities;
- Effective and proven negotiation skills;
- Exceptional public relations and conflict management skills;
- Valid drivers license and access to a reliable, personal vehicle;

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- Provide a current credit bureau report, CPIC and drug test, the results of which are satisfactory to the employer, in its sole discretion.

This is a full-time, contract position with an initial duration of 24-36 months that will be based in Thunder Bay, Ontario and will demand a very high level of commitment. We are seeking a highly motivated and capable individual whose aspirations and accomplishments demonstrate a passion and unfettered commitment to achieving excellence in the management and growth of profitable community-based enterprise.

Indigenous persons, especially qualified members of our partner First Nations are strongly encouraged to apply.

For the right candidate, we are offering a competitive compensation package including a competitive salary commensurate with your qualifications.

Further information on our organization can be found at [www.supercomindustries.com](http://www.supercomindustries.com)

Deadline for applications is 4:00 p.m., Friday March 1, 2019.

**For further information, and to submit your application, please contact:**

**Marlene Sabourin, Chief Financial Officer  
Supercom Industries Corp.**

**Email: [marlene.sabourin@supercomindustries.com](mailto:marlene.sabourin@supercomindustries.com)**

**Tel: (807) 632-7797**

Applications must include a current resume and a comprehensive cover letter which clearly explains how your qualifications meet the requirements of the position. In addition, at least 5 work-related references must be provided.

Applications should be clearly marked: Competition/President & CEO

Incomplete or late applications will not be accepted.

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