

### LAKE HELEN NEWSLETTER JANUARY 24, 2019

### **GENERAL BAND MEETING Next General Band meeting - February 6, 2019**

#### MOTION FROM DECEMBER 19, 2018 GENERAL BAND MEETING

Motion by Edward Wawia to give Chief & Council a raise to \$1000/wk/Councillor and \$1250/wk/for Chief with a 5% increase per yr for the next fives years. Effective February 6, 2019 Changes must be noted in the Chief & Council Policy, as per section 1.6.1 of the Policy and Guidelines for Chief and Council

This motion will be voted on at the February 6, 2019 General Band Meeting.

#### CHICK CLIQUE Girl Empowerment

A Space where girls can honour their own individuality

- Feminine & Personal Hygiene products
- Crafts or Guest Speakers Occasionally

LEARNING TO SEW – BASICS OF THE SEWING MACHINE.

JANUARY 31, 2018 4 PM RESOURCE CENTRE

### CATERER NEEDED

Date: February 12<sup>th</sup> & 13<sup>th</sup> for 8 people. All beverages and utensils to be provided. **Please submit by Feb 1, 2019 at Noon.** 

Please submit bids to Priscilla Atkinson at the band office.

#### ANNUNITIES UPDATE

The Annuities update from our Lawyer Harley Schachter dated December 28, 2018 is now available. Please request a copy from the front desk at the band office or contact Ivy and she will email you a copy.

#### ANNUITY UPDATE INFORMATION SESSIONS

Chief and Council will be hosting two (2) information session in February to provide an update on the Annuities Claim. Harley Schachter will be present to give an update and answer questions. All Band Members are encouraged to attend.

#### **ANNUITY UPDATE MEETING – LAKE HELEN**

Thursday, February 7<sup>th</sup>, 2019 At the Resource Centre Dinner @ 5pm Presentation to follow

#### ANNUITY UPDATE MEETING – THUNDER BAY

Open to all Red Rock Indian Band and Whitesand FN members Saturday, February 9<sup>th</sup>, 2019 Location TBD Lunch @ 12pm Presentation to follow

NOTE: IF YOU REQUIRE TRANSPORTATION TO THE THUNDER BAY SESSION PLEASE CONTACT ALYSSA RAY, COMMUNICATIONS OFFICER AT THE BAND OFFICE 807-887-2510 or e-mail <u>alyssa.ray@rrib.ca</u>

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#### **CALL FOR CATERING BIDS**

Caterer needed for February 7<sup>th</sup> Annuity Update Meeting Dinner for approx. 40 people including beverages, dessert, set up, and clean up.

Please submit bids to Alyssa Ray by 12pm (Noon) February 1<sup>st</sup>, 2019

#### **NATIVE LANGUAGE – TUESDAYS**

Next one: January 29<sup>th</sup> Band Office Boardroom 6:05pm

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#### NARCOTICS ANONYMOUS

#### Every Wednesday at the Community Hall 2 pm to 4 pm

For more information call Rodnie at the band office.

#### **ATTENTION ICE FISHERMAN**

WE HAVE BEEN INVOLVED IN FISH MOINITORING IN LAKE HELEN AND TRIBUTARIES.

If you come across tags on the fish could you please record or bring TAG to the Lands/Environment office.

Thank you, Tom Borg, Environmental Monitor

#### **OW/ODSP**

OW/ODSP cheque pickup is on Friday February 1st, 2019

William Legarde Ontario Works Administrator

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#### HOME BINGO WINNER

The weekly home bingo winner for week #17 is: Barbara Ruth in 60 numbers winning \$200.00

Thank you for your continuing support Red Rock Indian Band Youth Travel Group Cards will be available tomorrow for week #18.



Mini Stick League Schedule Friday Nov 23 @ 10am Wednesday Dec 5 @ 4pm Wednesday Jan 9 @ 4pm Wednesday Jan 23 @ 4pm Wednesday Feb 6@ 4pm Wednesday Feb 20 @ 4pm

### \*\*FINAL TOURNEY - MARCH 17 @ 10am\*\*

Nipigon Multi-Purpose Room @ Nipigon Arena

#### **SKATING RINK**

The skating rink at Lake Helen is now ready for use.

Lights are on from 6 pm to 10 pm

### **BANNOCK BURGERS**

The Youth Travel Group will be selling Bannock Burgers for \$5.00 at the Pow Wow bingo on Sunday, January 27<sup>th</sup>.

All other snack items will be available at the canteen.

Early birds start at 2:30 regular games at 3pm. Doors open at 1:30pm. Come on out for an afternoon of fun and support the Pow Wow and Youth Travel Group.

### Historical Research Assistant – One Year Contract

#### **Reports To**

Chief and Council

#### Job Summary

The Historical Research Assistant, under the direction of the Chief and Council, will primarily be responsible for collecting and cataloging all documents regarding the history of the Red Rock Indian Band. This position will also be responsible for providing relevant information to an outside consultant researching the history of the Red Rock Indian Band in preparation for the negotiation process surrounding the Annuity Case. This role will also accurately file and retrieve technical documentation in an alphanumeric system.

#### Job Duties

- Review and Organize existing Archival information relating to the Culture and History of the Red Rock Indian Band.
- Conduct research on the history of the Red Rock Indian Band following the guidance provided by an outside consultant.
- Review and Copy items on display at local museums that add to the history of the Red Rock Indian Band.
- Assist in the preparation of relevant content for publication or presentation that is concise and easy to understand
- Schedule interviews with Community Elders to document and strengthen the historical knowledge of the Red Rock Indian Band.
- Verify source data, facts, and statistics using applicable referencing standards
- Label, Digitally Archive, and Store Archival Data in a Central Location
- Manage archives and cataloguing systems to ensure appropriate storage and disposal

#### Job Requirements

- Ability to effectively communicate both verbally and in writing
- Ability to work individually as well as part of a team
- Advanced writing skills, including proper spelling, grammar, and punctuation
- Demonstrated time management skills
- General understanding of computerized cataloging systems
- High flexibility with strong interpersonal skills that allow one to work effectively in a diverse environment
- High level of integrity and work ethic
- Strong writing, editing, and proofreading skills
- Ability to absorb new ideas and concepts quickly and to ensure they are clearly communicated to an audience

#### Work Conditions

- Interaction with Band Members, Key Stakeholders, Strategic Partners and the Public at Large.
- Operation of desktop computer and peripherals
- Attendance and participation in training
- Occasional Travel
- Flexible Hours

#### Job Posting

Red Rock Indian Band is looking to fill the position of Historical Research Assistant, who, under the direction of the Chief and Council, will primarily be responsible to review and organize existing Archival information relating to the Culture and History of the Red Rock Indian Band. This position will conduct research on the history of the Red Rock Indian Band following the guidance provided by an outside consultant. This role will also Review and Copy items on display at local museums that add to the history of the Red Rock Indian Band.. The Historical Research Assistant must possess the following:

- Ability to effectively communicate both verbally and in writing
- Ability to work individually as well as part of a team
- Advanced writing skills, including proper spelling, grammar, and punctuation

Red Rock Indian Band offers competitive compensation and career advancement opportunities.

Qualified applicants should contact: jobs@rrib.ca on or before 12:00 PM on 1 February 2019.

Since this position is engaged primarily in serving the interests of Aboriginal people, The Red Rock Indian Band shall give preference to Aboriginal people who possess the requisite skill sets and experience.

### Community Asset Manager – Job Description

#### Title

Community Asset Manager

#### Reports to

Chief and Council

#### Summary

The Community Asset Manager directs operations of public works, housing, and community buildings. The Community Asset Manager coordinates the planning of construction projects located ensuring they are timely and up to standard. He/she will supervise the maintenance of all Community Assets including Houses, Office Buildings, Resource Centre, and Community Hall. This includes managing any services -- renovations, RRAP Applications, and housing inspections.

#### Job Duties

- Coordinate construction efforts to ensure building of houses is timely and up to standards.
- Plan long range schedule of major repairs on units, such as reroofing or painting exterior of dwellings.
- Study housing demands, occupancy and turnover rates, and accommodation requirements of applicants to recommend policy and physical requirement changes.
- Promote harmonious relations among housing project personnel, and persons of the community.
- Analyze and administer annual operating budgets for the various projects.
- Prepare conceptual program designs.
- Develop and implement strategies for private developer and non-profit organization participation in affordable housing programs.
- Coordinate proposals with federal agencies for plan approval or funding assistance.
- Write Requests for Proposals (RFPs), progress and informational reports.
- Prepare and conduct proposer orientation meetings, and make presentations to Chief and Council
- Serve as the department's point of contact and public relations person for all housing programs.
- Demonstrate continuous effort to improve operations, decrease turnaround times, streamline work processes, and work cooperatively and jointly to provide quality seamless customer service.
- Responsible for program development, monitoring, and control systems.
- Perform a broad range of supervisory responsibilities over others.
- Communicate orally with customers, clients or the public in face-to-face one-to-one settings, using a telephone, or in group settings.
- Comprehend and make inferences from written materials.
- Meet all annual reporting requirements and complete annual reports for AANDC.
- Form Committee comprised of membership to update and create a housing policy with input from the community.
- Manage the performance of Public Work Personnel

- Prepare weekly work plans for Public Work Department Personnel to ensure key task are completed.
- Ensure all outstanding deficiencies listed on the Asset Conditioning Report are brought up the established standard.
- Monitor Road Conditions on reserve and dispatch Winter Maintenance Team according to the standards established by Chief and Council
- Develop and Assign Work Orders to the Asset Maintenance team to ensure minor repairs are addressed quickly.

#### Requirements

- Previous Experience in Public Works Considered an asset.
- Knowledge of Construction Techniques and Standards considered an asset
- Knowledgeable about low income housing programs and associated funding sources
- Strong public speaking techniques.
- Produce written documents with clearly organized thoughts using proper sentence construction, punctuation and grammar.
- Enter data or information into a terminal, PC, or other keyboard device.
- Experience working with a variety of standard office equipment requiring continuous or repetitive arm-hand movements.
- Work cooperatively with other employees, private developers, consultants, Council, and the public.
- Strong Leadership and Management Skills Required
- Possess valid G driver's license.
- Able to quickly analyze issues and determine best course of action using available resources.
- Sound judgment to escalate issues to Chief and Council when necessary.
- Excellent written, oral, and telephone communication skills.
- Knowledge of computer workstation setup.
- Exceptional multi-tasking abilities and prioritization skills.
- Ability To operate Heavy Machinery Considered an Asset.

#### Work Conditions

- May require the use of personal or Red Rock Indian Band vehicles on company business.
- Individuals must be physically capable of operating the vehicles safely, possess a valid driver's license and have an acceptable driving record.
- Some travel may be required.
- Manual dexterity required to use desktop computer and peripherals.
- Ability to physically inspect equipment.
- Able to lift at least 50 lbs.
- Ability to Work Flexible Hours
- Overtime may be required to meet deadlines.

This job posting will close on 1 February, 2019 at 12:00 PM For More Information or to Submit a Resume: jobs@rrib.ca



Indigenous Education Advisory Committee

JOIN US FOR THE

## Meeting



Friday, January 25, 2019 10 a.m. to 2 p.m. at Red Rock Indian Band Office 2 Gas Road, Lake Helen, Ontario

### All meetings are open to the public and we encourage community members to attend!

#### What is the Indigenous Education Advisory Committee (IEAC)?

IEAC advises Superior North Catholic District School Board (SNCDSB) on all matters concerning Indigenous Education, with the goals of:

- Increasing ALL student and staff awareness, knowledge and understanding of Indigenous culture, history, contributions and perspectives.
- Building and strengthening meaningful partnerships between SNCDSB and our Indigenous communities and organizations.
- Improving academic outcomes and wellbeing for SNCDSB Indigenous students.
- Educating and promoting Indigenous Self-Identification.



### POW WOW BINGO

### 3 x \$500.00 to go

\$25.00 for a 12 to view must purchase

Other cards available

12 to view \$13.00

9 to view \$10.00

6 to view \$7.00

Canteen will be open

When: January 27, 2019

Where: Lake Helen Resource Centre

Time: Doors 1:30 pm Early Birds @ 2:30pm Regular Games @ 3:00pm Hope to see you and all your friends there. Non-Insured Health Benefits (NIHB) Mental Health Counselling by Traditional Healer Services Discussion and Introductions

### Mon, Jan 28th/19

Lunch n' Learn 12-1pm and Dinner at 5pm

**Resource Centre** 

You're invited to both the lunch n' learn and dinner to meet our Traditional Healer's who will be providing mental health counselling services. We will be discussing this program and how it may help your mental health counselling needs using traditional approaches and more. We ask that you sign-in for each event. We will be smudging at 5pm if you wish to participate. You may contact myself at the band office should you have any concerns, comments or questions. Miigwetch.

### Candace Tuck

Mental Health Crisis Coordinator

887-2510 ext. 279 candace.tuck@rrib.ca

# Living with Cancer Support Group

Join us for an evening of delicious food, inspiration and support as we embrace the stories and herald the courage of members of our Community and surrounding area who are surviving, fighting, and thriving while living with Cancer. This special program is designed to help build the support circles for members of who are currently battling or living with Cancer by allowing them to share their stories in a welcoming atmosphere surrounded by the positive energy by family and a community who love them.

When: Tuesday January 29, 2019

Where: Lake Helen Resource Centre

Time: 5pm

Please call and sign up for the dinner with Tina Wawia @ 887-2510 or 889-0357 by January 25<sup>th</sup> signing up just gives me an idea how much food I will be needing Thanks

\*\* This is open for everyone to attend you do not need to have Cancer to attend you may be somebody's support system that can help them out\*\*

> You have been assigned this mountain to show others it can be moved.



Come out for some fresh air, exercised and for a fun and fit time Prizes to be won January 30<sup>th</sup>, 2019 @ 5pm RC





### **AURORA CANNABIS**

### **INVITES YOU TO A PRESENTATION:**

## "A CLINICIANS GUIDE TO MEDICAL CANNABIS"

### DR. SHELLEY TURNER

# Family Physician FIRSTFARMACY MEDICAL THUNDER BAY

Date: Wednesday, January 30, 2019

- Place: Lake Helen Resource Centre
- Time: 12:00 pm 1:00 pm

A light lunch will be served. Please contact the band office to reserve a spot.

Clifford Klump CanniMed Therapeutics (A Division of Aurora) 204 805-5655

For more information please contact Byron at the band office or cell number 889-1397

#### CHALET LODGE TRADITIONAL KNOWLEDGE PROJECT

#### **Attention Youth**

Would you be interested in participating in a Traditional Knowledge Collection project?

With the assistance received from Ontario Arts Council, The Red Rock Indian Band is taking on a traditional knowledge collection project.

We are seeking 2 interested Youth between the age 12 - 25 to take part in the collection and documentation of cultural knowledge, stories, and history of our area to be displayed at the Chalet Lodge as interpretive panels.

We want to preserve our traditional knowledge and history and be able to share it with generations to come. Youth will be interviewing our Elders and knowledge keepers that agree to participate in the project. They will also take part in researching activities, photography, and designing the panels.

Topics may include: History of the Chalet Lodge; traditional medicines that grow in this area; the 7 Grandfather teachings; old pictures of the area; etc. Youth will receive remuneration for their participation in this culturally important project.

#### Project will start in January 2019.

Please contact Jessica Robert by phone @ (807) 887-2510 ext. 241 for more information or to leave your interest by email @ jessica.robert@rrib.ca.

*"Keeping our traditions alive and fostering Elder-Youth engagement"* 

| Interested in Traditional Healing Services?          |  |
|--|--|
| <b>Upcoming Cultural programs for February 2019:</b> |  |
| Fri, Feb. 1st:                                       | Cedar tea teachings with Susan Kwisses. 6-7:30pm Resource Centre. All ages. Everyone welcome!  |
| Tues, Feb. 12th:                                     | <b>Parents n' Babes Program</b> - Traditional teachings/medicine with Marilyn Netemegesic. 10am-12pm Community Hall                        |
| Wed, Feb. 13th:                                      | <b>Parents n' Babes Program</b> - Pow-wow teachings with Ron Kanutski. 4pm-6pm Resource Centre   |
| Thurs, Feb. 14th:                                    | <b>Parents n' Babes Program</b> - *Strawberry ceremony to honour MMIW with<br>Marilyn Netemegesic *Allergy alert<br>1pm-3pm Community Hall |
| Fri, Feb. 15th:                                      | Traditional teachings/tea with Susan Kwisses. 6pm-7:30pm Resource<br>Centre. All ages. Everyone Welcome!                                   |
| Thurs, Feb. 21st:                                    | Traditional teachings -Spirit Naming with Tony DePerry.<br>4pm-6pm Resource Centre. All ages. Everyone Welcomed!                           |
| Fri, Feb 22nd:                                       | <b>Parents n' Babes Program</b> - Traditional teachings with Tony DePerry. 10am-12pm Community Hall  |
| Tues, Feb. 26 <sup>th</sup> :                        | <b>Parents n' Babes Program</b> - Traditional teachings with Ron Kanutski.<br>11am-1pm Resource Centre                                     |

Traditional healing/counselling program involves a variety of approaches to one's healing path which can include spiritual ceremonies, naming ceremonies, sweat lodge teachings, traditional medicine teachings, prayers, dialogue and more.

Contact Candace Tuck, Mental Health Crisis Coordinator at the Band office 807-887-2510 ext. 279 to connect you and your family with culturally appropriate approaches to meet your mental health counselling needs. Registration is required; may call before event or register upon arrival. Traditional healing programs are covered by Non-Insured Health Benefits (NIHB). The following information is required: full name, DOB, address, and identification # (status).

Come join us on Mon, Jan 28th for lunch (12pm) and/or dinner (5pm) to meet the traditional healers providing this service, to learn more about the program and to provide your thoughts and feedback!

\*Program is subject to change. Check out the weekly newsletter for more information.

### Carpentry Lead Hand

#### **Reports To**

Community Asset Manager

#### Job Summary

The Carpentry Lead Hand, under the direction of the Community Asset Manager, will primarily be responsible for completing small scale construction projects in assets owned by the Red Rock Indian Band. This position will be responsible for ensuring all work orders are completed in a timely manner and provide direct oversight to any additional staff brought in to assist in the completion of construction projects. The Carpentry Lead Hand will also be responsible for the oversight of multiple simultaneous construction projects during the peak construction season.

#### **Competencies**

- Attention to Detail
- Commitment to Health and Safety
- Cooperation
- Economical
- Ownership
- Problem Solving
- Teamwork
- Time Management

#### Job Duties

- Perform demolition work and salvage useful materials
- Grind, scrape, sand, or polish surfaces using abrasive tools or machines
- Adhere to established safe working procedures and wear the proper safety equipment at all times
- Ensure high standards of workmanship and efficiency
- Adhere to company policies and standards for cost control, waste reduction, quality, safety, and complete and on-time delivery
- Ensure compliance with licensing laws, health and safety, and other statutory requirements
- Ensure accurate and timely project close date; help supervisors to adjust working schedules to ensure deadlines are met
- Aid in residential construction sites to ensure compliance with design, project specifications, regulations, and safety codes
- Inform supervisor of the need to order materials as required
- Assist in the resolution of design issues, change requests, material defects, and equipment problems
- Assist with jobsite administration duties, such as timesheet completion, and any daily logs that need to be maintained
- Perform daily maintenance and safety checks on all equipment and tools
- Maintain inspection records and complete inspection reports
- Bolt, screw, clip, weld, solder, or otherwise fasten parts and components together using hand and power tools and equipment
- Erect and disassemble scaffolding, shoring, braces, traffic barricades, ramps, and other temporary structures
- Cut, drill, sand, or plane materials for snug fit
- Dig ditches or trenches, backfill excavations, and compact and level earth to grade specifications, using appropriate tools
- Load, unload, and identify building materials, machinery, and tools, and distribute them to the appropriate locations, according to project plans and supervisors specifications
- Lubricate, clean, maintain, and repair machinery, equipment, and tools
- Maintain a clean working area free from dirt and debris between tasks and at end of day
- Perform various forms of labour to assist in the successful completion of construction projects from start to finish

#### Job Requirements

- High school diploma, GED, or equivalent
- Certified Carpentry experience highly valued.
- Knowledge of appropriate materials, methods, and tools required in various construction processes
- Knowledge of construction equipment safety

- Ability to effectively communicate both verbally and in writing
- Ability to read blueprints, schematics, field drawings, and plans
- Ability to respond quickly in a dynamic and changing environment
- Ability to lift heavy objects, walk, and stand for long periods of time
- Ability to perform strenuous physical labour
- Ability to stand for extended periods of time
- Ability to work in a hot and humid environment
- Ability to work individually as well as part of a team

#### **Work Conditions**

- Exposure to hazards associated with the industry/trade
- Extended periods of standing, and other physically demanding conditions
- Hazards associated with conducting work outdoors
- High noise levels
- Lifting, moving, or manipulating objects up to 70 kilograms
- Occasional travel
- Operation and use of necessary tools, machinery, or equipment
- Regular exposure to conditions including heat, humidity, and dust
- Repetitive work
- Use of required personal protective equipment

Since this position is engaged primarily in serving the interests of Aboriginal people, The Red Rock Indian Band shall give preference to Aboriginal people who possess the requisite skill sets and experience.

# Kinna-aweya Legal Clinic INTAKE & ASSISTANCE

### Monday, February 4, 2019 RED ROCK INDIAN BAND OFFICE 9:30 a.m. to 4:00 p.m.

Do you need help getting a birth certificate? Have you been suspended or denied Ontario Works/ODSP? Are you losing money because of an overpayment? Are you going through an ODSP medical review? Have you been denied/not receiving government benefits that you are entitled to? Do you help with a Criminal Injuries Compensation Claim? Do you need assistance with EI, ODSP, OW, CPP, GIS, or OAS? Are you facing eviction? Do you need a notary?

If you are facing any of the above or need general legal advice, please attend!

(Please note: We do NOT provide criminal, property or family law services)

Toll free 1-888-373-3309

### **PLUG INTO NATURE**

Anishinabek Nation Family Cultural Retreat

February 15 – 19, 2019

Northern Edge Algonquin, South River, ON

Family Sponsorship Includes: Mileage, Meals and Accommodations for families with children ages 10 – 17 years.

Youth 18 – 25 Years Sponsorship includes:

Mileage, meals and accommodation provided.

Activities include: snowshoeing, kicksledding, cultural crafts, Bear Feast, fire teachings, entertainment, skating, winter sports and indoor family focussed games.

> Space is LIMITED per family. Register early by January 31, 2019

For more information and for the registration package please send an email to: <u>Sara.blackwell@anishinabek.ca</u> or call 705-497-917 ext. 2266