



**RED ROCK  
INDIAN BAND**  
Strength. Tradition. Empowerment.

# LAKE HELEN NEWSLETTER SEPTEMBER 20, 2018

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## GENERAL BAND MEETING – OCTOBER 3, 2018

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### RRIB YOUTH TRAVEL GROUP

The RRIB Youth Travel Group are selling Home Bingo. Please drop off winning cards with name, phone number, and winning number on back to Jessica or Marjorie Robert at the band office

### BEFORE 12 PM ON WEDNESDAYS

Winners will be announced in the flyer each week. Bingo cards will be available to purchase at Lake Helen Gas & Variety

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### WEEK 9 HOME BINGO WINNER

**\$175.00 in 58 #s**

**Esther Thompson**

**Congratulations!**

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### ACCESS TO JUSTICE GUIDE

If anyone who would like a copy of the Anishinabek Nation Access to Justice Guide. You can contact me at Red Rock Indian Band at (807) 887-2510 for pick up. Thank You,

Darlene P. Wawia  
Restorative Justice Coordinator  
Red Rock Indian Band

**CATERER NEEDED**

Caterer needed for the following days:

Wednesday, October 24th and Thursday, October 25th  
(one snack and lunch for up to 40 people for both days)

All snacks and meals must be brought in prepared and ready to serve. Please submit bids outlining meal plans and total costs (food, serving, clean up) at the band office to the attention of: Jessica Robert or submit by email to [jessica.robert@rrib.ca](mailto:jessica.robert@rrib.ca)

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**BOOT CAMP**

**Monday, September 24, 2018**

**Gym At 7 pm**

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**FAMILY MOVIE NIGHT**

**Friday, September 21, 2018**

**Resource Centre At 6 pm**

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**FULL MOON CEREMONY**

**Monday, September 24, 2018**

**Resource Centre at 7 pm**

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**NATIVE LANGUAGE**

**Tuesday, September 25, 2018**

**Boardroom At 6:05 pm**

# **TRAPPER or HUNTER SAFETY COURSES**

**NOVEMBER 2018**

If you are interested in either course, please call the band office and leave your name and phone number with Lauren Michelle, BF Coordinator.

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## **GOOD FOOD BOX REMINDER**

**Pick Up: Thursday, September 20, 2018 from 11 am – 12 Noon from  
Resource Centre**

**Please call or visit Lauren Michelle @ the band office for details on  
purchasing a Good Food Box**

**807-887-2510**

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## **\*FALL HARVEST\***

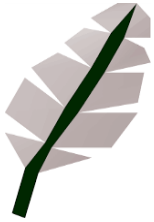
BIRCH BARK BASKET MAKING FOR SEPTEMBER 27, 2018 HAS BEEN RESCHEDULED BECAUSE OF CONFLICTING SCHEDULES WITH THE PEOPLE/PERSONS THAT WILL BE TEACHING THEM.

ALL NAMES THAT HAD SIGNED UP WILL STAND AS IS UNTIL I HAVE A NEW DATE CONFIRMED.

SORRY.

Jolene Cote

FWB



## **Healing and Beading Group**

*If anyone wants to come out and learn to bead, or if you already know how and need a couple hours of peace and quiet to work on your beading, then please join us EVERY Monday evening at 6pm in the Band Office Boardroom. Supplies are provided as well as a light snack and refreshments.*

*Next Healing and Beading session will be:*

*Tuesday October 2 AT 6 pm in Jolene's Office in the band office*

*Jolene Cote  
Family Well-Being*

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## **Fall Harvest Sign-Up**

*Adult Birch Bark Basket Making*



*We will be making Birch Bark Baskets on Thursday September 27, 2018 starting at 10am and they will take till approx. 4pm.*

***Only 20 spots available and SIGN-UP is required.***

*Please call Jolene at Band office or leave message on my phone 887-2510 ext 281*

***\*\*\*Sign up deadline FRIDAY SEPTEMBER 21, 2018 12pm\*\*\****



## **POW WOW BINGO**

When: Thursday September 20, 2018

Where: Lake Helen Resource Centre

Time: Doors Open 5:30pm

Early Birds @ 6:30pm

Regular Games @ 7:00pm

Super Jackpot 51#s or less \$1000.00

Regular Jackpot 54#s or less \$500.00



# HAUNTED FORT NIGHT

If any Red Rock Band members ages 12-17 are interested in the Haunted Fort Night @ Old Fort William please call 807-887-2510 and leave your name with Lauren Michelle.

Potential date & time: October 27, @9pm.  
Rides available.

Limited spots available - Call before Friday, Sept 28!



## **BREAD MAKING**

Bread making Sept 27-2018. Make your own 2 loaves of bread. Come out anytime between 9am and 2pm at the Resource Center. Ingredients are provided, and you cook your bread at home

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## **RED ROCK INDIAN BAND LANDS AND ENVIRONMENT SUMMIT**

### ***SAVE THE DATE***

October 16-18, 2018

Chalet Lodge

**More Detail will be shared soon!!**

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### **CATERER NEEDED**

For Red Rock Indian Band Lands and Environment Summit

October 16-18, 2018

Lunch, Snack and Dinner for 3 days

Set up and clean up included

Contact Alyssa at the Band Office for more information or to submit bids.

Deadline for bids is Tuesday, October 2, 2018 at 12:00 pm.

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## **JOLENE'S INDIGINEOUS PAINT NIGHT**

IS FULL HOWEVER, IF YOU WOULD LIKE TO PUT YOUR NAME DOWN IN CASE OF A CANCELLATION YOU ARE WELCOME TO DO SO **by NOON Friday September 21, 2018**



**RED ROCK INDIAN BAND FALL  
HARVEST  
SEPTEMBER 26 – 30, 2018**

**WEDNESDAY SEPT 26 – DAY 1**

\*Harvesting/Hunting begins Today\*

9:00 am – Breakfast @ Chalet Lodge

12:00 pm – Pie Making (Blueberry, Apple) @ Chalet Lodge, everyone welcomed.

1:00 pm – Soup/Bannock making for the hunters and community/guests @ chalet Lodge, everyone welcomed

5:00 pm – Dinner / Open House /Community Engagement @ Chalet Lodge (Chief and Council)

8:00 pm – Traditional Knowledge Teaching with Sarah Crowell @ Chalet Lodge (Subject to Change)

**THURSDAY SEPT 27 – DAY 2**

\*Harvesting/Hunting continues\*

9:00 am – Breakfast @ Chalet Lodge

9:00 am – Bread Making with Tom Legarde @ Resource Centre

10:00 am – 4:00 pm – Birch Bark Basket Making (For those signed up ONLY) @ Chalet Lodge

1:00 pm – Soup/Bannock making for the hunters and community/guest @ Chalet Lodge.

6:30 pm – Pow-Wow Bingo @ Resource Centre

**FRIDAY SEPT 28 – DAY 3**

\*Harvesting/Hunting continues\*

9:00 am – Breakfast @ Chalet Lodge

11:00 am – Ribbon Cutting @ Chalet Lodge

12:00 pm – Freezer Jam Making (strawberry) @ Chalet Lodge

1:00 pm – Soup/Bannock making for hunters and community/guest @ Chalet Lodge.

2:00pm – Kids Crafts

3:30 pm – Outdoor Activities (Archery, Lawn Games) @ Chalet Lodge.

7:00 pm – Indigenous Paint Nite (for those signed up ONLY) @ Chalet Lodge





## SATURDAY SEPT 29 – DAY 4

\*Harvesting/Hunting continues\*

9:00 am – Breakfast @ Chalet Lodge

10:00 am – Deer Hide tanning/smoking presentation (hands on also) @ Chalet Lodge

11:00 am – Beef/Moose Jerky – Learning how to season, slice and soak the jerky in broth with Rose Cote (hands on) – Day 1

1:00 pm – Soup/Bannock making for the hunters and community/guest @ Chalet Lodge

6:00 pm – Ribbon Skirt Making @ Resource Centre.

\*\*If you have your own sewing machine, please bring it with you as we only have a couple\*\*

No sign-up required. Everyone welcome.



## SUNDAY SEPT 30 – DAY 5

CLEANING AND PACKAGING ALL DAY

9:00 am – Breakfast @ Chalet Lodge

11:00 am – Beef Jerky continued, drying and packaging – Day 2 with Rose Cote

12:00 pm – Horse Shoe Tourney @ Chalet Lodge (with enough participants)

5:pm – **COMMUNITY POT LUCK** – Everyone Welcome to end the Fall Harvest with a celebration of good food, great friends and lots of laughs.

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Please come out and join us in celebrating our Fall Harvest this year, whether it be participating in hunts, activities at the Chalet Lodge, or just sitting around the fire chatting and sharing stories. If you have any wild game or fish to donate, we will be accepting all donations at the Chalet Lodge anytime throughout the day during the fall harvest.

Sunday we will be packaging up any wild game/fish and distributing it to elders in need first and then with the remainder to anyone that would like some.

Everyone is welcome.

**\*\*We welcome anyone that wants to come out and volunteer their time and skills in cleaning, packaging, cooking for the daily breakfasts and for soup/bannock making. No hands will be turned away. Hope to see everyone out. (Dates, Times, and Events subject to change)**

## **ATTENTION RED ROCK BAND MEMBERS**

The Red Rock Indian Band will be hosting a meeting in Thunder Bay on Saturday, November 24, 2018. The meeting is for the consultations for the collaborative process on Indian registration, band membership and First Nation citizenship.

Lunch will be served, and the meeting will begin at 12:30. We are going to have a bus which will leave the Lake Helen resource centre at 10:00 am.

The bus will pick up in Nipigon at the Legion parking lot.

For those Red Rock Indian Band members living in Red Rock or Hurkett and Dorion we need to know if there is an interest to ride the bus. You can call the band office and ask for Marjorie Robert for more information. We need to know this as soon as possible to book the bus.

Thank you  
Marjorie Robert – Membership Clerk

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## **Job Posting – Relief Medical Van Driver (On-Call Casual)**

Red Rock Indian Band is looking for a Medical Van Driver to be responsible for the safe delivery of patients to

and from health facilities. The medical van driver will be responsible for completing a mileage driver's sheet for each patient/escort and will submit the mileage sheet at the end of each shift for the month-end report.

Other responsibilities will include communicating with the Medical Secretary and this individual must always ensure patient confidentiality. We will consider previous experience an asset, however training is available.

Qualified applicants should forward a cover letter and resume on or before 28 September 2018

Stephen Price

Human Resources Manager at [jobs@rrib.ca](mailto:jobs@rrib.ca)

## **We offer all of this and more**

We can tailor a program specifically for your needs  
All our courses are FREE

We can also help with costs of child care and transportation

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### **High School Diploma**

Come in and work with an instructor, on your own, or come to our Coffee and Credits group for socializing and support. (children welcome)

### **Employment skills**

Job essentials: a program that allows participants to learn soft skills (customer service, time management, organization skills) along with employability skills such as computers, office equipment, email and internet use

### **Digital Skills**

Basic computer and internet skills

Internet safety for seniors

Social Media

Windows 10

Microsoft Office

Google suite (docs, sheets, forms, slides)

### **Essential Skills for personal success**

A program that empowers women while learning digital and soft skills

Be your own boss: a program that outlines starting a small business

Where Did I Come From? Trace your roots while learning digital skills

Where Did I Put That? A practical guide to organizing and managing your important information

Budgeting; Learn to budget on a fixed income. This interactive program allows you to track and plan your monthly expenses and shows you how to make informed decisions.

Cooking matters: a course to help food bank participants learn math and reading skills while learning to use the food from the food bank to cook healthy meals. A hands-on program

### **Apprenticeship**

Pre- apprenticeship math for trades

Learn how to apply to become an apprenticeship and the skills you will need.

### **Want to go to College or University?**

We can help you apply to your program of choice. Learn to find bursaries and grants. Learn writing essay techniques and more

**Upgrading** math, reading and writing skills to help with every day tasks.

**OUT OF OFFICE**

I will be away from the office from  
**September 24, 2018 - September 28, 2018**

**ON HOLIDAYS**

I will be on Holidays from  
**October 1, 2018 – October 5, 2018**  
Returning to work on  
**Tuesday October 9, 2018**

If you should require my assistance, you can contact me at @ (807) 889-0738.

Thank You

*Darlene P. Wawia*  
Restorative Justice Coordinator

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**NIPIGON BRIDGE CLOSURE**

They are reducing the bridge down to one lane of traffic. Motorists will see delays as traffic will be controlled by traffic control personnel (flaggers).

These single lane closures will be ongoing for a couple of weeks as they prepare to switch traffic over to the south bridge deck.