

LAKE HELEN NEWSLETTER AUGUST 9, 2018

GENERAL BAND MEETING – SEPTEMBER 5, 2018

RENTAL HOUSING UNITS APPLICATIONS

As we are getting near the completion of the 5 rental properties we would like to put a final call out to any member that is interested in renting any of these houses.

Please submit your application to the housing manager, Joseph Salt, no later than noon on August 17th, 2018. Joseph Salt

Joseph.Salt@rrib.ca

LOOKING FOR DONATIONS

The RRIB Youth Travel Group is looking for donations of gently used household items (toys, furniture, appliances, clothes, etc.). Items may be dropped off at the band office during regular office hours to Jessica Robert. Pick up can be arranged.

Thank you from the RRIB High School students for your support. Once enough items are collected, we will be hosting a yard/bake/book sale.

GYM IS OPEN

GYM HOURS ARE: 2 pm to 8 pm

BEACH DAYS

THURSDAYS 12 – 3 PM

BOUNCY CASTLES

Hailey and Ally will be setting up the bouncy castles every Monday from 12-3 until the 20th

RRIB YOUTH TRAVEL GROUP

The RRIB Youth Travel Group are selling Home Bingo. Please drop off winning cards with name, phone number, and winning number on back to Jessica or Marjorie Robert at the band office

BEFORE 12 PM ON WEDNESDAYS

Winners will be announced in the flyer each week. Bingo cards will be available to purchase at the Lake Helen Gas & Variety.

THANK YOU FOR YOUR SUPPORT.

ATTENTION ALL RRIB MEMBERS:

A community meeting is set regarding the Land Use Permit Application for the Septic Drying Beds.

The meeting is scheduled for August 29th at 6 P.M. at the Resource Centre.

Lands and Resource Office

ATTENTION RRIB TRAPPERS:

A meeting is set for the RRIB's Trapper's Council.

The meeting is scheduled for August 16th at 6 P.M. in the Boardroom.

Lands and Resource Office

COMMUNITY HEALTH NURSE Aimee Richardson

Red Rock Indian Band Office In Days for August

August 14, 15, 16, 21, 28, 29, 30

OUT OF OFFICE

COMMUNITY WELL-BEING

Community Well-Being Jolene Cote will be away for Holidays

August 7 - 13, 2018.

Returning on Tuesday August 14, 2018.

COMMUNITY WELLNESS WORKER

Community Wellness Worker, Tina Wawia Will be away on training from August 13 to August 20th

EDUCATION DIRECTOR

Education Director Judy Wawia will be on holidays from August 3, till August 17. Returning on August 20, 2018

ONTARIO WORKS

OW Admin. William Legarde will be on holidays from 14-Aug to 22-Aug. Please see Joanna DeCicco.

Week 3 Home Bingo Winner \$230.00 in 58 #s Judy Wawia

Congratulations***Congratulations***Congratulations

SCHEDULE:

Monday-Friday

9:30-12:00pm Swimming lessons

12:00-1:00pm Aquabics

1:00-2:00pm Private

lessons/Lengths

*Every mon/wed/friday we will

be offering lunchtime lengths

2:00-5:00pm Public Swim

5:00-6:30pm Family Swim/Lengths

6:30-8:00pm Public Swim

Sunday

4:00-8:00pm Public Swim

SWIMMING LESSONS:

Session 1: July 2nd- 13th
All levels offered

Session two: July 16th-27th Offering swimmer 1-6 & intermediate levels (no pre-

school)

Session three: July 30th-Aug

10th all levels offered

Session four: Aug 14th-24th

Offering swimmer 1-3, pre-

school A-E

*There all limited spaces in each session. Spots will only be reserved with payment

ADMISSION REQUIREMENTS:

- Children under the age of 10 who are nonswimmers must be accompanied by a parent or guardian who is at least 13 years old.
- Children under the age of 10 who are swimmers may be admitted into the pool unaccompanied.
- A swim test, of one length of the pool, is required for all kids interested in swimming in the deep end.
- Children under the age of 6 may not be admitted into the pool unless they are accompanied by a parent or guardian who are responsible for direct supervision.
 Maximum of two people/parent.
- There must be one supervising caregiver for every 4 non-swimmers aged 6 to 9
- No parents on deck during swimming lessons!

Accessible- Chair Lift

The Nipigon Swimming Pool is accessible for individuals wishing to come to the pool but have difficulties entering the pool. Inform one of our staff members if you need assistance.

NEW: FOLLOW OUR PAGE ON FACEBOOK "TOWNSHIP OF NIPIGON POOL" FOR UPDATES THROUGHOUT THE SUMMER



Staff:

Olivia Zeleny
Curt Salmon
Eric Osala
Caleb Mangoff
Jernie Benson
Haley Wrigley

887-3909

Wed 6:30-8 FREE PUBLIC SWIM

Thurs 5-6 FREE FAMILY SWIM

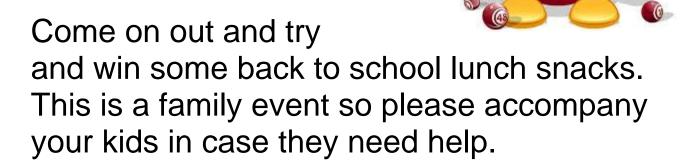


Adult Grocery / Meat Bingo

\$5.00 for 9cards, only pay once and all money will go in for the Jackpot.

TUES Aug 21, 2018 7pm @ RC

FAMILY Back to School Lunch Snacks BINGO



Monday August 27, 2018
7pm at RC
For more information please contact Jolene
887.2510



LABOUR DAY PARADE

I will be trying to organize a float for this years Labour Day parade. The Theme is "All about You".

If anyone wants to be apart of the RRIB Float, please call Jolene and sign up.

I am looking for:

- > FULL Regalia Dancers (walking behind float) Would love to see all groups of dancers, such as; Jingle, Grass, Traditional, Fancy
- Children of any ages (Ride float and walk behind)
- ➤ Anyone with a Hand Drum All Ages to ride in the Big Canoe and play their drum.
- Characters to represent the 7 grandfather teachings (any age)
- Fisherman / any age
- Hunter / any age
- ➤ Kookum / any age
- Woman in Ribbon Skirts (must have your own) Any age

I will be holding a Meeting with everyone who wants to be apart of this awesome event on Monday August 20th, 2018 at 7pm at RC EVERYONE and ANYONE who wants to be apart of this is welcome. MORE THE MERRIER!!!

Need Truck and drivers to pull Trailer/Float and Big Canoe

For more information or to sign up please contact Jolene at 887.2510



Back to School BBQ

Back to school BBQ for Students registered to attend school in the fall for grades jk – grade 12.

We will be having a BBQ and handing out school bags for the Jk- Grade 1 students ONLY and Gift cards to Grade 2-12 to purchase their own supplies as needed.

This event is now open, thanks to Chief and Council, to all <u>RRIB Members</u> on and off reserve and for Community members living ON RESERVE.

However, RRIB Members (students) living off reserve, MUST SIGN-UP by August 10, 2018 no later than 4pm with Lauren Michelle, NO EXCEPTIONS. There will be NO 3rd Party pickups.

Students signed up will be required to pick on that day ONLY, no exceptions!!

BBQ Date August 29, 2018 Lake Helen Community Hall 5pm.

Students on reserve already registered with Judy Wawia are automatically signed up, however you are required to pick on that date.

For more information you can contact Jolene, Tina or Lauren at 887-2510



DILICO PRIMARY CARE TRAVELLING TEAM

The Primary Care Travelling Team provides culturally appropriate primary care through an interdisciplinary team of Nurse Practitioners and allied healthcare professionals who coordinate quality care for individuals and families in our First Nations communities.

Our Team Consists of:

- Nurse Practitioner
- Social Worker
- · Registered Practical Nurse
- Mental Health Nurse
- Pharmacist
- Registered Dietitian
- Psychologist
- Speech Pathologist
- Chiropodist
- Traditionalist



Red Rock Indian Band Primary Care Clinic Day

When: The

Thursday, August 16, 2018

Time:

9:00 a.m.—4:30 p.m.

Location:

Red Rock Indian Band Office

To Make an Appointment:

Contact Aimee Richardson , Dilico CHN at 807-887-2510 or

the PCTT Administrative Assistant (Jaimie) at:

1-855-623-8511 (ext. 5249)



Primary Care Services Available:

- Scheduled Medical Appointments
- Physical Assessments
- Treatments and Referrals
- Chronic Disease Management
- Foot Care
- Programming to Support Healthy Lifestyles
- · Advice and Counselling on Diet and Nutrition
- Medication Review and Adherence
- Individual, Family and Group Counselling
- Assessment, Diagnosis and Treatment of Psychological Problems

TRADITIONAL HEALING/COUNSELLING

ELDER CORINNE NABIGON – AUGUST 22 ELDER ERNIE KWANDIBENS – AUGUST 23

TRADITIONAL HEALING ROOM 200 ANEMKI PLACE, FORT WILLIMA FIRST NATION (please report to Anemki Reception)

Appointment Times: 9:30 am; 11 am; and 1 pm.

Contact Reena Larabee – 807-626-5231 Or the Cultural Team at 807-623-5811 Or 1-855-623-8511

Please bring tobacco offering with you. (enough to fill a pipe; tobacco available if you do not have any.)

Health Canada Food Safety Recall due to Listeria monocytogenes

DOLE BRAND BABY SPINACH WITH TENDER REDS Size: 142 g Best Before 18-Au-04 All time codes starting with W202011 UPC: 0 71430 060698

If you think you became sick from consuming a recalled product, call your Doctor.

Adult Life Enrichment:

Meet & Greet the Dilico PSWs Nutrition Bingo Light lunch provided

Ages: 55+
Tuesday, August 14
Resource Centre
1pm to 3pm

EXTERNAL EMPLOYMENT OPPORTUNITIES

DILICO ANISHINABEK FAMILY CARE

Child and Youth Workers
Day Treatment Services
1-Permanent, Thunder Bay
Closing Date: August 14, 2018 @ 3 pm

Mental Health Community
Health Nurse
2-Permanent Full Time, Thunder Bay
Closing Date: August 14, 2018 @ 3 pm

Health
Administrative Assistant
1-Permanent Full Time, Thunder Bay
Closing Date: August 14, 2018 @ 3 pm

Please forward cover letter, resume and employment application to:

Recruitment
Dilico Anishinabek Family Care
200 Anemki Place
Fort William First Nation, ON P7J 1L6
Telephone: 807-623-8511

Email: recruitment@dilico.com