



**RED ROCK  
INDIAN BAND**  
Strength. Tradition. Empowerment.

# **LAKE HELEN NEWSLETTER**

## **MARCH 29, 2018**

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### **GENERAL BAND MEETING**

**APRIL 4, 2018**

Resource Centre - 7:00 PM

### **AGENDA**

#### **1. MOTIONS**

#### **2. HYDRO & EAST-WEST TIE**

#### **3. GAS STATION FINANCIAL REPORT**

#### **4. RRIB BUSINESS STRUCTURE**

#### **5. CANNABIS BUSINESS PRO'S & CON'S**

#### **6. POLICE COMMITTEE**

#### **7. OPEN FORUM**

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### **HOLY WEEK 2018**

#### **Annunciation of the Blessed Virgin Mary**

**Holy Thursday** – March 29 – Lord's Supper Mass at 7pm  
- Seder Supper at 5pm

**Good Friday** – MARCH 30 - Passion of the Lord at 3pm  
- Stations of the Cross  
- Adoration of the Cross Celebration

**Easter Vigil Mass** – Saturday, MARCH 31 at 8pm

**Easter Sunday Mass** – Sunday, APRIL 1 - The Resurrection of the Lord at 9:30am

## **RENTAL HOUSING UNITS APPLICATIONS**

**APPLICATIONS FOR RENTAL HOUSING UNITS ARE NOW AVAILABLE AT THE FRONT DESK AT THE BAND OFFICE.**

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### **CHR AWAY**

Community Health Rep will be out of the office  
March 28<sup>th</sup> & 29<sup>th</sup>, 2018

Holidays on April 3<sup>rd</sup> – 9<sup>th</sup>, and will return on April 10<sup>th</sup>, 2018

For Medical Transportation Arrangements  
Contact Flo, 887-2510 Ext.238

**If any Mandatory Health concerns, please call  
Nipigon Dilico Office, 887-2514**

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### **BAND OFFICE CLOSED**

**RED ROCK INDIAN BAND WILL BE CLOSED**

### **GOOD FRIDAY & EASTER MONDAY**

(MARCH 28<sup>th</sup>)

(APRIL 2<sup>nd</sup>)

Will resume back to regular office hours on April 3<sup>rd</sup> at 9am  
Have an Eggcellent Long Weekend

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### **WINTER CARNIVAL**

I would like to thank Norma Lesperance for the baked beans she prepared for the feast on 14-March. I also hoped the seven elders who received a loaf of fresh baked bread enjoyed it.

Thank you

**William Legarde, Ontario Works Administrator**



## GENERAL BAND MEETING

DATE: MARCH 7/18

I, Pierre Pelletier Make a motion

TO PROCEED WITH THE ATR

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In Favor Of: \_\_\_\_\_

MOTION PASSED ☐

Against: \_\_\_\_\_

MOTION DEFEATED ☐

Abstain: \_\_\_\_\_

PIERRE PELLETIER  
Please Print Name

P. Pelletier  
Signature of Mover

Omer Belisle  
Please Print Name

Omer Belisle  
Signature of Seconder

**\*\*Will be voted on at the Next General Band Meeting\*\***



## GENERAL BAND MEETING

DATE: MARCH 7/18

I, PAUL CORMIER Make a motion

To proceed with LTL limited partnership  
as presented during band meeting.

In Favor Of: \_\_\_\_\_

MOTION PASSED

☐

Against: \_\_\_\_\_

MOTION DEFEATED

☐

Abstain: \_\_\_\_\_

Paul Cormier

Please Print Name

Signature of Mover

Charles Tohe

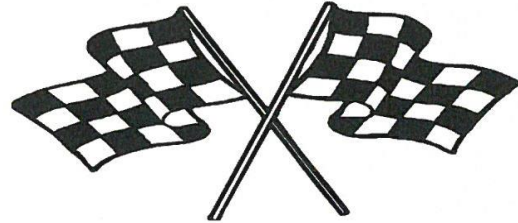
Please Print Name

Signature of Seconder

**\*\*Will be voted on at the Next General Band Meeting\*\***

## *Winter Carnival Race*

### *Results.....*



#### **LOG SAW**

Age 7-9

**1<sup>st</sup>** Caleb, **2<sup>nd</sup>** Camilla, **3<sup>rd</sup>** Logan

Age 10-15

**1<sup>st</sup>** John, **2<sup>nd</sup>** Ella, **3<sup>rd</sup>** Kiersten

Age 16-Adult

**1<sup>st</sup>** Shannon L., **2<sup>nd</sup>** Frank, **3<sup>rd</sup>** Josh H.

#### **NAIL DRIVE**

Age 0-6

**1<sup>st</sup>** Wyatt, **2<sup>nd</sup>** Coneh, **3<sup>rd</sup>** Ethan

Age 7-9

**1<sup>st</sup>** MJ, **2<sup>nd</sup>** Caleb, **3<sup>rd</sup>** Logan

Age 10-15

**1<sup>st</sup>** Jacob, **2<sup>nd</sup>** Ella, **3<sup>rd</sup>** Kiersten

Age 16-Adult

**1<sup>st</sup>** Shannon L., **2<sup>nd</sup>** Condel, **3<sup>rd</sup>** Frank

#### **SCAVENGER HUNT**

**1<sup>st</sup> Place Team – Nish Runners**

Rayna, Miigwin, Deni & Niya

**2<sup>nd</sup> Place Team – The Rez Runners**

Chaz, Emma, Marianne & Kamlyn

**3<sup>rd</sup> Place Team – Running Rascals**

Camilla, Mateo, Shannon, Natalia, Ella,  
Gracie & MJ

#### **SNOWSHOE RACES**

Age 0-6

**1<sup>st</sup>** Coneh, **2<sup>nd</sup>** Wyatt, **3<sup>rd</sup>** Coby

Age 7-9

**1<sup>st</sup>** Caleb, **2<sup>nd</sup>** Caleb **3<sup>rd</sup>** Camilla

Age 10-15

**1<sup>st</sup>** John, **2<sup>nd</sup>** Jacob, **3<sup>rd</sup>** Ryder

Age 16-Adult

**1<sup>st</sup>** Cheyenne, **2<sup>nd</sup>** Christina, **3<sup>rd</sup>** Marlena

#### **GT RACES**

Age 0-6

**1<sup>st</sup>** Coneh, **2<sup>nd</sup>** Wyatt, **3<sup>rd</sup>** Ethan

Age 7-9

**1<sup>st</sup>** Gracie, **2<sup>nd</sup>** Caleb, **3<sup>rd</sup>** Camilla

Age 10-15

**1<sup>st</sup>** John, **2<sup>nd</sup>** Andi, **3<sup>rd</sup>** Ryder

Age 16-Adult

**1<sup>st</sup>** Josh H., **2<sup>nd</sup>** Shannon L., **3<sup>rd</sup>** Cheyenne



**POW WOW BINGO**

**Sunday, April 8th**

**Resource Centre**

**Doors open at 5:30 pm**

**Early Birds 6:30 pm**

**Regular Bingo starts at 7 pm**

**Super Jackpot \$1000.00 50#'s or less**  
**Regular Jackpot \$500.00 54#'s or less**

**HOPE TO see YOU ALL THERE!**

# Strength Camp

LET'S GET FIT



STRENGTH CAMP WITH DEANA

EVERY MONDAY  
7 PM – 8 PM  
RESOURCE CENTRE

FOR ALL COMMUNITY AND RRIB MEMBERS AGES 16+  
FOR MORE INFO PLEASE CONTACT CHEYENNE @ 887-2510

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## SPRING CLEAN UP

Several OLDER/SMALLER Monitors (\$10), Keyboards & Mice.

If interested stop by the band office and see Ivy.





*going out to.....*

***Caleb Hardy***

March 30<sup>th</sup>

Happy 10<sup>th</sup> Birthday Caleb!!

*Love Gramma, Gampoos, Mom, Kyra, Kiersten, Jacob, David*

*And the rest of the family*

*xoxoxoxoxoxoxoxoxoxo*

***Esther Thompson***

April 2<sup>nd</sup>

Happy Birthday Mom!!

*Love from all your family*

*xoxoxoxoxoxoxoxoxoxo*

***Jessica Robert***

April 4<sup>th</sup>

Happy Birthday Jessica!!

*Love Mom, Dad, Jordyn, Jada, Jon and the rest of the family*

*xoxoxoxoxoxoxoxoxoxo*



# Let's Talk about Food

We invite you to share your perspectives on how you put food on the table. (i.e. store bought, hunting, fishing, harvesting).

Refreshments Provided

A photograph of a person wearing a dark cap and a grey t-shirt, seen from behind, sitting in a boat and fishing with a rod and reel on a body of water. The background shows a shoreline with trees and a clear sky.

Samantha Crowe  
4th Year Placement, HBSW program,  
Lakehead University  
Food Security Research Network  
[scrowe@lakeheadu.ca](mailto:scrowe@lakeheadu.ca)

**Resource Centre**  
Everyone Welcome

**March 29th**  
5:30-6:30pm

**DIVERSE INCLUSIVE ACCEPTING WELCOMING SAFE SPACE FOR EVERYONE.**

**FORMS AVAILABLE AT THE BAND OFFICE**



# BEAR CAVE IS BACK!



**ARE YOU AGED 10-29?**

**INTERESTED IN GETTING CASH TO START OR GROW YOUR BUSINESS?**

**PITCH YOUR IDEA AT THE SPRING BEAR CAVE!**

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**How? Complete & submit a Bear Cave Pitch Form by May 11th**



**Forms Available:** Nipigon Municipal Office & Library  
Red Rock Municipal Office & Library  
Dorion Municipal Office  
Red Rock Indian Band Office  
or email [coordinator@nipigon.net](mailto:coordinator@nipigon.net)



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**Questions? Contact Suzanne at 887-3135 ext 26 or [edo@nipigon.net](mailto:edo@nipigon.net)**

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**nipigon**  
a natural edge



**DORION**  
Canyon Country



Superior North CFDC  
SADC Supérieur Nord



**RED ROCK  
INDIAN BAND**  
Strength. Tradition. Empowerment.



**Top of Lake Superior**  
CHAMBER OF COMMERCE





Thunder Bay  
Symphony  
Orchestra

Paul Haas  
Music Director

# Special NOON- DAAG- OTOON

TBSO FORT WILLIAM FIRST NATION INDIGENOUS CONCERT

TBSO IN PARTNERSHIP WITH



Simon Rivard conducts the TBSO with guests Shy-Anne Hovorka, Don Amero, Indian City, Lake Superior Women Drummers, the GOPS Elementary Choir and special guest speaker Renée Toukane.

FREE

**MONDAY, APR. 9, 7:30**

FWFN COMMUNITY RECREATION CENTRE

\$25 ADULT / \$15 STUDENT

**TUESDAY, APR. 10, 7:30**

PUBLIC CONCERT AT THE DA VINCI CENTRE

Tickets: [TBSO.CA/tickets](http://TBSO.CA/tickets), 626.TBSO or at the door.

SHY-ANNE HOVORKA



DON AMERO



L.S. WOMEN DRUMMERS



INDIAN CITY DANCE



SUPPORTED BY



Nishnawbe Aski Nation  
Nishnawbe Aski Nation

2017-2018 SEASON SPONSOR



PUBLIC SECTOR ARTS FUNDERS



NOONDAAGOTOON SPONSORS



Daniel Newton,  
Sally Calquhoun  
AND FAMILY



Free Health Canada workshops  
presented by EcoSuperior



# HEALTHY HOME, HEALTHY LIFE

## Indigenous Environmental Health and Learning Toolkit



A free  
healthy home  
kit for every  
participant!

A free 1-hour workshop to learn  
more about chemicals in our lives, radon,  
and air quality.

Wednesday, April 18  
At the Resource Centre  
12:00pm, lunch provided!

