

## LAKE HELEN NEWSLETTER SEPTEMBER 27, 2018

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### **GENERAL BAND MEETING - OCTOBER 3, 2018**

## Agenda

- 1. Motions
- 2. Questions from Audited Statements
- 3. Chief & Council Honorarium/Honorary Councillor Position
- 4. ATR
- 5. Open Forum

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#### **RRIB YOUTH TRAVEL GROUP**

The RRIB Youth Travel Group are selling Home Bingo. Please drop off winning cards with name, phone number, and winning number on back to Jessica or Marjorie Robert at the band office

### **BEFORE 12 PM ON WEDNESDAYS**

Winners will be announced in the flyer each week. Bingo cards will be available to purchase at Lake Helen Gas & Variety

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#### **WEEK 10 HOME BINGO WINNER**

2 Winners in 62 #s Winning \$106.00 each Kim Robert and Tammy Hill

Congratulations!

There will be no home bingo cards sold this week.

Sales will resume on October 4<sup>th</sup>.

#### ACCESS TO JUSTICE GUIDE

If anyone who would like a copy of the Anishinabek Nation Access to Justice Guide. You can contact me at Red Rock Indian Band at (807) 887-2510 for pick up. Thank You,

Darlene P. Wawia
Restorative Justice Coordinator

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#### **CATERER NEEDED**

Caterer needed for the following days:

Wednesday, October 24th and Thursday, October 25th (one snack and lunch for up to 40 people for both days)

All snacks and meals must be brought in prepared and ready to serve. Please submit bids outlining meal plans and total costs (food, serving, clean up) at the band office to the attention of: Jessica Robert or submit by email to <a href="mailto:iessica.robert@rrib.ca">iessica.robert@rrib.ca</a>

By September 28, at 4 pm

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#### **BOOT CAMP**

Monday, October 1, 2018

Gym At 7 pm

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## TRAPPER or HUNTER SAFETY COURSES

**NOVEMBER 2018** 

If you are interested in either course, please call the band office and leave your name and phone number with Lauren Michelle, BF Coordinator.

#### **HEALING AND BEADING GROUP**

If anyone wants to come out and learn to bead, or if you already know how and need a couple hours of peace and quiet to work on your beading, then please join us <a href="EVERY Monday evening at 6pm in the Band Office Boardroom">EVERY Monday evening at 6pm in the Band Office Boardroom</a>. Supplies are provided as well as a light snack and refreshments.

Next Healing and Beading session will be:

Tuesday October 2 AT 6 pm in Jolene's Office in the band office

Family Well-Being

Jolene Cote

### **OUT OF OFFICE**

Marjorie Robert, Membership Clerk will be away on October 1st. Status cards will be done **BY APPOINTMENT ONLY** on October 2, 3, and 4 because of the Fall harvest happening these days.

Membership clerk Marjorie Robert

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## SCHEDULED POWER OUTAGE

Hydro one power outage October 14th @ 8:00am until 2:00pm

#### **BIRCH BARK BASKET MAKING**

### \*\*\*\*FOR THOSE THAT ALREADY SIGNED UP\*\*\*\*

New date for the birch bark basket making will be held in 2 different sessions with 10 people per session.

SESSION #1 - THURSDAY, NOVEMBER 1, 2018

**SESSION #2 – FRIDAY, NOVEMBER 2, 2018** 

## Both Session will be at 9 am At the Resource Centre

For those signed up please confirm you are available for either of these dates and which session you would like.

Call Jolene 807-887-2510 and leave message if not available.

Please confirm which sessions you would like to be in by **October 26**, **2018 at 4 pm**.

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#### **OUT OF OFFICE**

ON HOLIDAYS
October 1, 2018 – October 5, 2018
Returning to work on
Tuesday October 9, 2018

If you should require my assistance, you can contact me at @ (807) 889-0738.

Thank You

Davlene P. Wawia

Restorative Justice Coordinator



## **POW WOW BINGO**

When: Thursday September 20, 2018 Where: Lake Helen Resource Centre Time: Doors Open 5:30pm

> Early Birds @ 6:30pm Regular Games @ 7:00pm

Super Jackpot 52#s or less \$1000.00 Regular Jackpot 54#s or less \$500.00

## HAUNTED FORT NIGHT

If any Red Rock Band members ages 12-17 are interested in the Haunted Fort Night @ Old Fort William please call 807-887-2510 and leave your name with Lauren Michelle.

Potential date & time: October 27, @9pm. Rides available.

Limited spots – Call before Friday, Sept 28!

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## **Attention Red Rock Youth Membership (Age 17-25)**

The Red Rock Indian Band Chief and Council are looking for a youth member that is interested in travelling to Toronto for an Energy Forum that is being put on by the IESO.

The conference runs from October 22-24 (accommodations, flights, and meals are all paid). The rapid advancement in the energy sector in our area has become evident and we want to start engaging our youth.

If you're interested, please submit your name and why your interested to Chief Matthew Dupuis.

Matthew.Dupuis@RRIB.ca

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#### **FOOD DONATIONS**

Donations of food for the late Jessica Martin may be dropped off at the Resource Centre any time after 10 am on Friday, September 28th.

#### CANCELLED\*\*CANCELLED

Bread making with Tom during the Fall Harvest has been cancelled until further notice.

Tom will be away for work during the week of the Fall Harvest and is unavailable.

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#### RED ROCK INDIAN BAND LANDS AND ENVIRONMENT SUMMIT

#### SAVE THE DATE

October 16-18, 2018
Chalet Lodge
More Detail will be shared soon!!

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#### **CATERER NEEDED**

For Red Rock Indian Band Lands and Environment Summit October 16-18, 2018

## Lunch, Snack and Dinner for 3 days

Set up and clean up included Contact Alyssa at the Band Office for more information or to submit bids. Deadline for bids is Tuesday, October 2, 2018 at 12:00 pm.

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### **NIPIGON BRIDGE CLOSURE**

They are reducing the bridge down to one lane of traffic. Motorists will see delays as traffic will be controlled by traffic control personnel (flaggers).

These single lane closures will be ongoing for a couple of weeks as they prepare to switch traffic over to the south bridge deck.

#### ATTENTION RED ROCK BAND MEMBERS

The Red Rock Indian Band will be hosting a meeting in Thunder Bay on Saturday, November 24, 2018. The meeting is for the consultations for the collaborative process on Indian registration, band membership and First Nation citizenship.

Lunch will be served, and the meeting will begin at 12:30. We are going to have a bus which will leave the Lake Helen resource centre at 10:00 am.

The bus will pick up in Nipigon at the Legion parking lot.

For those Red Rock Indian Band members living in Red Rock or Hurkett and Dorion we need to know if there is an interest to ride the bus. You can call the band office and ask for Marjorie Robert for more information. We need to know this as soon as possible to book the bus.

Thank you
Marjorie Robert – Membership Clerk

## Job Posting – Relief Medical Van Driver (On-Call Casual)

Red Rock Indian Band is looking for a Medical Van Driver to be responsible for the safe delivery of patients to

and from health facilities. The medical van driver will be responsible for completing a mileage driver's sheet for each patient/escort and will submit the mileage sheet at the end of each shift for the month-end report.

Other responsibilities will include communicating with the Medical Secretary and this individual must always ensure patient confidentiality. We will consider previous experience an asset, however training is available.

Qualified applicants should forward a cover letter and resume on or before 28 September 2018

Stephen Price

Human Resources Manager at <a href="mailto:jobs@rrib.ca">jobs@rrib.ca</a>



# RED ROCK INDIAN BAND FALL HARVEST

OCTOBER 1 – 4, 2018

## Monday October 1 - day 1

\*Harvesting/Hunting begins Today\*

9:00 am - Breakfast @ Chalet Lodge

12:00 pm – Pie Making (Blueberry, Apple) @ Chalet Lodge, everyone welcomed.

1:00 pm – Soup/Bannock making for the hunters and community/guests @ chalet Lodge, everyone welcomed

6:00 pm Healing and Beading @ Band Office Boardroom

8:00 pm – Traditional Knowledge Teaching with Sarah Crowell @ Chalet Lodge

## Tuesday October 2 – day 2

\*Harvesting/Hunting continues\*

9:00 am - Breakfast @ Chalet Lodge

1:00 pm – Soup/Bannock making for the hunters and community/guest @ Chalet Lodge.

6:00pm - Ribbon Skirt Making @ Resource Centre

\*\*If you have your own sewing machine, please bring it with you as we only have a couple\*\* No Sign-Up required, everyone welcome.

## Wednesday October 3 – day 3

\*Harvesting/Hunting continues\*

9:00 am - Breakfast @ Chalet Lodge

10:00 am – Deer Hide Smoking presentation (hands on also) @ Chalet Lodge

11:00 am – Beef/Moose Jerky – Learning how to season, slice and soak the jerky in broth with Rose Cote (hands on) – Day 1

1:00 pm – Soup/Bannock making for the hunters and community/guest @ Chalet Lodge.

5:00 pm – Outdoor Activities (Archery, Kids craft) @ Chalet Lodge \*\*Weather Permitting\*\*

7:00 pm – Indigenous Paint Nite (for those signed up ONLY) @ Chalet Lodge.



### Thursday October 4 – day 4

CLEANING AND PACKAGING ALL DAY

9:00 am - Breakfast @ Chalet Lodge

11:00 am – Beef Jerky continued, drying and packaging – Day 2 with Rose Cote

(with enough participants and weather Permitting)

5:00 pm - COMMUNITY POT LUCK @ Chalet Lodge

6:30 pm - PowWow Bingo at Resource Centre

Please come out and join us in celebrating our Fall Harvest this year whether it be participating in hunts, activities at the Chalet Lodge, or just sitting around the fire chatting and sharing stories.

Everyone is welcome.

If you have any wild game or fish to donate, we will be excepting all donations at the Chalet Lodge anytime throughout the day during the fall harvest.

Sunday we will be packaging up any wild game/fish and distributing it to elders in need first and then with the remainder to anyone that would like some.

\*\*We welcome anyone that wants to come out and volunteer their time and skills in cleaning, packaging, cooking for the daily breakfasts and for soup/bannock making.

No hands will be turned away.

Hope to see everyone out.

(Dates, Times, and Events subject to change)



### **GENERAL BAND MEETING**

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Against:	
Abstain:	MOTION DEFEATED
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SIMONE PERSON Please Print Name	Samore Reces
Please Print Name	Signature of Seconder



## GENERAL BAND MEETING

DATE: Sept 5/		
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Jaler on for me year while  She pulls her home		
In Favor Of:  Against:	MOTION PASSED	
Abstain:	MOTION DEFEATED	
Please Print Name  Mong Cormier  Please Print Name	Signature of Mover  Signature of Seconder	



#### THE INDIAN DAY SCHOOLS CLASS ACTION REGISTRATION FORM

Garry Leslie Mclean, Roger Augustine, Angela Elizabeth Simone Sampson, Margaret Anne Swan, and Mariette Lucille Buckshot v Her Majesty The Queen

McLean v Canada is a Class Action lawsuit against the Canadian government for the abuses suffered by students who were forced to attend "Indian Day Schools" across Canada after 1920. This is the first national Class Action seeking compensation for Indian Day School students and their families.

"Indian Day Schools" were schools established, funded, and operated by the federal Department of Indian Affairs. After 1920, Aboriginal students across Canada were forced to attend these schools by law under the *Indian Act*.

Unlike Indian Residential Schools, students did not reside at Indian Day Schools – they went home at night. Only in very limited circumstances (for example, due to inclement weather conditions) would a student sleep at an Indian Day School. Students at Indian Day Schools were subjected to physical, sexual, and psychological abuse.

Those who attended Indian Day Schools were never compensated for the abuses they suffered. They were excluded from the Indian Residential Schools Settlement Agreement.

The Federal Court has certified McLean as a class proceeding and appointed Gowling WLG as Class Counsel.

If you wish to get more information or register for our class action database, please complete this form or feel free to contact our law firm, Gowling WLG, toll free at 1 (844) 539-3815. You may also refer to our website, <a href="http://gowlingwlg.com/dayschool">http://gowlingwlg.com/dayschool</a>, to complete an online Registration Form.

Filling out this form does not create any financial obligation for you and does not make you a client of Gowling WLG (Canada) LLP. Any information that you provide will be kept in strict confidence and will not be shared with any other parties without your consent. If you are a member of the proposed class and potentially entitled to receive any compensation, you will be required to complete an official Claim Form at a later date.

First Name:	
Last Name:	
Maiden Name:	
Male Female	
Date of Birth:	
Email:	
Address:	
City/Town	
Province/State:	
Postal/ZIP Code:	
Country	
Home Phone:	
Cell Phone:	
Fav:	
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What is the best way to contact you? What Indian Day Schools did you attend, and on what dates did you attend them?		
Dates	or Grades Attended	Name of School, Address (if known)
Please	e indicate the nature of the abuse(s)	you experienced while at Day School(s).
<ul> <li>Physical Abuse (hitting, ear pulling, strapping, etc)</li> <li>Severe Physical Abuse (loss of consciousness, impairment, hospital treatment, scars, etc)</li> <li>Sexual Abuse</li> <li>Emotional/Mental Abuse</li> <li>Student on Student Abuse</li> <li>Other (Please specify in following "additional comments" section below)</li> </ul> Any additional comments. Attach additional pages to this form if necessary.		
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Please return the completed form by mail, fax or email as per below:

#### Mail

Gowling WLG (Canada) LLP 160 Elgin Street, Suite 2600 Ottawa, ON K1P 1C3 Attention: Christina Ruest

Fax#: 1-613-563-9869, Attention: Christina Ruest

Email: christina.ruest@gowlingwlg.com

General information is also available at the following websites: Indian Day School Class Action Website: <a href="http://gowlingwlg.com/dayschool">http://gowlingwlg.com/dayschool</a> Representative Plaintiffs' Website: <a href="http://www.indiandayschools.com">http://www.indiandayschools.com</a>

### From the EHO's desk...

## Health & Safety Tips for FALL

#### FIRE SAFFTY!

Fire awareness week is the second week of October...

Test and replace batteries in all Smoke detectors, and Carbon Monoxide detectors



#### **Smoke Detectors**



Replace smoke alarm alkaline batteries at least once a year

## Carbon Monoxide Detectors

Check or replace carbon monoxide batteries twice a year when you change the time on your clocks each Spring and Fall!



#### **Heating Equipment**

- Have your heating system and chimney inspected and cleaned annually by a qualified technician
- Ensure all outside heating vents aren't blocked
- Always have woodstoves, fireplaces and inserts installed by a qualified technician
- Allow ashes to cool before emptying them into a metal container with a tightfitting lid
- Keep the container outside
- Always use a firescreen around the fireplace



## Test alarms to ensure they work every month!

#### Fire Escape Plan:

- Be Safe
- Protect Your Family Have a floorplan of your home.
- Mark two ways out of every room
- Discuss escape routes with every member of your household
- Decide who will be responsible for helping children, seniors, people with disabilities or those who require help
- Pick a meeting place outside, a safe distance away from the home, where everyone will gather
- Have a fire drill. Practice your escape plan at least twice a year

#### Smoking

## Are you aware of how deadly smoking can be?

- Smoking is the #1 cause of fatal home fires
- 1 in 10 smoking fires result in an injury or death
- 1 in 4 home fire fatalities are caused by smoking
- 65% of smoking fires are caused by "improper discarding" of smoking materials

\*stats for Ontario between 2010-2014, provided by the office of the Fire Marshall and Emergency Management

#### From the EHO's desk...

## Health & Safety Tips for FALL

### **HUNTING AND TRAPPING SAFETY!**





#### Safe Field Dressing

#### Things that spoil meat

- > Poor shot/arrow placement
- Improper field-dressing or careless butchering
- > Dragging a dressed carcass or hanging the carcass for too long
- High temperatures during aging

#### Keep it CLEAN

- > Water, mud, soil and leaves carry bacteria
  - Butcher animal in cleanest area possible
  - Keep carcass covered when transporting
- Prevent bacterial-related spoilage:
  - Wash hands, use clean knives and equipment
  - Avoid contact between clothes and carcass
  - Wear disposable gloves

#### Keep it COOL

#### Prevent Bacterial Growth

- Spoilage results from bacterial growth
- Spoilage and disease are affected by TIME & TEMPERATURE
- Field Dress and skin the animal as soon as possible

#### **❖** Keep it SAFE

- Protect meat from intestinal contents
- > Trim contaminated meat
- Cook well
- Label and date the meat packages
- Refrigerate or freeze uneaten portions



References: Diseases you can get from Wildlife - Health Canada

#### **Food Safety**

#### Cook all Meat

Thoroughly cook game meat & fish to recommended temperatures

#### Wash Your Hands

Use soap and water: after handling game & fish, after using the bathroom and before eating or handling food

#### Drink Safe water

Pack it in, OR Boil it first OR use an approved water purifier or filter

#### Bush Bathroom

Bury your wastes away from water Don't touch animal waste



#### **Hunter Safety**

- Wear bright orange thermal clothing
- Be aware of weather changes
- Bring a phone, survival kit, food and water
- Make sure someone knows where you are
- Extinguish all camp fires before moving on



For more information contact your community Environmental Health Officer:

Mark Johnston, CPHI(C) phone: 807-343-5337

email: mark.johnston@canada.ca





## Jessica Rhoda Melissa Martin

Resting at Lake Helen Resource Centre where friends may call after 1pm on Friday, September 28, 2018.



Prayers will be offered at 8:00 pm.



The funeral mass for Jessica will be held on Saturday, September 29, 2018 at 11:00 a.m. at the Church of the Annunciation, Nipigon with Father H. Augustynowicz officiating. Interment will be in St. Sylvester's Church Cemetery.



Chief & Council, Staff and Red Rock Band Members would like to extend their heartfelt condolences to the families of Jessica.

Rest In Peace Jessica

### INVITATION TO PARTICIPATE

## Nipigon East Portion of the Lake Nipigon Forest 2021-2031 Forest Management Plan

The Ontario Ministry of Natural Resources and Forestry (MNRF), Lake Nipigon Forest Management Inc., and the Nipigon East Area Local Citizens' Committee (LCC) invite you to participate in the development of the 2021–2031 Forest Management Plan (FMP) for the Nipigon East portion of the Lake Nipigon Forest.

The Ministry of Natural Resources and Forestry, Northwest Region, Regional Operations Division, has submitted a proposal to divide the existing Lake Nipigon Forest and turn the two sub-units into their own respective Forest Management Units. A final decision on this proposal will be made at a later date following a separate consultation process.

#### The Planning Process

The FMP will take approximately three years to complete. During this time, five formal opportunities for public consultation and First Nation and Métis community involvement and consultation are provided. This first stage notice is to advise you that preparation of the plan has started and to request:

- Your contribution to background information, particularly information relating to values and important ecological features that could be
  affected by forest management activities; and,
- · Your view of the desired forest condition and desired benefits which can be obtained from the forest.

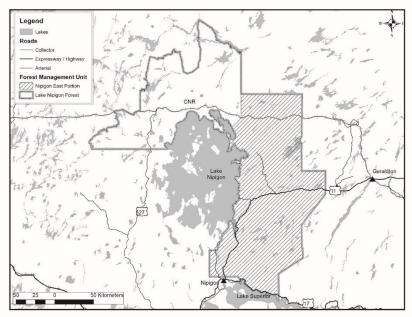
#### How to Get Involved

Please provide any comments or information to the MNRF office listed below or if you wish to meet and discuss your interests and concerns with the planning team, plan author and/or the LCC, please contact the individuals identified below.

Background information and sources of direction that are available for you to view include the following:

- Description of the management responsibilities on the forest and of the forest industry that is supplied from the forest;
- Values maps showing natural resource features, land uses and values;
- Description of the historic forest condition;
- A map of existing roads and their use management strategies;
- Management unit annual reports, audit reports, and provincial reports pertaining to forest management; and,
- Sources of direction for the forest such as past plans, land use plans, any relevant policy direction under the Endangered Species Act, 2007, MNRF's provincial goals, objectives and policies for natural resource management.

The background information and further information about the forest management planning process will be available for the duration of plan preparation.



The general information regarding the FMP process, as well as the information described in this notice, will be available at the Lake Nipigon Forest Management Inc. office and at the MNRF Nipigon District Office, at the locations shown below, by appointment during normal office hours. Meetings with representatives of the planning team and the LCC can be requested at any time during the planning process. Reasonable opportunities to meet planning team members during non-business hours will be provided upon request. If you require more information or wish to discuss your interests and concerns with a planning team member, please contact one of the individuals listed below:

#### Raymond Weldon, R.P.F.

Ministry of Natural Resources and Forestry 5 Wadsworth Drive, P.O. Box 970, Nipigon, ON POT 2J0 tel: 807-887-5058

#### Mona Wiltshire, R.P.F.

Lake Nipigon Forest Management Inc. 2225 Rosslyn Road, Thunder Bay, ON P7K 1G9 tel: 807-285-4004

#### Alan Aubut

Nipigon East Area LCC sibley.basin.group@gmail.com

Anytime during the planning process you may make a written request to seek resolution of issues with the MNRF District Manager or the Regional Director using a process described in the 2017 Forest Management Planning Manual (Part A, Section 2.4.1).

#### Stay Involved

There will be four more formal opportunities for you to be involved. These stages are listed and tentatively scheduled as follows:

Stage Two -Review of the Proposed Long-Term Management DirectionStage Three -Information Centre: Review of Proposed OperationsStage Four -Information Centre: Review of Draft Forest Management PlanStage Five -Inspection of MNRF-Approved Forest Management Plan

August 2019 December 2019 June 2020 December 2020

If you would like to be added to a mailing list to be notified of public involvement opportunities, please contact Andrea Osala-Schaaf at 807-887-5065.

The Ministry of Natural Resources and Forestry is collecting your personal information and comments under the authority of the Crown Forest Sustainability Act. Any personal information you provide (address, name, telephone, etc.) will be protected in accordance with the Freedom of Information and Protection of Privacy Act; however, your comments will become part of the public consultation process and may be shared with the general public. Your personal information may be used by MNRF to send you further information related to this forest management planning exercise. If you have questions about the use of your personal information, please contact Marie Parsons, District Business Coordinator, at 807-887-5012.

