

LAKE HELEN NEWSLETTER DECEMBER 6, 2018

ALL PROGRAMMING HAS BEEN CANCELLED FOR THE REST OF THIS WEEK AND ALL OF NEXT WEEK. SORRY FOR ANY INCONVENIENCE.

THE CHRISTMAS PARTY ON DECEMBER 8 AT THE NIPIGON LEGION WILL STILL BE HAPPENING

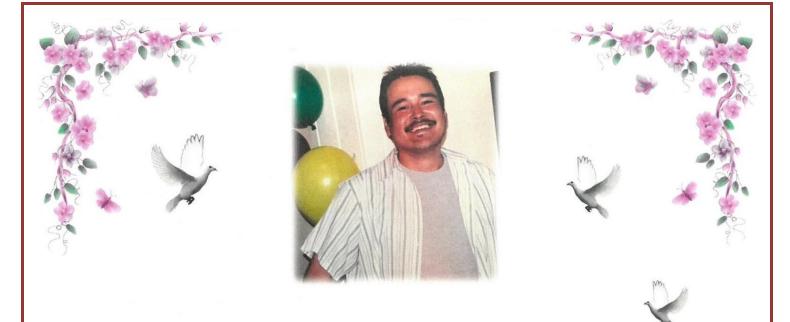
BAND MEETING IS POSTPONED UNTIL DECEMBER 19TH AT 7 PM

Heartfelt Condolences

Chief, Council, Staff and Members of Red Rock Indian Band would like to extend their Deepest Sympathy to the families of the late:

> Joseph (Joey) Wawia Clayton Wawia Stuart (Zum) Potan

Words alone cannot express how deeply saddened we are to Hear of your loss.



Joseph (Joey) Conrad Wawia

It is with sorrow the family would like to announce the passing of our beloved son, brother and uncle, Joseph (Joey) Wawia on Monday, December 3rd in Sudbury at the age of 37.

Beloved son of Nancy J Wawia and Dennis T Wawia (pre-deceased). Loving brother to Nancy (Mike), Ted (Marie), Sophia (Derrick pre-deceased) and Dennis (Jenn).

Much loved uncle and storyteller to Dalton, Zack, Kristian, Dennis James, Robert, Sam, Santana, Braeden, Wesley and Sage.

Because every family is unique - just like Joey, he will also be greatly missed by his mom Debbie (Wawia) Lyons and his brothers Christopher, Cody and Jonathan.

The family will receive family and friends on Saturday, December 8th from 2:00 P.M. - 5:00 P.M. at the Jackson and Barnard Funeral Home, 233 Larch Street in Sudbury.

In lieu of flowers donations to the Reseau ACCESS Network (ACCESS AIDS) in Joey's name would be appreciated by the family.

We will be bringing him home to rest with his dad sometime this summer.

MEDICAL VAN BOOKINGS

If you have any upcoming appointments and the Medical Van, please book before December 21. Office will be closed December 22 – January 7.

Florence Thompson Health Data Clerk

DILICO PRIMARY CARE TRAVELLING TEAM

The Primary Care Travelling Team provides culturally appropriate primary care through an interdisciplinary team of Nurse Practitioners and allied healthcare professionals who coordinate quality care for First Nations Members.

Red Rock Indian Band Primary Care Clinic Day:

Monday, December 17, 2018

RESOURCE CENTRE

To make an appointment contact Aimee Richardson, 807-887-2510 Or the PCTT Administrative Assistant (Jaimie) at 855-623-8511 ext: 5249

COMMUNITY HEALTH NURSE

Aimee Richardson

Will be in office: December 6, 2018 December 11, 2018 December 12, 2018 December 13, 2018 December 18, 2018 December 19, 2018 December 20, 2018





Sunday, December 23, 2018

Please join us on <u>Sunday December 23, 2018</u> at <u>7 pm</u> for the Memorial Tree Lighting.

We will be placing the Memorial Xmas Balls on the tree again this year.

If anyone wishes, you may come and place a ball in memory of a loved one. Everyone is welcome to attend and place an ornament/ball if you wish.

Hot Chocolate and Snacks will be available.

For more information on any of these events please contact Jolene at the Band Office

POW WOW BINGO

When: Thursday December 6, 2018 Where: Lake Helen Resource Centre Time: Doors Open 5:30pm

BINGO HAS BEEN CANCELLED!!

CANCELLED!!! CANCELLED!!!

CHICK CLIQUE

GIRL EMPOWERMENT!

- A Space where girls can honour their own individuality
 - Feminine & Personal Hygiene Products
 - Crafts for Guest Speakers Occasionally

COOKIE BAKING NITE

DECEMBER 11, 2018

4 PM – RESOURCE CENTRE

OW/ODSP January Cheques

OW clients please have all your paper work handed in by

14-Dec-2018. OW/ODSP cheque pickup is on 19-Dec-2018.

January cheques can be cashed on 28-December 2018.

William Legarde Ontario Works Administrator

STATUS CARDS

Notice: Status cards will not be available On December 11, 12 and 13 as both Marjorie and Sharon will be in training.

CANCELLED!!! CANCELLED!!!

KIDS MYSTERY PRIZE BINGO IS CANCELLED!



<u>Kids Mystery Prize Bingo</u> Friday December 7, 2018 Resource Centre 6 pm





Adult Meat Bingo

Tuesday December 11, 2018 7pm Resource Centre

CANCELLED!!! CANCELLED!!!

PARENTS & BABES CHRISTMAS PARTY

Ages 0-6

When: December 10, 2018

Where: Lake Helen Resource Centre

Time: 4:00 pm

Living with Cancer Support Group

Join us for an evening of delicious food, inspiration and support as we embrace the stories and herald the courage of members of our Community and surrounding area who are surviving, fighting, and thriving while living with Cancer. This special program is designed to help build the support circles for members of who are currently battling or living with Cancer by allowing them to share their stories in a welcoming atmosphere surrounded by the positive energy by family and a community who love them.

When: Monday December 17, 2018

Where: Lake Helen Resource Centre

Time: 5pm

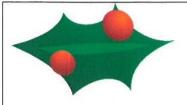
Please call and sign up for the dinner with Tina Wawia @ 887-2510 or 889-0357 by December 14th signing up just gives me an idea how much food I will be needing Thanks ** This is open for everyone to attend you do not need to have Cancer to attend you may be somebody's support system that can help them out**

> You have been assigned this mountain to show others it can be moved.



COMMUNICABLE DISEASES/INFLUENZA/PANDEMIC POSTER CONTEST **Open to Red Rock Indian Band and Lake Helen Community High School students** 1st Place - \$100.00 2nd Place - \$75.00 3rd Place - \$50.00 Winners will be announced at the Red Rock Indian Band Community Christmas party on Saturday, December 8, 2018 at the Royal Canadian Legion. The theme for this contest is: Preventing the Spread of Communicable Diseases. Vaccinations, hand hygiene, cough etiquette, personal protective equipment, etc. could be the topic of your poster or any combination. Posters are to be on 8" x 11" paper. Entries are due December 6th at 4:00 pm. For more information please contact Marjorie Robert – Emergency **Preparedness Coordinator** At the band office 887-2510 ext. 234 or email at Marjorie.Robert@rrib.ca





Christmas Cash Raffle

1ST PRIZE - \$1000 2ND PRIZE - \$250 3RD PRIZE – GIFT BASKET

DRAW TO TAKE PLACE ON DECEMBER 14 AT THE LAKE HELEN RESOURCE CENTRE.

TICKETS ARE \$5 EACH ONLY 500 TICKETS PRINTED LIC: RRB-R-0083-18

PROCEEDS TO THE RRIB YOUTH TRAVEL GROUP

You may call the band office 807-887-2510 and speak to Ivy Wawia, Jessica Robert or Marjorie Robert about where to purchase raffle tickets.

GOOD LUCK AND THANKS FOR YOUR SUPPORT!





LOONIE AUCTION







WHEN: SATURDAY, DEC. 15TH/18 WHERE: NIPIGON CURLING CLUB DOORS OPEN AT 6:00PM AUCTION STARTS AT 7PM BRING YOUR LOONIES! BAR WILL BE OPEN



ON BEHALF OF THE RRIB YOUTH TRAVEL GROUP, WE THANK YOU FOR YOUR SUPPORT

"PROMOTING GOOD EDUCATION HABITS AND STRENGTHENING PERSONAL DEVELOPMENT THROUGH TRAVEL"

A Dialogue of the Ojibwe Origins – Dedication Lectures on Culture, Traditions, Spirituality and Legends by Susan Kwisses

You will learn:

- 1. Human Beginning Story
- 2. The Soul Flame
- 3. The Human Birth Ceremony
- 4. Legend of Turtle Island
- 5. Legend of the Thunder Bird
- 6. Seven Grandfather Teachings
- 7. Prayers in Ojibwe
- 8. Medicine Wheel Creation
- 9. Four Sacred Medicines
- 10. Ceremonies

And many more.

All ages welcome. Children should be accompanied by an Adult, Please.

Sundays 12:30 p.m. to 2:30 p.m. Resource Centre Lake Helen – It is essential to be on time.

This will be held for a 6-week period with possibility of longer depending on the turn out.

I am devoting my time to you for these important teachings.

Miigwech!

Put these dates on your fridge!

December 9 - January 13 & 20th - February 3, 10 & 24 - Mar 3, & 24th



RRIB Community Christmas Party

Saturday December 8, 2018

Nipigon Legion 1:30pm – 3:00pm

Santa will be arriving to give out presents at 1:30pm and Dinner will follow immediately afterwards.

Presents will be handed out to the Community and RRIB Members that had signed up.

If you cannot make the dinner, an immediate family member can pick the gift up for the absent child/children during the Christmas Party

We will not be holding any gifts afterwards.



Pow Wow Christmas Bingo 3 xs \$500.00 jackpots to go Entry \$25.00 for a 9 to view (must purchase) Regular books 12up \$13 - 9 up \$10 - 6 up \$7 Specials

Christmas draws

When: Sunday December 16, 2018

Time: 2pm

Place: Lake Helen Resource Centre

This will be our last bingo for the year we will be back after the holidays

Canteen will be open

Thanks for all your support hope to see you and all your friends there





NORTHERN ONTARIO PROVINCIAL

CURLING CHAMPIONSHIPS

January 30-February 3, 2019

Volunteers Needed

Positions available: Door, timers, drivers, 50-50 sales, Computer scorers, Qualified umpires, ...

Contact

Kurt Pristanski, 807-853-0450 Kurtp3@hotmail.com