LAKE HELEN NEWSLETTER
FEBRUARY 8, 2018

GENERAL BAND MEETING

MARCH 7, 2018

Resource Centre - 7:00 PM

NATIVE LANGUAGE

Native Language Classes will be **CANCELLED** on the following dates:
February 13, 2018

PLEASE BE AWARE OF WILD ANIMALS SPOTTED ON RESERVE – COYOTE, WOLF, ETC.
WATCH YOUR CHILDREN AND PETS

FREE PUBLIC SKATING

Nipigon Arena

Saturdays from 7-8
Sponsored by RRIB

Open to everyone

ONTARIO WORKS

YES Employment Workshop will be held at the Band Office on 23-Feb-2018 from 2:30-4pm.

All Ontario Works recipients are urged to attend.

ATTENTION: APPLICATIONS FOR BILL S 3

I have the application forms for adults and children to apply for registration under Bill S-3 that just passed in December 22, 2017.

You will need your **original** long form birth certificates. You can call or come in to see me for assistance with the application or I can email or mail you a copy of the application. Should you have any questions please call or email Marjorie Robert at 807-887-2510 ext. 234 or Marjorie.Robert@rrib.ca.

MAKE AHEAD HEALTHY BREAKFAST MEALS

ATTENTION TO THOSE WHO HAVE SIGNED UP FOR THE MAKE AHEAD HEALTHY BREAKFAST MEALS PROGRAM PLEASE ATTEND THE
RESOURCE CENTRE ON FEB 8, 2018

NIPIGON BRIDGE CLOSURES

The next scheduled closures for Nipigon Bridge will take place on Tuesday, February 13 and Wednesday February 21, 2018

Tuesday February 13 - Single lane closure will occur as needed throughout the day and a full bridge will briefly occur (no more than a few minutes).

Wednesday February 21 - A full bridge closure will occur at 1:30 pm while the North Girder Active Linkage is engaged. Traffic will be stopped for 15-minute intervals and we do not expect more than 1 - 2 closures.

Nipigon DENTAL

Dr. Derval Clarke

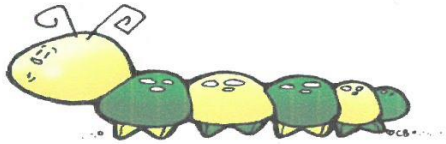
Ph. 807-887-1414
Fax: 807-887 -1441
177 Railway St.
Nipigon, Ontario

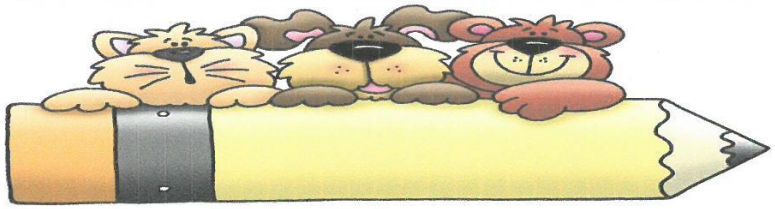
- Quality dental care in a relaxed and comfortable atmosphere
- Conveniently located in Nipigon
- Same day appointments available
- Dental emergencies welcome
- All Insurances and plans accepted

Hours
Mon – 9 am – 5 pm
Tues – 9 am – 5 pm
Wed – 9 am – 5 pm
Thurs – 9 am – 7 pm
Fri – 9 am – 5 pm

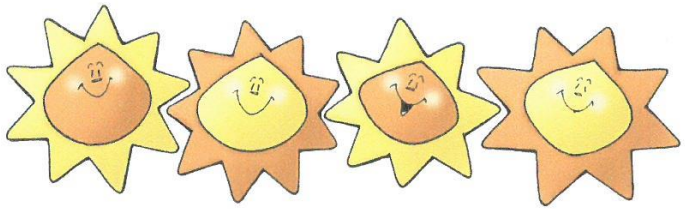
LAKE HELEN SERVICE PROVIDERS CALENDAR

February 2018





Sun	Mon	Tue	Wed	Thu	Fri	Sat
				1 Community Pot Luck 4:30pm	2 	3
4 Pow Wow Bingo	5 Health Checks 4:30pm Strength Camp 7pm	6 Hand Drum Making 6pm	7 Band Meeting	8 Make Ahead Breakfast 6pm	9	10
11 Pow Wow Bingo	12 Youth Drop In 4pm Strength Camp 7pm	13 Lunch n Learn Healthy Hearts 11am Valentines Dinner 5:30pm	14	15 Good Food Box Pick Up 11am Adult Chip Grocery Bingo 7pm	16 ODSP/OW Info Lunch n Learn 11am	17
18 Pow Wow Bingo	19 Strength Camp 7pm Family Day Ice Fishing Polly Lake OFFICE CLOSED	20 Native Language 6:05pm (Board Room)	21 Lunch n Learn Personality Disorders 12pm	22 Community Engagement 4pm	23	24
25 Pow Wow Bingo	26 Naloxone Training 4:30pm Strength Camp 7pm	27 Native Language 6:05pm (Board Room)	28 Community Pot Luck 4:30pm			



Valentine's Dinner

Mark it on your calendar

* February 13 @ 5:30PM *

Resource center

ADULTS ONLY (18+) - COME ALONE OR BRING YOUR BESTIE OR SWEETIE! (EVERYBODY WELCOME)

BUFFET STYLE

YOUTH DROP IN

JOIN US AT THE RESOURCE CENTER!

-CARDS AND BOARD GAMES
-NETFLIX
-FOOD & SNACKS
- MAKE YOUR OWN SUNDAE STATION
- ARTS AND CRAFTS

DOOR PRIZE

MONDAY, FEBRUARY 12
4PM - 6PM

* BRING A FRIEND OR COUSIN *
* EVERYBODY WELCOME *
* AGE 6+ *

POW WOW BINGO

Sunday, February 11th

Resource Centre

Doors open at 5:30 pm
Early Birds 6:30 pm
Regular Bingo starts at 7 pm

Super Jackpot $1000.00 52#'s or less
Regular Jackpot $500.00 54#'s or less

HOPE TO SEE YOU ALL THERE!

Strength Camp

LET'S GET FIT

STRENGTH CAMP WITH DEANA

MONDAY Feb 12, 19, 26

7 PM – 8 PM

RESOURCE CENTRE

FOR ALL COMMUNITY AND RRIB MEMBERS AGES 16+

FOR MORE INFO PLEASE CONTACT CHEYENNE @ 887-2510

ANNUAL FAMILY DAY

ICE FISHING

When: Monday February 19th, 2018

Where: Polly Lake

Time: 12-3pm

Please dress according to weather

😊Everyone is Welcome!

There will be prizes, ice huts, fire, lunch, hot cocoa

10 AM – 12:00 PM

LOOKING FOR 12 PARTICIPANTS

TELL US WHAT YOU THINK ABOUT VACCINATIONS

LIGHT SNACKS PROVIDED

SMALL HONORARIUM FOR THOSE WHO PARTICIPATE

FEB 22 VACCINATION FOCUS GROUP

Group Interview

2 researchers from Lakehead University will be in your community to conduct a group interview to better understand how individual or traditional knowledge, belief and access to vaccinations affects the rate at which individuals are vaccinated. This information will be contributed to Haemophilus influenza (HIA) project at the Northern Ontario School of Medicine.

Call Tina Wawia to Register

807-887-2510

RED ROCK INDIAN BAND
Nipigon, ON

887-2510

February 22 @ 10 AM

Lake Helen Resource Centre

We need 8 more people to register.

NOLOXONE TRAINING

❖ Monday February 26th Resource Centre @ 4pm

Please bring your health card if you would like to receive a kit

The training is not very long and should be approx. 30 minutes

Light snack and refreshments will be served

If anyone has any questions, please contact Lindsey @ 887-3724

COMMUNITY POT LUCK

Due to having a guest speaker in the community;

We will be doing the community potluck on Tuesday February 27th at 4:30pm instead of the Wednesday.

Sorry for any inconvenience.

Dinner and Learn

Guest Speaker **Peter Young** will be doing a presentation on the importance of having a **Power of Attorney and Will.**

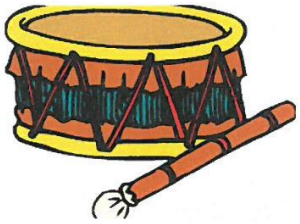
For anyone who couldn't attend the first presentation or would just like to ask more questions. Join us for dinner and information that could be very significant in your life ☺

When: Wednesday February 28th, 2018

Where: Resource Center

Time: Starting right at 4:30pm

To ensure we don't have too much or too little food we will be doing sign up by February 26th at 12pm with Lindsey 887-3724 or Rodnie 887-2309 feel free to leave a message if we are not in the office with your name.

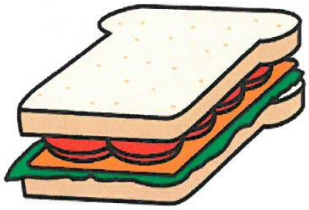


Hand Drum Birthing

For those that need their hand drums birthed, we will be birthing our drums on February 16, 2018 at 4:30pm at Resource Centre.

Please bring a long skirt.

For more information please call Jolene or Tina at the Band Office.



Dilico Wellness Nurse Lunch and Learn

Topic of discussion will be on Personality Disorders and Anxiety.

February 21, 2018 – 12pm

Resource Centre

Light Lunch served.

Everyone Welcomed

Adult Meat and Grocery Bingo

Thursday February 15, 2018

Resource Centre

7pm

$5.00 per person, all money will go into the Jackpot

Ages 16 year or older

ODSP and OW Information Lunch and Learn

Everyone welcomed to come out and listen to a presentation on Ontario Disability Support Program as well as Ontario Works.

If you have questions, this is the time to ask them.

Friday February 16, 2018

Resource Centre – 11am

Light lunch and beverages

Community Volunteer Income Tax Program

Need a hand to prepare your tax return?

Volunteers can help you prepare your income tax and benefit return if you have modest income and a simple tax situation.

Volunteers are not employees or volunteers of the Canada Revenue Agency.

Remember to bring all your tax slips and forms with you.

Tax clinic:

CPA Ontario's CVITP Tax Clinic - By Apointment Only
Date : Wednesday March 7, 2018
Time : 10am - 4pm
Location : Lake Helen Resource Centre

Please make appointments with :
Marjorie Robert at the Band Office or
Call 807-887-2510 Ext. 234

Service Canada will be offering SIN/CPP/OAS services also.

TIS50S(E) Rev. 15

www.cra.gc.ca/volunteer
1-800-959-8281

Canada Revenue Agency | Agence du revenu du Canada

Canada

INFORMATION SESSION:

Thursday, February 15th, 2018

1:30 pm

Lake Helen Resource Center

Valentine's Night Out

Bring your sweetheart, relative or friend!

Nut and gluten-free options!

Proceeds to help rebuild Cenotaph and other projects

Wednesday, February 14, 2018

Symposium 5:30 p.m. Dinner 6:30p.m.

$35.00 per person

in the Legion Main Hall

Sit-down 4-course Prime Rib Dinner!

Complimentary Wine, Chocolates , Flowers !

Entertainment by Coldwater Creek!

ADVANCE tickets ONLY!

Tickets available in the Lesser Hall or Contact
Gail 887-3328 Levina 887-2708 Dan 707-3042

GENERATE A Future of Possibilities

As one of North America's leading electricity producers, **Ontario Power Generation** offers challenging opportunities and career diversity in a work environment where safety is a fundamental value - and where you can realize your personal and professional goals.

JOB TITLE:	**Hydroelectric Operating Technician Trainee**
LOCATION:	**Niagara, Cornwall, Timmins and Thunder Bay**
STATUS:	Regular Full-time
EDUCATION LEVEL:	2 Year Diploma in related studies - i.e. Power Engineering, Instrumentation, Electrical Diploma
SHIFT(S):	Shift Work (Rotating Days/Nights)
TRAVEL:	Travel and occasional overnight stays required
DEADLINE TO APPLY:	**February 13, 2018**

JOB OVERVIEW

Ontario Power Generation (OPG) is looking for results-driven professionals who are looking to take the next step in their career, to join our team in the role of **Hydroelectric Operating Technician Trainee** located at our Northwest Operations (Thunder Bay); Northeast Operations (Timmins); Niagara Operations (Niagara) and Eastern Operations (Cornwall).

Reporting to the First Line Manager, Hydro Operations, the **Hydroelectric Operating Technician Trainee** is responsible for carrying out and overseeing operating activities to ensure the safe and reliable operation of equipment, units and control dams. This role monitors the levels and flows of rivers, ensuring they are in compliance with environmental requirements. The **Hydroelectric Operating Technician Trainee** is trained to recognize abnormalities, inefficiencies and hazards, analyze, troubleshoot and take corrective action.

The Hydroelectric Operation Technician Trainee Program is two years in length and will require the selected candidates to complete six training sessions and gain on the job experience by working 8, 10 and 12 hours shift. Travel and occasional overnight stays at other OPG sites and remote locations is required. The trainees will be required to pass a final exam in order to become Hydroelectric Operating Technicians.

As part of the selection process, applicants will be required to successfully complete aptitude testing.

KEY ACCOUNTABILITIES

- On a shift or day basis, participate in planning and carry out operating activities for generating stations, control dams and related facilities and structures.
- Ensure the safe and reliable operation of all assigned equipment, units, control dams, related storage and other facilities and structures, auxiliary equipment and systems. Recognize abnormalities, inefficiencies and hazards. Analyze, troubleshoot and take corrective action.
- Perform all aspects of work protection code (WPC) activities up to level trained. Act as a controlling/issuing authority of assigned equipment as required.
- Participate in the control of various watersheds by meeting legal, regulatory, social and environmental limits and constraints.

- Participate in prioritizing, processing, scheduling and coordinating all equipment outages affecting facility operations. Take lead role in assessing equipment outage applications to initiate further actions.
- Participate in coordinating, processing and schedule outages. Recommend solutions to planning and scheduling issues created by emerging and unplanned events.

EDUCATION

- Grade 12 and two year diploma in related study such as 2 year Power Engineering, Instrumentation, or Electrical Diploma.
- Candidates must provide proof of education

QUALIFICATIONS

We are seeking to invest two years of very specific and highly sought out hydroelectric training in a professional with the following:

- Experience of a practical nature, preferably associated with operating, electrical trades;
- Knowledge of and willingness to use appropriate safety measures and equipment;
- Demonstrated ability to explain practical technical knowledge relating to previous work experience and/or education;
- Able and willing to work in a Control Room environment and react to multiple requirements at a time;
- Excellent interpersonal skills and ability to interact and communicate with a broad range of people (verbal and in writing);
- Flexible/adaptable regarding changes in work routine and travel to other work locations;
- Ability to perform effective prioritization and ability/past experience with multitasking situations;
- Can demonstrate project/team skills with ability to assume leadership role;
- Proficient in Microsoft Word and Excel;
- Ability to work variable shifts and under station working conditions;
- Ability to travel
- Valid Class G Drivers Licence;
- Proven experience in a control room environment – electrical, utility as a power engineer is an asset;
- Knowledge and experience of hydroelectric generators, protection systems, governor systems, etc. is an asset.

The successful candidate will exhibit uncompromising integrity and commitment to upholding corporate values, and the OPG Code of Business Conduct.

WHY OPG?

We offer an exciting combination of challenging opportunities and career diversity in a work environment where safety is a fundamental value and where you can realize your long-term personal and professional goals. Being an OPG employee means you can apply your knowledge, broaden your skills and make a valuable contribution to an organization that is vital to Ontario's success.

At OPG our values are our strengths. They are fundamental truths about our organization that don't change. **Safety. Integrity. Excellence. People and Citizenship.**

As Ontario's largest clean energy generator, Ontario Power Generation (OPG) offers an exciting combination of challenging opportunities and career diversity in a work environment where safety is a fundamental value. Being an OPG employee means you can apply your knowledge, broaden your skills and make a valuable contribution to an organization that is vital to Ontario's success.

Here's why OPG might just be the ideal workplace for you:

- Exceptional range of opportunities province-wide
- Long-term career growth and development opportunities
- Electricity is vital to the province

If you are looking to learn from others and be part of something important, and you are excited about the future of power generation, you will find the right fit at OPG.

WORKING ENVIRONMENT

We offer an environment that will support you in reaching your potential. OPG supports the principles and practices of diversity.

ACCOMODATIONS

OPG welcomes and encourages applications from people with disabilities. Accommodations are available on request for candidates taking part in all aspects of the selection process.

APPLICATION PROCESS

Please submit your application **online** at www.mypowercareer.com by **11:59 PM E.S.T.**, **February 13, 2018**. OPG thanks all those who apply; however, only candidates considered for an interview will be contacted.

HILT'S TAXI
NIPIGON
807-887-3575

SERVING THE COMMUNITIES OF:

NIPIGON

LAKE HELEN

RED ROCK

HURKETT

DORION

TRIPS TO THUNDER BAY
CALL FOR DETAILS

RED ROCK INDIAN BAND
Strength. Tradition. Empowerment.

GENERAL BAND MEETING

DATE: February 07 2018

I, Sonya Belisle Make a motion that Red Rock Indian Band persue the idea of the Little Spirit Childcare Centre and begins to offer near to free licensed Child Care Services.

In Favor Of: ____

Against: ____

Abstain: ____

MOTION PASSED ☐

MOTION DEFEATED ☐

Sonya Belisle
Please Print Name

S Belisle
Signature of Mover

Ivy WAWIA
Please Print Name

Ivy Wawia
Signature of Seconder

Big Congratulations going out to Lisa!

Lisa graduated from the
ONTARIO PROVINCIAL POLICE RECRUIT CLASS
2017-2018!

Way to go Lisa!

Lisa M. Boucher
HT: LAKE HELEN P.S.
DET: LAKE HELEN P.S.